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| **Ashurst Wood Primary School PE Long Term Plan** |
|  | **Reception** | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
| **Autumn 1** |  | [**Multi-Skills: Throwing**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/throwing-and-catching-outdoor-year-1-twinkl-move)[**and Catching**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/throwing-and-catching-outdoor-year-1-twinkl-move) | [**Multi-Skills: Throwing**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/outdoor-year-2-twinkl-move/throwing-and-catching-outdoor-year-2-twinkl-move)[**and Catching**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/outdoor-year-2-twinkl-move/throwing-and-catching-outdoor-year-2-twinkl-move) | [**OAA**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/outdoor-year-3-twinkl-move/outdoor-adventures-outdoor-year-3-twinkl-move) | [**OAA**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/outdoor-year-4-twinkl-move/oaa-outdoor-year-4-twinkl-move) | [**OAA**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/outdoor-year-5-twinkl-move/outdoor-adventures-outdoor-year-5-twinkl-move-key-stage-1) | [**OAA**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/outdoor-year-6-twinkl-move/outdoor-adventures-outdoor-year-6-twinkl-move) |
| [**Gymnastics: Gym**](https://www.twinkl.co.uk/resources/reception-twinkl-move/gymnastics-reception-twinkl-move/gymnastics-gym-in-the-jungle-indoor-reception-twinkl-move)[**in the Jungle**](https://www.twinkl.co.uk/resources/reception-twinkl-move/gymnastics-reception-twinkl-move/gymnastics-gym-in-the-jungle-indoor-reception-twinkl-move) | [**Gymnastics: Animals**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/indoor-year-1-twinkl-move/gymnastics-indoor-year-1-twinkl-move-key-stage-1) | [**Gymnastics:**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/indoor-year-2-twinkl-move/gymnastics-indoor-year-2-twinkl-move-key-stage-1)[**Landscapes and Cities**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/indoor-year-2-twinkl-move/gymnastics-indoor-year-2-twinkl-move-key-stage-1) | [**Gymnastics:**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/indoor-year-3-twinkl-move/gymnastics-movement-indoor-year-3-twinkl-move-key-stage-1) [**Movement**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/indoor-year-3-twinkl-move/gymnastics-movement-indoor-year-3-twinkl-move-key-stage-1) | [**Gymnastics:**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/gymnastics-indoor-year-4-twinkl-move)[**Movement**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/gymnastics-indoor-year-4-twinkl-move) | [**Gymnastics:**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/indoor-year-5-twinkl-move/gymnastics-indoor-year-5-twinkl-move)[**Movement**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/indoor-year-5-twinkl-move/gymnastics-indoor-year-5-twinkl-move) | [**Gymnastics:**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/indoor-year-6-twinkl-move/gymnastics-movement-indoor-year-6-twinkl-move)[**Movement**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/indoor-year-6-twinkl-move/gymnastics-movement-indoor-year-6-twinkl-move) |
| **Autumn 2** | TBC | [**Invasion Games:**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/invasion-games-outdoor-year-1-twinkl-move-key-stage-1)[**At the Fair**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/invasion-games-outdoor-year-1-twinkl-move-key-stage-1) | [**Invasion Games**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/outdoor-year-2-twinkl-move/invasion-games-outdoor-year-2-twinkl-move-key-stage-1) | [**Invasion Games:**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/outdoor-year-3-twinkl-move/invasion-games-outdoor-year-3-twinkl-move)[**Fundamentals**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/outdoor-year-3-twinkl-move/invasion-games-outdoor-year-3-twinkl-move) | [**Invasion Games**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/outdoor-year-4-twinkl-move/invasion-games-outdoor-year-4-twinkl-move) | [**Invasion Games**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/outdoor-year-5-twinkl-move/invasion-games-outdoor-year-5-twinkl-move) | [**Invasion Games**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/outdoor-year-6-twinkl-move/invasion-games-outdoor-year-6-twinkl-move) |
| [**Dance: Dinosaurs**](https://www.twinkl.co.uk/resources/reception-twinkl-move/dance-reception-twinkl-move/dance-dinosaurs-indoor-reception-twinkl-move) | [**Dance: Starry Skies**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/indoor-year-1-twinkl-move/dance-starry-skies-indoor-year-1-twinkl-move) | [**Dance: Gunpowder**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/indoor-year-2-twinkl-move/dance-the-gun-powder-plot-indoor-year-2-twinkl-move-key-stage-1)[**Plot**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/indoor-year-2-twinkl-move/dance-the-gun-powder-plot-indoor-year-2-twinkl-move-key-stage-1) | [**Dodgeball**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/indoor-year-3-twinkl-move/dodgeball-indoor-year-3-twinkl-move) | [**Dance: Romans**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/dance-romans-indoor-year-4-twinkl-move) | [**Dance: World War 2**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/indoor-year-5-twinkl-move/dance-world-war-ii-indoor-year-5-twinkl-move) | [**Dance: Electricity**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/indoor-year-6-twinkl-move/dance-electricity-indoor-year-6-twinkl-move) |
| **Spring 1** | TBC | [**Attacking and**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/attacking-and-defending-outdoor-year-1-twinkl-move)[**Defending**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/attacking-and-defending-outdoor-year-1-twinkl-move) | [**Attacking and**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/outdoor-year-2-twinkl-move/attacking-and-defending-outdoor-year-2-twinkl-move-key-stage-1)[**Defending**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/outdoor-year-2-twinkl-move/attacking-and-defending-outdoor-year-2-twinkl-move-key-stage-1) | [**Invasion Games:**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/outdoor-year-3-twinkl-move/invasion-games-football-outdoor-year-3-twinkl-move)[**Football**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/outdoor-year-3-twinkl-move/invasion-games-football-outdoor-year-3-twinkl-move) | Invasion Games: [**Tag**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/outdoor-year-4-twinkl-move/tag-rugby-outdoor-year-4-twinkl-move)[**Rugby**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/outdoor-year-4-twinkl-move/tag-rugby-outdoor-year-4-twinkl-move) or [**Hockey**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/outdoor-year-4-twinkl-move/hockey-outdoor-year-4-twinkl-move) | [**Invasion Games:**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/outdoor-year-5-twinkl-move/basketball-outdoor-year-5-twinkl-move)[**Basketball**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/outdoor-year-5-twinkl-move/basketball-outdoor-year-5-twinkl-move) | [**Invasion Games:**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/outdoor-year-6-twinkl-move/netball-outdoor-year-6-twinkl-move)[**Netball**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/outdoor-year-6-twinkl-move/netball-outdoor-year-6-twinkl-move) |
| [**Best of Balls**](https://www.twinkl.co.uk/resources/reception-twinkl-move/games-reception-twinkl-move/games-best-of-balls-outdoor-reception-twinkl-move) | [**Circuit Training**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/indoor-year-1-twinkl-move/circuit-training-indoor-year-1-twinkl-move) | [**Circuit Training**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/indoor-year-2-twinkl-move/circuit-training-indoor-year-2-twinkl-move-key-stage-1) | [**Circuit Training**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/indoor-year-3-twinkl-move/circuit-training-indoor-year-3-twinkl-move) | [**Circuit Training**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/circuit-training-indoor-year-4-twinkl-move) | [**Circuit Training**](https://www.twinkl.co.uk/resources/twinkl-move/year-5-twinkl-move/indoor-year-5-twinkl-move) | [**Circuit Training**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/indoor-year-6-twinkl-move/circuit-training-indoor-year-6-twinkl-move) |
| **Spring 2** | TBC | [**Multi-Skills:**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/multiskills-bat-and-ball-outdoor-year-1-twinkl-move)[**Bat and Ball**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/multiskills-bat-and-ball-outdoor-year-1-twinkl-move) | [**Multi-Skills:**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/outdoor-year-2-twinkl-move/multiskills-outdoor-year-2-twinkl-move-key-stage-1)[**Bat and Ball**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/outdoor-year-2-twinkl-move/multiskills-outdoor-year-2-twinkl-move-key-stage-1) | [**Net and Wall Games:**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/outdoor-year-3-twinkl-move/net-and-wall-fundamentals-outdoor-year-3-twinkl-move)[**Fundamentals**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/outdoor-year-3-twinkl-move/net-and-wall-fundamentals-outdoor-year-3-twinkl-move) | [**Net and Wall Games:**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/badminton-indoor-year-4-twinkl-move)[**Badminton**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/badminton-indoor-year-4-twinkl-move) | [**Net and Wall**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/outdoor-year-5-twinkl-move/tennis-outdoor-year-5-twinkl-move)[**Games: Tennis**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/outdoor-year-5-twinkl-move/tennis-outdoor-year-5-twinkl-move) | [**Net and Wall**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/outdoor-year-6-twinkl-move/volleyball-outdoor-year-6-twinkl-move)[**Games: Volleyball**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/outdoor-year-6-twinkl-move/volleyball-outdoor-year-6-twinkl-move) |
| [**Dance: Dance**](https://www.twinkl.co.uk/resources/reception-twinkl-move/dance-reception-twinkl-move/dance-till-you-drop-indoor-reception-twinkl-move)[**Till You Drop**](https://www.twinkl.co.uk/resources/reception-twinkl-move/dance-reception-twinkl-move/dance-till-you-drop-indoor-reception-twinkl-move) | [**Dance: The Season**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/indoor-year-1-twinkl-move/dance-weather-indoor-year-1-twinkl-move-key-stage-1)**s** | [**Dance: Plants**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/indoor-year-2-twinkl-move/dance-plants-indoor-year-2-twinkl-move) | [**Dance: Rainforest**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/indoor-year-3-twinkl-move/dance-rainforest-indoor-year-3-twinkl-move)[**Dance**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/indoor-year-3-twinkl-move/dance-rainforest-indoor-year-3-twinkl-move) | [**Dance: Carnival**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/dance-carnival-of-the-animals-indoor-year-4-twinkl-move)[**of the Animals**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/dance-carnival-of-the-animals-indoor-year-4-twinkl-move) | [**Gymnastics: Shape**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/indoor-year-5-twinkl-move/gymnastics-space-indoor-year-5-twinkl-move)[**& Balance - Space**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/indoor-year-5-twinkl-move/gymnastics-space-indoor-year-5-twinkl-move) | [**Gymnastics: Rivers**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/indoor-year-6-twinkl-move/gymnastics-shape-and-balance-rivers-and-mountains-indoor-year-6-twinkl-move)[**and Mountains**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/indoor-year-6-twinkl-move/gymnastics-shape-and-balance-rivers-and-mountains-indoor-year-6-twinkl-move) |
| **Summer 1** | TBC | [**Multi-Skills: Running**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/running-and-jumping-outdoor-year-1-twinkl-move-key-stage-1)[**and Jumping**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/running-and-jumping-outdoor-year-1-twinkl-move-key-stage-1) | [**Multi-Skills:**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/outdoor-year-2-twinkl-move/multi-skills-target-games-outdoor-year-2-twinkl-move)[**Target Games**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/outdoor-year-2-twinkl-move/multi-skills-target-games-outdoor-year-2-twinkl-move) | [**Striking and Fielding**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/outdoor-year-3-twinkl-move/striking-and-fielding-outdoor-year-3-twinkl-move)[**Games: Fundamentals**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/outdoor-year-3-twinkl-move/striking-and-fielding-outdoor-year-3-twinkl-move) | [**Striking and Fielding**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/outdoor-year-4-twinkl-move/cricket-outdoor-year-4-twinkl-move)[**Games: Cricket**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/outdoor-year-4-twinkl-move/cricket-outdoor-year-4-twinkl-move) | [**Striking and Fielding**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/outdoor-year-5-twinkl-move/striking-and-fielding-rounders-outdoor-year-5-twinkl-move)[**Games: Rounders**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/outdoor-year-5-twinkl-move/striking-and-fielding-rounders-outdoor-year-5-twinkl-move) | [**Striking and**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/outdoor-year-6-twinkl-move/striking-and-fielding-outdoor-year-6-twinkl-move)[**Fielding Games**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/outdoor-year-6-twinkl-move/striking-and-fielding-outdoor-year-6-twinkl-move) |
| [**Gymnastics:**](https://www.twinkl.co.uk/resources/reception-twinkl-move/gymnastics-reception-twinkl-move/gymnastics-jumping-jacks-and-rock-n-roll-indoor-reception-twinkl-move)[**Jumping Jacks**](https://www.twinkl.co.uk/resources/reception-twinkl-move/gymnastics-reception-twinkl-move/gymnastics-jumping-jacks-and-rock-n-roll-indoor-reception-twinkl-move) | [**Gymnastics:**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/indoor-year-1-twinkl-move/gymnastics-traditional-tales-indoor-year-1-twinkl-move)[**Traditional Tales**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/indoor-year-1-twinkl-move/gymnastics-traditional-tales-indoor-year-1-twinkl-move) | [**Gymnastics:**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/indoor-year-2-twinkl-move/gymnastics-under-the-sea-indoor-year-2-twinkl-move)[**Under the Sea**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/indoor-year-2-twinkl-move/gymnastics-under-the-sea-indoor-year-2-twinkl-move) | [**Gymnastics: Shape**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/indoor-year-3-twinkl-move/gymnastics-shape-indoor-year-3-twinkl-move) | [**Gymnastics:**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/gymnastics-shape-and-balance-ancient-egypt-indoor-year-4-twinkl-move)[**Shape & Balance**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/gymnastics-shape-and-balance-ancient-egypt-indoor-year-4-twinkl-move)[**– Ancient Egypt**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/gymnastics-shape-and-balance-ancient-egypt-indoor-year-4-twinkl-move) | [**Dance: Eco Dance**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/indoor-year-5-twinkl-move/dance-eco-dance-indoor-year-5-twinkl-move) | [**Dance Through**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/indoor-year-6-twinkl-move/dance-through-the-decades-indoor-year-6-twinkl-move)[**the Decades**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/indoor-year-6-twinkl-move/dance-through-the-decades-indoor-year-6-twinkl-move) |
| **Summer 2** | [**Games: The Olympics**](https://www.twinkl.co.uk/resources/reception-twinkl-move/games-reception-twinkl-move/games-the-olympics-outdoor-reception-twinkl-move) | [**Multi Skills:**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/y1-multiskills-outdoor-year-1-twinkl-move-key-stage-1)[**Sports Day**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/outdoor-year-1-twinkl-move/y1-multiskills-outdoor-year-1-twinkl-move-key-stage-1) | [**Animal Olympics**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/outdoor-year-2-twinkl-move/animal-olympics-outdoor-year-2-twinkl-move) | [**Athletics**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/outdoor-year-3-twinkl-move/athletics-outdoor-year-3-twinkl-move) | [**Athletics**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/outdoor-year-4-twinkl-move/athletics-outdoor-year-4-twinkl-move) | [**Athletics**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/outdoor-year-5-twinkl-move/athletics-outdoor-year-5-twinkl-move) | [**Athletics**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/outdoor-year-6-twinkl-move/athletics-outdoor-year-6-twinkl-move) |
| TBC | [**Yoga**](https://www.twinkl.co.uk/resources/year-1-twinkl-move/indoor-year-1-twinkl-move/yoga-salute-to-the-sun-indoor-year-1-twinkl-move)**: Salute to the Sun** | [**Dance: Toys**](https://www.twinkl.co.uk/resources/year-2-twinkl-move/indoor-year-2-twinkl-move/dance-toys-indoor-year-2-twinkl-move) | [**Dance: Extreme Earth**](https://www.twinkl.co.uk/resources/year-3-twinkl-move/indoor-year-3-twinkl-move/dance-extreme-earth-indoor-year-3-twinkl-move) | [**Dance: Water**](https://www.twinkl.co.uk/resources/year-4-twinkl-move/indoor-year-4-twinkl-move/dance-water-outdoor-year-4-twinkl-move) | [**Invasion Games:**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/indoor-year-5-twinkl-move/handball-indoor-year-5-twinkl-move)[**Handball**](https://www.twinkl.co.uk/resources/year-5-twinkl-move/indoor-year-5-twinkl-move/handball-indoor-year-5-twinkl-move) | [**Leadership in PE**](https://www.twinkl.co.uk/resources/year-6-twinkl-move/indoor-year-6-twinkl-move/leadership-in-pe-indoor-year-6-twinkl-move) |