All About Me Activity Bank



Communication, Language & Literacy

- I can write my address.
- I can read recipes and use them at home.
- I can read and follow instructions.

<u>Understanding of the</u> World

- I can recycle at home.
- I can use travel timetables to know how to get to different places.
- I can use a map to locate an important place.

Personal, Social Development & Life Skills

- I can draw creative pictures of my environment.
- I can use art to help self-regulate and express how I feel.
- I can exercise to wake up my brain.

Maths & Problem Solving

- I can find the right coins to use in a shop.
- I can use a ruler to measure objects..
- I can tell the time at important points of my day.

Physical Development & Healthy Lifestyles

- I understand how my body will change as I grow up.
- I can talk about my mental health in a positive way.
- I know what exercise makes me and my mind feel happy.

Arts & Creativity

- I can recognise my own achievements.
- I can make goals and explore how I will get there.
- I know what are positive and negative relationships look like.