

# Information to support Explorer's Attention Autism- Lifecycle of a frog video

## Stage 1- What's in the Box/Bucket?



This stage is to help your child focus.

Introduce the activity to your child using a simple visual timetable e.g. "First box, then frog".

This will give your child a clear message, help to lower anxiety, add structure and makes it easier for them to "take the risk" and join in.

### Song Words

What's in the box?

What's in the box?

Let's all have a look at what's in the box!



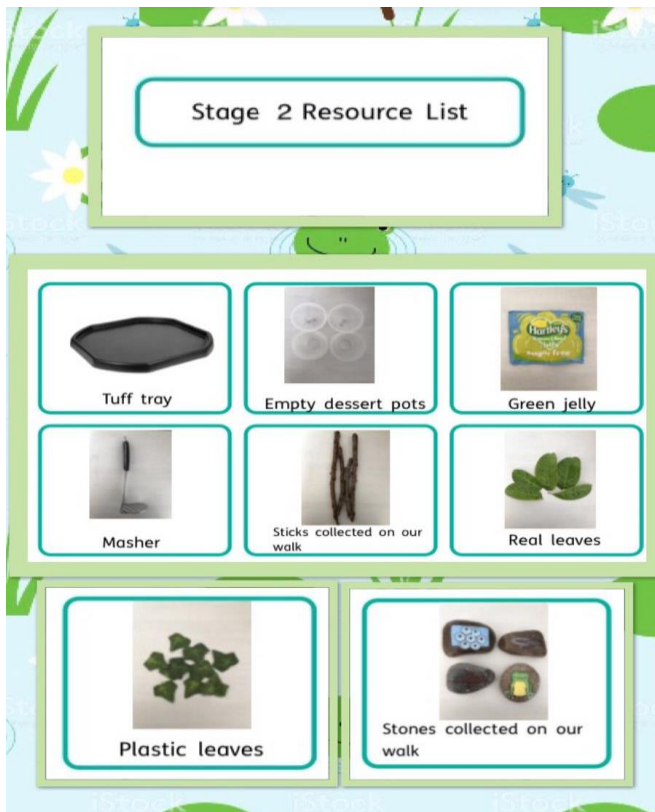
Use any visually and auditory motivating toys to gain attention. As you show each item use simple repetitive words and signs to comment on the various objects e.g "jumping frog".

Your child may only engage for one or two toys at first. Don't worry, go with whatever feels right for your child.

Your child is are not allowed to touch and should only be engaged through communication. If they try to touch, stop and use a sign or gesture to remind them to stay sitting.

Try and be fun and exciting so that your child wants to watch everything you are doing.

## Stage 2 Frog Pond: Attention Builder



This stage helps your child develop longer sustained attention skills.

They will be learning language skills about a particular topic. In this video, the topic is Lifecycle of a Frog. Stage 2 is building from Stage 1, so continue to use key repetitive words and simple signs e.g. “Green”, “Frog”, “Tadpole”.

This activity needs to be as sensory as possible, the messier the better! Again, your child is not allowed to touch and should only be engaged through communication. If they try to touch, stop and use a sign or gesture to remind them to stay sitting.

Don't worry if they walk away, they may come back later when you can try again.

Please feel free to use a mat or a regular tray if you don't have a Tuff Tray. An old shower curtain or sheet is useful to contain mess too. You can be as creative as you like, use alternative resources that you have around the home or garden, remember have fun!

Our Speech and Language Therapist Mrs Karen Brereton has also made another video with more information to support you delivering Attention Autism at home: <https://youtu.be/reCNK5fncvA>

Creator of Attention Autism: Gina Davies at <https://ginadavies.co.uk/>

## Life Cycle of a Frog: Signs Used

### Tadpole

Working index hand (palm in, pointing forward)

Moves back towards body with index flexing



### Frog

Working hand wide full "C" hand (palm back, pointing in/up)

Moves towards throat twice

