



Activity Ideas

Learning

Reading, writing & numbers
Topic activities
Online learning
School learning packs
Speech and language activities
Playing
Role play
Turn taking games

Helping Out

Cooking
Baking
Hanging out washing
Sorting cutlery
Gardening
Tidying and organising
Sorting washing
Water painting fences

Get Moving!

Go Noodle
PE with Joe Wicks
Cosmic Kids Yoga
Fizzy Kids Programme
Trampoline
Riding Bike or Scooter
Obstacle course

Sensory

Wall Pushes
Tightly wrapping in a blanket
Carrying heavy items
Make a den
Sensory circuits
Water or sand play
Playing in rice
Playdough

Screen Time

Education City
Purple Mash
Suggested apps
Suggested websites
YouTube Kids
Games Consoles

Busy Hands

Playdough
Colouring
Painting
Gluing and sticking
Threading
Posting
Pegging

Out and about

Going for walks
Feeding the ducks
Playing in the garden
Water painting outdoors
Gardening
Garden picnic
Hanging up washing

...and Relax!

Playing
Watching TV
Games
Family Time
Games Consoles