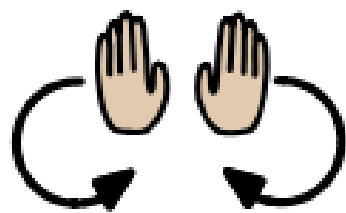
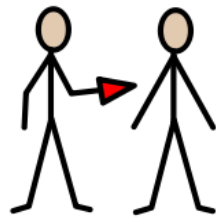


Materials



Massage





You



need:



Rolling Pin



Sponge



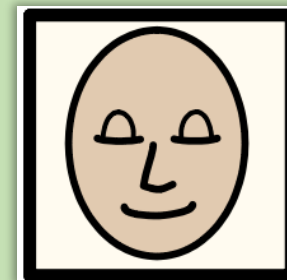
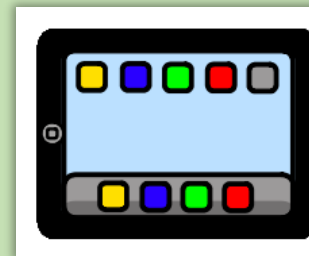
Foil



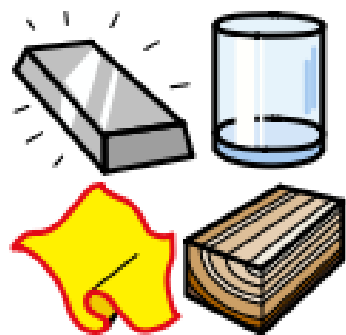
Brush



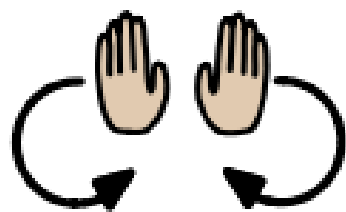
Bobble Hat



Device & Quiet Space



Materials



Massage





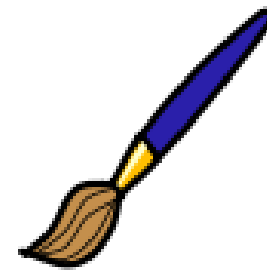
Tickle



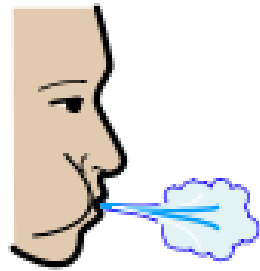
with



the



brush



Blow



the



foil



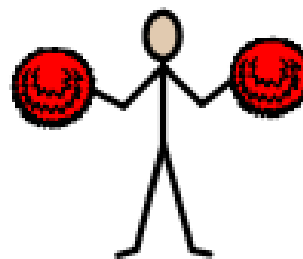
Stroke



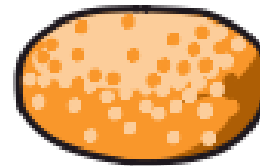
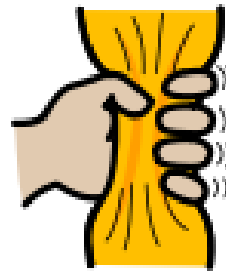
with



the



pom-pom



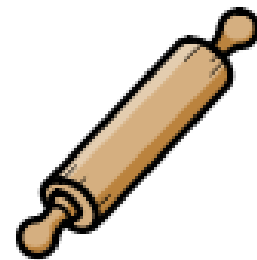
Squeeze the sponge



Roll



the



rolling pin



Finished