

Snack Time

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| Break time | <p>Working flat hand with thumb extended (palm down, pointing in) taps against upper chest once snack "Sign ""quick""- working extended index (palm down, pointing forward/in) strikes supporting index (palm down, pointing forward/in) and moves up sharply; then sign ""eat""-working bunched hand taps twice at side of mouth"</p> <p>Next/then Working thumb hand (palm down, pointing forward) twists at wrist to palm up, pointing forward</p> <p>Now Flat hands (palms up, pointing forward) move down sharply eat. Working bunched hand (palm back, pointing up) taps twice at working side of mouth.</p> |
| fruit | Working open hand (palm down ,pointing in) under chin, brushes from supporting side and then back, fingers fluttering |
| apple | Working full 'C' hand (palm back, pointing in) in front of chin drops forwards/down to palm up |
| Tomato | Fingerspell 'B' with bunched hands; working hand twists forwards off supporting fingertips crisp "Working bunched hand touches supporting flat hand (palm up, pointing in) and moves to working side of mouth finishing palm back, pointing up |
| cucumber | Working flat hand (palm in, pointing forward) makes chopping movements towards supporting full 'C' hand(palm down, pointing forward). |
| orange | Working full 'C' hand (palm forward,pointing up) makes squeezing action by side of mouth |
| broccoli | <p>Bunched hands (palms in, pointing up)held close together in frot of chest, circle down and round in a series of little arcs</p> <p>sugar snap Working "L" hand (palm back, pointing in) pulls forward from chin closing to thumb hand to sign "sweet" then moves along supporting index (palm in pointing forward) to just beyond finger tip; repeat</p> |
| cake | Working clawed open hand (palm down, pointing forward) rests on the back of supporting flat hand (palm down, pointing in). |
| carrot | Working fist (palm forward,pointing up) beside mouth, twists to palm down pointing forward/in |
| bread | Working flat hand (palm in/back, pointing forward/in) moves backwards and forwards over supporting flat hand (palm up, pointing forward/in) |

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| milk | Full 'C' hands (palms in, pointing forward) move up and down alternately with gentle squeezing action |
| toast | Flat hands (palms down, pointing forward) make small movement forwards and back; turn to palms up and move forwards again |
| milk | Full 'C' hands (palms in, pointing forward) move up and down alternately with gentle squeezing action |
| water | Working cupped hand (palm forward, pointing in) backs of fingers rub up and down against cheek |
| milkshake | Sign 'milk'; then working flat hand (palm down, pointing in) above supporting flat hand (palm up, pointing in); formation moves up and down twice |
| juice | Fingerspell 'J' for fresh juice. For "squash" sign "drink" |