

Aston Tower Multi-Academy Trust



Policy for Relationships and Health Education

Adopted in June 2021

Approved by:	Approved on:	Next Review Date:
Full Trust Board	28/03/2022	March 2023
Full Trust Board	27/03/2023	March 2024
Full Trust Board	18/3/2024	March 2025
Full Trust Board	24/3/2025	March 2026
Full Trust Board	16/3/2026	March 2027

Aims

This policy seeks to:

1. To inform high quality teaching, in an age-appropriate way, and learning about the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.
2. To inform high quality teaching, in an age-appropriate way, about physical health and mental well-being to give pupils the information that they need to make good decisions about their own health and wellbeing. To also understand the impact of good relationships on their own and others' mental well-being.
3. To provide pupils with the necessary knowledge to challenge and report abuse which could be of an emotional, physical or sexual nature.
4. To inform pupils of how to keep safe online in terms of forming positive relationships and mental health.
5. To help pupils develop a respect for diversity and equality as a vital part of their personal development.
6. To ensure parents understand what the school will teach pupils (the school's intent) in Relationships and Health Education.
7. Outline how the school's provision in Relationships and Health Education will be monitored, evaluated and improved.

Relationships and Health Education is an important provision which helps to prepare pupils for life now, and for when they become adults.

Statutory requirements:

We will provide Relationships and Health Education (RHE) to all pupils as under Section 34 of the Children and Social Work Act 2017. At Aston Tower, RHE will be taught in line with this policy. The Trust has full regard for the Equality Act (2010).

Policy development:

After senior staff reviewed the statutory framework, and existing provision at the school, this policy and curriculum plans were devised and shared with parents formally at our consultation in March 2021. The views of parents were taken into account in this process.

What we teach:**Roles and responsibilities:**

Trust Board and Headteacher:

As well as fulfilling their legal obligations, the trust board should also make sure that:

- all pupils make progress in achieving the expected educational outcomes;
- the subjects are well led, effectively managed and well planned;
- the quality of provision is subject to regular and effective self-evaluation;
- teaching is delivered in ways that are accessible to all pupils with SEND;
- clear information is provided for parents on the subject content and the right to request that their child is withdrawn; and,
- the subjects are resourced, staffed and timetabled in a way that ensures that the school can fulfil its legal obligations.

Staff:

Staff are responsible for its teaching, to promote high expectations and enjoyment of the subject, deal with issues showing sensitivity and a support for equality and diversity, and to monitor the progress to pupils.

Monitoring and evaluation:

The purpose to monitoring and evaluation is to for quality assurance purposes. It will be done through:

- Review of planning
- Observations and learning walks
- Review of pupils' work and responses
- Talking to children.

Training:

Staff receive training and access to the school's policy, scheme of work and associated resources. External professionals and visitors to the school may be invited to contribute to the teaching with the Headteacher's agreement.

Right to withdraw:

Parents do not have right to withdraw their children from Relationships and Health Education. We do not teach sex education.