



YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Beef / Chicken Burgers Quorn/Veggie Burgers served with Tomato Ketchup Jacket potato with Cheese	Chicken or Vegetable Katlama Vegetable Dahl Jacket Potato with Tuna	Homemade Lasagne Cheese Quiche Jacket Potato with Baked Beans	Freshly Made Cheese & Tomato Pizza Lemon Sole Grill With Tomato Ketchup	Packed Lunches to consist of Sandwich Piece of Fruit Biscuit/Cake Carton of Juice
Served With Fresh Seasonal Vegetables, potato wedges & Salad	Fresh Seasonal Vegetables With Rice Or Potatoes and Naan bread	Served With Fresh Seasonal Vegetables, potatoes, Garlic bread & Salad	Served with Fresh Seasonal Vegetables and Chunky Chips,	
Fresh Seasonal Salad Bar With Fresh Bread Available Daily A Daily Selection Of Fresh Fruit & Fruit Yoghurts				
Iced Vanilla Cup Cakes	Chocolate Cake served with Custard	Apple Crumble served with Custard	Ice Cream Tubs	

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

For any allergen/dietary requirements please speak to The Catering Supervisor

MADE FRESH

Aston Towers



YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Biryani Vegetable Samosa Jacket Potato with cheese	Homemade Lamb Keema Pie topped with mashed potato Cheese and Onion Pasty Jacket Potato with Tuna	Spice Roast Chicken Fillet Quorn Roast Mediterranean Vegetable lasagne Jacket Potato with Baked Beans	Freshly Made Cheese & Tomato Pizza Oven Baked Fishcake Served with Tomato Ketchup	Packed Lunches to consist of Wraps Piece of Fruit Biscuit/Cake Carton of Juice
Served With Fresh Seasonal Vegetables, rice & Salad	Served With Fresh Seasoned Wedges, Seasonal Vegetables & Salad	Served With Fresh Seasonal Vegetables, Roast Potatoes, Mashed Potatoes & Salad	Served with Fresh Seasonal Vegetables, Chunky Chips & Salad	
Fresh Seasonal Salad Bar With Fresh Bread Available Daily A Daily Selection Of Fresh Fruit & Fruit Yoghurts				
Iced Orange Sponge and Custard	Homemade Cookies	Banana Flapjack and Custard	Jam Doughnuts	

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MADE FRESH
Aston Towers



YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Or Vegetable Curry Macaroni Cheese Jacket Potato with Tuna	Oven Baked Fish Fingers Homemade Meatballs and Spaghetti In A Spicy Tomato Sauce Jacket Potato Served With Cheese	Sausage/ Quorn Sausage served with Yorkshire Pudding Jacket Potato With Baked Beans	Freshly Made Cheese & Tomato Pizza Tempura Pollock Fillet With Tomato Ketchup	Packed Lunches to consist of Baguette Piece of Fruit Biscuit/Cake Carton of Juice
Fresh Seasonal Vegetables, Naan Bread, Rice and salad	Fresh Seasonal Vegetables With Herby Diced Potatoes and Salad	Fresh Seasonal Vegetables With Roast Potatoes, Mashed Potatoes and Salad	Served With Fresh Seasonal Vegetables, Chunky Chips & Salad	
Fresh Seasonal Salad Bar With Fresh Bread Available Daily A Daily Selection Of Fresh Fruit & Fruit Yoghurts				
Homemade Lemon Drizzle Cake	Homemade Shortbread Biscuit	Vanilla Cheesecake	Iced Cream Tubs	

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