

## Helping parents with online learning

Learning online has a lot of potential to pupils. But it also has risks. This document has been help you with this. It is especially important for parents and carers to be aware of what their children

- are being asked to do online.
- sites they will be asked to use.
- school staff your child will interact with.

Whilst children are doing online learning from home it is important that you create a safe online learning environment and monitor what the children are doing to ensure their safety.

**Parents and carers should set age-appropriate parental controls on digital devices and use internet filters to block malicious websites. These are usually free, but often need to be turned on.**

Please make sure that you supervise the activities that the children are doing online and that they do not do different things from the recommended websites for learning.

### Reporting concerns.

If parents, carers or children have any concerns online it should be reported. The following providers will support you with this.

- [Thinkuknow](#) provides advice from the National Crime Agency (NCA) on staying safe online
- [Parent info](#) is a collaboration between Parentzone and the NCA providing support and guidance for parents from leading experts and organisations
- [Childnet](#) offers a toolkit to support parents and carers of children of any age to start discussions about their online life, to set boundaries around online behaviour and technology use, and to find out where to get more help and support
- [Internet matters](#) provides age-specific online safety checklists, guides on how to set parental controls on a range of devices, and a host of practical tips to help children get the most out of their digital world
- [London Grid for Learning](#) has support for parents and carers to keep their children safe online, including tips to keep primary aged children safe online

- [Net-aware](#) has support for parents and carers from the NSPCC, including a guide to social networks, apps and games
- [Let's Talk About It](#) has advice for parents and carers to keep children safe from online radicalisation
- [UK Safer Internet Centre](#) has tips, advice, guides and other resources to help keep children safe online, including parental controls offered by home internet providers and safety tools on social networks and other online services

## **Harmful or upsetting content**

Get support by:

- reporting harmful online content to the [UK Safer Internet Centre](#)
- getting government advice and trusted resources from [Educate Against Hate](#) on safeguarding from extreme ideas and hate crimes.

## **For pupils**

- BBC Own It – Support for young people to take control of their online life, including help and advice, skills and inspiration on topics such as friendships and bullying, safety and self-esteem.
- Childline – includes information for pupils on sexting, gaming, grooming, bullying, porn, relationships.

## **Bullying or abuse online**

You can:

- get advice on reporting online abuse from the National Crime Agency's [Child Exploitation and Online Protection command](#)
- get advice and support from [Anti-Bullying Alliance](#) for children who are being bullied

**If you would like further support or advice please do not hesitate to contact the school and ask for either a designated senior leader or IT network manager to contact you .**