DISHES AND THEIR ALLERGEN CONTENT – ASTON TOWER COMMUNITY PRIMARY SCHOOL – WEEK 1 MENU

DISHES		X	¥.			- Gent Hour			NILETVAD	N	-		< Berline Stress	
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Quesadilla		✓wheat					✓							
Fishless Fingers		√wheat												
Chocolate Crispies		√barley					√							
Muller Yoghurt							✓							
Vegan Meatballs													✓	
Chicken Meatballs		√wheat												
Mashed Potatoes							\checkmark							~
Vanilla Ice Cream							✓							
Vegan Chocolate Brownies with Mandarin oranges		√wheat												
Fish Fingers		√wheat			~									
Quorn Vegan Nuggets		√wheat												

DISHES		X	×.	E					NUSTRO		· }?		e se	
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cornflake Tart		√wheat												✓
Custard							~							
Strawberry Mousse							~							
Pizza		√wheat		May contain			~						~	
Pasta		√wheat												
Oat & Raisin Biscuits		√wheat Barley oat		✓										
Coleslaw				✓					~					
Jacket potato with cheese and beans							~							
Jacket Potato with Tuna Mayo				✓	√				~					
Vegetarian Sausage Roll		√wheat					May contain						~	

Week 1 2023/24 From 4th December 2023