DISHES AND THEIR ALLERGEN CONTENT - ASTON TOWER COMMUNITY PRIMARY SCHOOL - WEEK 1 MENU

| DISHES |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} 080 \\ 80 \end{gathered}$ |  | $\frac{88}{8}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Chicken Quesadilla |  | $\checkmark$ wheat |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Fishless Fingers |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate Crispies |  | $\checkmark$ barley |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Muller Yoghurt |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Vegan Meatballs |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| Chicken Meatballs |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Mashed Potatoes |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  | $\checkmark$ |
| Vanilla Ice Cream |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Vegan Chocolate Brownies with Mandarin oranges |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish Fingers |  | $\checkmark$ wheat |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| Quorn Vegan Nuggets |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  |  |  |



Week 1 2023/24 From $4^{\text {th }}$ December 2023

