



ATAM WEEKLY MENU

WEEK ONE

MONDAY

Chana Masala with
Rice & Naan

Shepherds Pie with
Cheesy Mash & Gravy

Jacket Potato with
Cheese & Beans

Cake & Custard

TUESDAY

Aloo & Pepper Sabji
with Yoghurt, Rice &
Naan

Taco Tuesday

Jacket Potato with
Cheese & Beans

Jelly

WEDNESDAY

Rajma Masala with
Rice and Naan

Sausage Rolls with
Roast Potatoes &
Gravy

Jacket Potato with
Cheese & Beans

Apple/Peach Crumble
with Custard

THURSDAY

Aloo Gobi with Rice &
Naan

Mac & Cheese with
Bread

Jacket Potato with
Cheese & Beans

Cookies

FRIDAY

Palak Paneer with rice
& Naan

Pizza & Chips

Jacket Potato with
Cheese & Beans

Ice Cream

FRUIT & VEG

Fresh fruit and salad
available everyday
including salad bar
and a selection of fruit
yoghurts



ATAM WEEKLY MENU

WEEK TWO

MONDAY

Mixed Sabji with Rice & Naan

Sausage, Fries and Beans

Jacket Potato with Cheese & Beans

Chocolate Brownies

TUESDAY

Chef's Daal
(Green/Brown/Red Split Lentils)

Tomato Pasta

Jacket Potato with Cheese & Beans

Jelly

WEDNESDAY

Aloo Aubergine Sabji with Rice and Naan

Vegetable Pie with Mash & Gravy

Jacket Potato with Cheese & Beans

Sponge Cake with Custard

THURSDAY

Matter Paneer with Rice & Naan

Veg Lasagne with Bread

Jacket Potato with Cheese & Beans

Cookies

FRIDAY

Toor Daal with rice & Naan

Veggie Burger & Wedges

Jacket Potato with Cheese & Beans

Ice Cream

FRUIT & VEG

Fresh fruit and salad available everyday including salad bar and a selection of fruit yoghurts