

Cambs PDP PSHE Long Term Overview

Citizenship

Healthy & safer lifestyles

Myself & my relationships

Economic Wellbeing



Year A – 2021/22

A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<i>Beginning and Belonging</i> BBF MMR1	<i>Family and Friends (incl. anti-bullying)</i> FFF MMR2 My Emotions MEF MMR3	<i>Me and My World</i> MWF Cit2	<i>My Body and Growing Up</i> BGF HSL1	<i>Keeping Safe (incl. Drug Education)</i> KSF HSL2	<i>Healthy Lifestyles</i> HLF HSL3
KS1 & KS2	<i>Beginning and Belonging</i> BB12 MMR4 BB34 MMR9 BB56 MMR14	<i>Family and Friends</i> FF12 MMR6 FF34 MMR11 FF56 MMR16 <i>Anti-bullying</i> AB12 MMR7 AB34 MMR12 AB56 MMR17	<i>Working Together</i> WT12 Cit3 WT34 Cit6 WT56 Cit9	<i>Relationships & Sex Education</i> RS1 HSL6 RS2 HSL10 RS3 HSL13 RS4 HSL17 RS5 HSL20 RS6 HSL24	<i>Managing Risk</i> MR12 HSL4 MR34 HSL11 MR56 HSL18	<i>Healthy Lifestyles</i> HL12 HSL7 HL34 HSL14 HL56 HSL21
			<i>Financial Capability</i> FC12 EW1 FC34 EW2 FC56 EW3		<i>Safety Contexts</i> SC12 HSL5 SC34 HSL12 SC56 HSL19	

Year B – 2022/23

B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<i>Beginning and Belonging</i> BBF MMR1	<i>Family and Friends (incl. anti-bullying)</i> FFF MMR2 My Emotions MEF MMR3	<i>Identities and diversity</i> IDF Cit1	<i>My Body and Growing Up</i> BGF HSL1	<i>Keeping Safe (incl. Drug Education)</i> KSF HSL2	<i>Healthy Lifestyles</i> HLF HSL3
KS1 & KS2	<i>Rights, Rules and Responsibilities</i> RR12 Cit5 RR34 Cit8 RR56 Cit11	<i>My Emotions</i> ME12 MMR5 ME34 MMR10 ME56 MMR15 <i>Anti-bullying</i> AB12 MMR7 AB34 MMR12 AB56 MMR17	<i>Diversity and Communities</i> DC12 Cit4 DC34 Cit7 DC56 Cit10	<i>Drug Education</i> DE12 HSL8 DE34 HSL15 DE56 HSL22	<i>Personal Safety</i> PS12 HSL9 PS34 HSL16 PS56 HSL23 <i>Y5/6 Only</i> <i>Sex and Relationships Education</i> SR5 HSL20 SR6 HSL24	<i>Managing Change</i> MC12 MMR8 MC34 MMR13 MC56 MMR18

* Online Safety to be taught regularly throughout each year – see 'Digital Lifestyles Teaching Guidance' *