

Relationships and Sex Education (RSE) and Health Education Presentation for Parents

June 2021



What are the new KS1 and 2 statutory requirements?

PSHE (Personal, Social, Health and Economic) education is a non-statutory subject, however...

- *Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.*

DfE Publication on PSHE education, February 2020.

- In particular, the **Health Education** and **Relationships Education** aspects of PSHE education are now compulsory in all primary schools.



What does the new statutory guidance cover?

The government's statutory guidance for Health Education, Relationships Education and RSE covers broad areas of particular relevance and concern to children and young people today.

It should ensure that every child is guaranteed a PSHE education that covers mental health and wellbeing, physical health (including healthy lifestyles and first aid) and learning about safe, healthy relationships, including understanding consent and negotiating life online.

PSHE Association 2019



What is Health Education?

This will include learning about:

- Mental Wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body



What is Relationships Education?

This will include learning about:

- Families and people who care about me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Alongside these newly statutory areas of the curriculum, there is existing content in the National Curriculum for Science.



What about Sex Education?

- These new statutory requirements do not extend to **sex education** at KS 1 and 2 (beyond the biological/reproductive aspects schools are already required to cover in science).
- However, the Department for Education '*continues to recommend that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils*'. This is described as learning about '*human conception and birth*'.
- Where schools provide sex education at key stages 1 and 2, parents will have the right to withdraw their child from sex education but not from statutory Relationships Education or Health Education.



How will we meet the new statutory requirements effectively?

- PSHE education should have regular curriculum time, like any other subject.
- PSHE should be carefully planned and sequenced, building on ideas and skills as pupils get older.
- Through DEMAT, we now have access to the **Cambridgeshire Primary Development Programme** which is taught across the country and *provides primary schools with all the resources needed to deliver a comprehensive PSHE curriculum from EYFS to year 6.* This is divided into four broad areas:
 - *Myself and My Relationships*
 - *Healthy and Safer Lifestyles*
 - *Financial Capability*
 - *Citizenship*
- Through consultation with pupils, parents, staff and governors, we will tailor our RSE programme to the needs of pupils and our community in order to be most effective.



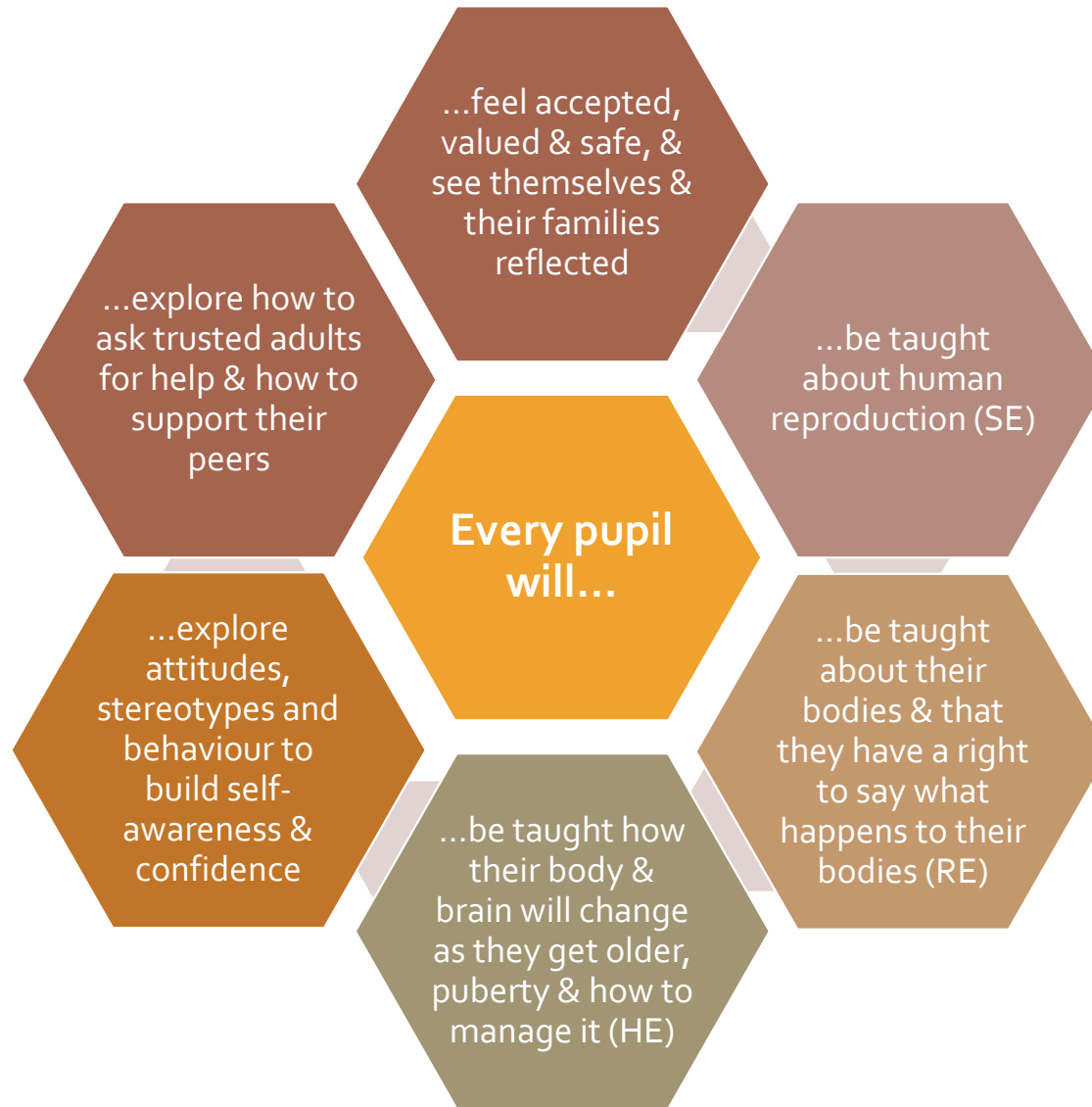
Why teach RSE?

Effective RSE teaching can:

- Ensure that children are prepared for puberty
- Raise the age of first sexual activity
- Make it less likely that young people describe their first sexual experience as unwanted
- Reduce the rate of teenage pregnancies, abortion and sexually transmitted infections (STI)
- Help keep children safe and make it more likely that abuse will be reported
- Help children critically evaluate messages they get from the media and friends.



What is our vision for Relationships, Sex and Health Education at Babraham?



What will happen next?

All schools must have a Relationships and Sex Education Policy. We are in the process of developing and reviewing ours and will:

- Continue conversations with staff and governors on their thoughts on the content of our Sex Education and when this will be taught.
- Share further information with all parents on the changes to Relationships, Health and Sex Education.
- Through an online survey, ask for parents to share their thoughts on how and when RSE teaching is delivered, and who by.
- Using age appropriate methods, consult pupils for their thoughts on our RSE curriculum.

Before teaching RSE, we will share in-depth curriculum content and resources with parents.



Where can I go for more information?

- Speak to Mrs Penty, Mrs Barnes or your child's class teacher.
- Use the survey to share your views and concerns.
- Attend further drop-in or information sessions held by the school.

Further reading:

- [DfE Relationships Education, Relationships and Sex Education \(RSE\) and Health Education: FAQs](#)
- [DfE Relationships, sex and health education: guide for parents](#)

