



## What does Physical Education look like at Badsley Primary?

PE at Badsley aims to develop the knowledge, skills and capabilities necessary for mental, emotional, social and physical well-being in our children now and for their future. We understand that physical fitness is an important part of leading a healthier lifestyle, which has never been more important than at present. Through physical education at Badsley, children are encouraged to work hard and aim high to achieve their goals.

### **Intent**

It is our intent at Badsley to teach children life skills that will positively impact on their future. Working alongside P.E specialists, we aim to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical activities. We want to teach children how to cooperate with others, as part of a team, whilst working competitively towards a shared goal. We aim to ensure children display the characteristics of good sportsmanship throughout their learning journey at Badsley.

### **Implementation**

Pupils at Badsley participate in weekly high-quality PE and sporting activities. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. We provide opportunities for all children to engage in extra-curricular activities, including the chance to participate in inter-school sporting competitions. This is an inclusive approach which endeavours to encourage not only physical development but also mental, emotional and social well-being.

### **Impact**

Our curriculum aims to improve the health and fitness of all children at Badsley, not only through the sporting skills taught, but through the underpinning values and disciplines that physical education promotes. At Badsley, our impact is for children to take responsibility for their own health and fitness in order to prepare themselves to live a healthy, happy lifestyle.

## **Our Ultimate End Goal: What will our sportspeople be able to do when they leave Badsley Primary?**

We believe that all our sportspeople will have nurtured a positive attitude, passion and understanding for being active and are aware of the benefits this has on physical and mental health. By the end of their time at Badsley Primary School, our Year 6 sportspeople will have built on the fundamental skills that they have learnt, and can use these to actively engage in a wide range of sports, showcasing their teamwork, leadership qualities and resilience to achieve and overcome boundaries. Children will have had the opportunity to participate in organized extra-curricular events to experience the greater physical demands of competitive sport and ensure good sportsmanship.

Our children will have developed a love for PE, brought on by a rich diet of different activities, where encouragement and positivity were embedded throughout in addition to understanding failure is a learning opportunity and a platform for growth.

By the time they leave us, children will be able to swim at least 25metres (as well as be able to use a range of effective strokes) and perform safe self-rescue in different water-based situations.