



'For with God, nothing is impossible' Luke 1:37

Courage

Baines' Weekly News

2nd February 2024

Stars of the Week: Very well done to all of the children who have gone 'ABOVE and BEYOND' in their classes this week!

	Star of the Week	Star Reader		Star of the Week	Star Reader
Toddlers	Elijah	Aubrey	3JB	Hailey C	Aanika S
Pre-School	Oscar	Lachlan	3VB	Entire class	Jenson
RMS	Shea	Brogan	4TS	Bobbie-Joel W	Tommy S
RSF	Theo H	Eleanor S	4JP	Harry T	Oscar R
RCH	Henry	Isaac	5BW	Elsie H	Lucy H
1 BE	Nova-Leigh	Kai	5RF	Rory W	Kenuth P
1CW	Amelia	Buddy	6EJ	Benjamin A	Sienna G
1/2JB	Frankie	Eliza	6KP	Karlton K	Kyle J
2SB	Kallion F	Bella B	6AK	Jaz W.	
2CH	Gracie S	Carter S			

Psalm 56:4 "In God, whose word I praise, in God I trust; I shall not be afraid."

School Events This Week:

- Year 3 shared their Christingle worship on Thursday. It was a lovely service and the children sang and projected their voices brilliantly. [Please send donations for Christingle/The Children's Society into school before we break up for this half term. Envelopes have been sent home and can be returned to the School Office.](#)
- 1/2JB led their Class Worship today. All of the children took part and presented their message of Courage confidently - well done! Thank you to all the parents/carers that were able to join us.
- Year 5 and 6 Tag Rugby Team took part in an event on Tuesday; they had a fabulous time and as always were great ambassadors for Baines'.
- 6EJ had a Drugs Talk by the PCSO on Wednesday. 6KP will get the same talk this coming week.
- Well done to 4JP who won the 'Walk to School' initiative for January!



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Coming up:

- Next week is **Children's Mental Health Week**. Children will be taking part in various activities throughout the week to promote mental well-being.
- It is **Internet Safety Day** on Tuesday 6th February. The Digital Leaders will be leading whole school worship and all children will be taking part in various activities to promote safe internet use. Please talk to your children about how to keep themselves safe on the internet. There are lots of Parent Guides that can be found on the school website to support you with this.
- **The Rainbow Run** will take place on Wednesday 7th February. A letter and sponsor form for this event was sent out before Christmas. Please send all sponsor money and forms into school by the 20th February.
- There are **Multi Skills, Cross Country and Fencing** activities all occurring next week. We look forward to hearing about how much the children have enjoyed them and how well they represent school.
- The **Year 3 and Year 5 Art Exhibition** of their art work will take place in the Main Hall on the 7th Feb from 3.30 - 4:00pm. Parents/carers are welcome to come to view the display.
- Year 1 will be going on their trip to Blackpool Zoo on Thursday 8th February. Please send an appropriate coat to suit the weather on the day.
- **Year 6** have their **Mock SATs** next week. Can all Year 6 parents/carers please encourage their children to get a good night's sleep each night and eat breakfast each day next week, to help boost their brain power!
- The school nurses are visiting School next Wednesday to measure the height and weight of our Reception and Year 6 pupils. This is a nationwide annual visit that all Year 6 and Reception pupils have each year.

Reminder:

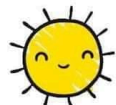
- School and Nursery finish for half term on Friday 9th February at 3.15 p.m.

Self-Care & Mental Health

for Kids



Share your own feelings to encourage self-awareness.



Set aside time for low-stress or solo activities.



Find social groups that help them feel like they belong.



Focus on articulating feelings.

"I am angry."
"I am sad."

Encourage journaling and diaries.



Practice self-care for yourself to set the standard.



Encourage your child to focus on the moment.



Establish a self-care routine.

Recognize toxic stress events.

BlessingManifesting

Cultivate interests and hobbies.



SAVE the DATE

Safer Internet Day

2024 | Tuesday
6 February

www.saferinternetday.org

