



PGL KIT LIST SEPTEMBER 2021



All essential activity and safety equipment is provided on site, but the children need to bring personal clothing, footwear and washing kit. Brand new and expensive clothing should be left at home, as should all electronic items, such as iPads.

All mobile phones are also to be left at home!

Bearing in mind the outdoor and active nature of the activities old, casual and easily-washable clothing is strongly recommended. Many families visit their local charity shops in search of inexpensive shorts, track-suits and T-shirts that will not spoil by going through a PGL assault course! Jeans are impractical as they provide no warmth when wet and are very difficult to dry.

Here is a list of items, as a sensible guide of what to pack for the trip:

- Sleeping bag and Pillow
- Washing Kit- shower gel, tooth paste & toothbrush – including Roll On deodorant (Not Spray)
- 2 towels
- Pyjamas or night-clothes
- 6 sets of underwear
- A couple of warm jumper
- At least 2 pairs of tracksuit trousers (not jeans)
- At least 2 pairs of shorts
- Sports T-shirts (mix of long and short sleeves)
- Thick and thin socks
- At least 2 pairs of trainers (one of which will be very wet and muddy)
- A pair of sliders or flip flops
- A waterproof jacket
- Woolly hat and gloves (Even in the evenings, it may be chilly)
- Several strong plastic carrier bags (for dirty, wet or spare clothes)
- Sun hat/cap and sun lotion
- Torch
- Disposable camera
- Water bottle

LOST PROPERTY

Please ensure that all belongings are clearly marked with the name of the school as well as the name of your child.

Lost items can still be looked for after we have returned from the trip -provided they have been named.

Please limit luggage to one case/large bag per child, plus one small hand bag.

If you have any further questions regarding kit, please contact the school office.