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Thursday 5th March 2020

## Dear Parents and Carers,

I am writing to you all regarding the outbreak of coronavirus and the subsequent confirmed cases in the UK. Whilst I do not want to create any sense of alarm, and whilst there is currently no particular cause for concern at our academy, I want to ensure you have the latest information, so that each member of our school community, can follow recommended guidance to ensure the health and safety of all of our children, staff, parents and governors.

Please read the following information carefully, since it is the latest advice that we have received from the Department for Education and Public Health England.

## **Guidance from Public Health England**

To keep up with the very latest advice from Public Health England please visit www.cidarieducation.co.uk/covid.

## To prevent the spread of infection

Please ensure that you and your children follow these general principles to prevent spreading any respiratory virus:

- Wash your hands often with soap and water for at least 20 seconds, or an alcohol-based sanitiser if soap and water aren't available. It is recommended that you wash for as long as it takes to sing the song 'Happy Birthday' twice over.
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- If you feel unwell, stay at home and don't attend work or school
- Cover your cough or sneeze with a tissue, then throw the tissue in a bin
- Clean and disinfect frequently touched objects and surfaces in the home
- If you're worried about your symptoms, please call NHS 111 don't go directly to your GP or other healthcare environment.
- 'Catch it, Bin it, Kill it': cover any cough or sneeze with a tissue, then throw the tissue in a bin.

## Symptoms to look out for

- Cough
- Difficulty in breathing
- Fever (a temperature of 38 degrees C or higher)



Headteacher: Mrs. D Rusling

Cidari Education Ltd Company Number: 08822760



If you have any of the symptoms above, according to other official guidance, while you wait for further advice, please do the following:

- Avoid contact with others
- Stay at home don't go to work or school
- Don't travel while sick
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, throwing tissues in the bin
- Wash your hands often with soap and water for a minimum of 20 seconds (or an alcoholbased sanitiser if soap and water aren't available)

To read all current advice from the Government, please go to the Cidari website at <a href="https://www.cidarieducation.co.uk/covid">www.cidarieducation.co.uk/covid</a>. On the website you will also find including advice for those who have travel links to high risk areas and countries with confirmed cases. If you have travelled to any of these areas recently, or have been in contact with someone who has, please inform school as soon as possible.

If you or your child have any further concerns or questions, please do not hesitate to contact school. We are here to offer advice and support where possible.

Yours sincerely

Debi Rusling Headteacher



