



PSHE Curriculum Intent

Our PSHE intent is supported by our School Vision:

To enable each child to fulfil their potential academically, creatively, emotionally, physically and spiritually in a safe, happy and supportive environment.

Curriculum Statement PSHE (Personal, Social and Health Education) is an important subject within Balshaw Lane School. We believe it is fundamental part of a child's education and success in school and life. PSHE is embedded in all aspects of our school and has links to the whole school values as well as assemblies and commemorative events. Our PSHE curriculum aims for our children to become excellent citizens in Modern Britain as well as leading a safe, happy and healthy lifestyle.

Intent

- "To teach the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults" DfE 2019 Statutory Guidance
- For our children to understand why a healthy lifestyle is important and understand how they can be healthy.
- To understand how we can promote and have a healthy mind and foster pupil well-being.
- To have positive, respectful friendships and relationships.
- To know the features of healthy friendships and relationships.
- To understand that families can be of many forms.
- To develop a resilience, character and an independent attitude.
- For our children to be confident and willing to have a go even when it feels tricky.
- To be able to recover from knocks and challenging periods in their life.
- To develop a positive sense of self-worth.
- To promote the importance of positive mental health.
- To promote pupils' self-control and ability to self-regulate and strategies for doing so.

- To appreciate what it means to be a member of a diverse society and respect that we are all different and that is what makes us special.
- To play a positive role in their school and wider community.
- To develop pupil characteristics of kindness, integrity, generosity and honesty.
- To have a good understanding of financial knowledge relevant to primary age children.
- To understand how their body will develop through puberty and be equipped to deal with these changes.
- To know the importance of stable and caring relationships.
- To know how to keep safe online and what constitutes appropriate behaviour online, be aware of the potential dangers online and where to seek help if needed.
- To gain a good level of vocabulary to express their feelings and the confidence to do so.
- To know the concept of privacy and the differences between appropriate and inappropriate touches.
- Remember key knowledge and skills by repeating and revisiting concepts on a regular basis so that children are able to embed these into long term memory.

Implementation

- To teach a graduated, age appropriate programme of Relationship Education by using the Kapow scheme of work.
- PSHE is taught weekly through discrete lessons. The lessons use a variety of teaching methods including circle time, class discussions, debates, individual work, games, reflection and drama.
- Content is explained in more detail in the school medium term plan but follows coverage over the following themes: Family and Relationships; Health and Well-Being; Safety and the Changing Body; Citizenship; Economic Well-Being and Y6 Identity.
- Evidence of children's discussions and work is kept also within the class floor book. Children are involved in the creation of the large book and value its work as a positive recording of their learning and discussions. The book is displayed within class.
- We repeat fundamental PSHE skills to ensure they are embedded within long term memory and developed upon year on year as well as within the short term.

- Vocabulary is high priority so that the children are equipped with a wide range of words to describe their feelings and situations. This is promoted within the large floor book and displayed within the classroom.
- Children understand and experience how the democratic election process works through work such as annual elections for School Councils. These are all an additional way in which we gain pupil voice.
- We use a range of visitors to further develop our curriculum and skills.
- Relationships and Sex Education is taught for a block from year 1 to year 6 in Summer Term 2. This follows a carefully planned scheme of work which builds on previous learning and skills. Parents are informed via the newsletter and are invited in each year to look at plans and resources if they so wish.
- PSHE is an important part of school assemblies where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.
- Over each year we commemorate a number of events to help support the preparation of our children to become excellent citizens in Modern Britain.
- We promote the importance of reading and ensure that we have a range of books which support diversity and equality.

Impact

- Throughout each lesson the teacher is “in action” to identify misconceptions and discuss any further points needed. Lessons and planning are flexible and based on previous learning and assessment of children's skills, understanding and knowledge.
 - Children's learning is constantly assessed and lessons are planned based on this.
 - Throughout the year we continually assess the children's moral, social, physical, cultural and spiritual development through a range of opportunities and experiences. The scheme of work and planning is modified as needed according to the results.
 - Through the school year we will assess each child's individual understanding through use of a variety of methods: stickies posted in the class PSHE book; before and after pictures; questioning; drawings; pieces of writing; drama etc
 - Strong links with families and high schools when children move on after year 6 – reflection and evaluation about how well we are preparing children for their next stage of education and life.