

## Year 4

### Safety and the changing body

- **Age restriction**  
Something restricted from access until you are a certain age
- **Asthma**  
A common lung condition that causes breathing problems
- **Law**  
Rules enforced by the government that define what we can and cannot do
- **Protect**  
To keep someone safe from something
- **Puberty**  
The physical and emotional changes of a child becoming an adult
- **Public**  
Something that is open to anybody
- **Tobacco**  
A plant grown for its leaves which contains a highly addictive drug called nicotine
- **Breasts**  
Enlarged soft parts of a female's chest which produce milk for a baby
- **Genitals**  
The external sex organs. The word 'genitals' is used for both males and females.

Previously covered:

**Private, Penis (Y2), Testicles/Testes (Y2)**