

Year 4

Safety and the changing body

- **Age restriction**
Something restricted from access until you are a certain age
- **Asthma**
A common lung condition that causes breathing problems
- **Law**
Rules enforced by the government that define what we can and cannot do
- **Protect**
To keep someone safe from something
- **Puberty**
The physical and emotional changes of a child becoming an adult
- **Public**
Something that is open to anybody
- **Tobacco**
A plant grown for its leaves which contains a highly addictive drug called nicotine
- **Breasts**
Enlarged soft parts of a female's chest which produce milk for a baby
- **Genitals**
The external sex organs. The word 'genitals' is used for both males and females.

Previously covered:

Private, Penis (Y2), Testicles/Testes (Y2)