

PE Curriculum Statement:

Balshaw Lane Primary School

INTENT

Balshaw Lane Primary School believes that PE is a vital part of children's education and has a significant valuable role in the taught curriculum, as well as the enrichment opportunities we offer our pupils. The PE curriculum will develop children's physical confidence in a way that supports their health and fitness. We encourage opportunities to compete in sport and other activities which build character and help embed values such as fairness and respect in later life. We aim to do this by providing the children with an enriching range of sporting activities that will improve motor skills, movement, flexibility and strength. By the time our students move on, they will be equipped with the skills, concepts, knowledge and confidence to take part in fitness and sporting activities as they move through school life.

IMPLEMENTATION

At Balshaw Lane we use 'The PE passport' to ensure a unique high-quality coverage in all areas. The skills and knowledge that children will develop throughout each PE topic are mapped across each year group and throughout the school to ensure progression. The emphasis on knowledge and skills ensure that children understand the fundamentals required to be successful. The passport allows us to not only deliver a high-quality curriculum but also allows us to track and access progression, monitor extra-curricular attendance and measure the positive impact our teaching has on our pupils. The children are given opportunities to develop not only their skills and knowledge but their experiences too, for example experiencing local and county competitions, cycling skills and water confidence lessons. We teach children about mental health and give them strategies to support their emotional wellbeing as well as encouraging positive healthy habits which they can practise throughout their lives.

IMPACT

Physical Education is not only about fitness and health, it encourages social awareness, improved communication through sharing and understanding. This in turn will foster emotional development helping children increase their confidence, self-awareness and motivation; it can also contribute to pupils' language and writing skills.