










THIS WEEK'S Eats.

WEEK THREE

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p>Mince Steak Pie</p> <p>Served with Mashed Potato & Carrots</p>	<p>Quorn Sweet Chilli Kebab  </p> <p>Served with Wholegrain Vegetable Rice </p>
TUE	<p>Thai Red Chicken Curry</p> <p>Served with Boiled Rice & Peas</p>	<p>Cajun Chicken or Quorn Burger </p> <p>Served with Mixed Salad & Wedges</p>
WED	<p>Baked Roast Ham</p> <p>Served with Mashed Potato, Broccoli, Carrots and Gravy</p>	<p>Crispy Topped Veggie Pie </p> <p>Served with Mashed Potato, Broccoli, Sweetcorn and Gravy</p>
THUR	<p>Chicken Tikka Masala</p> <p>Served with Wholegrain Rice  Coleslaw and Sweetcorn</p>	<p>Feta & Beetroot Burger  </p> <p>Served with Herb Diced Potatoes, Coleslaw and Sweetcorn</p>
FRI	<p>Battered Fish</p> <p>Served with Chips, Peas and Baked Beans</p>	<p>New Yorker Quorn Dog </p> <p>Served with Chips, Peas, Baked Beans and Mixed Side Salad</p>

AVAILABLE Daily

FOOD ON THE MOVE

HOT

Love Joes Burritos and Wraps
 Freshly Baked Pizza
 Pasta and Sauces
 Topped Jacket Potatoes
 Healthy Snack Options

COLD

A healthy selection of
 Fresh Salads, Fresh Sandwiches,
 and Wraps
 Assorted Pasta Pots



THIS WEEK'S Eats.

WEEK TWO

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p>Pork Sausages Served with Mashed Potato, Sweetcorn, Peas and Gravy</p>	<p>Vegetable Lasagne 🍷 🌱 Served with Garlic and Herb Bread</p>
TUE	<p>Chicken Shawarma Flatbread Served with Wild Rice and Peas 🌾</p>	<p>Vegetable Chow Mein 🍷 🌱 Served with Hoi Sin Sauce</p>
WED	<p>Roast Pork 🍷 Served with Mashed Potato, Yorkshire Pudding, Carrots, Cabbage and Gravy</p>	<p>Vegetable Pie 🌱 Served with Mashed Potato, Yorkshire Pudding, Carrots, Cabbage and Gravy</p>
THUR	<p>Chicken Katsu Curry Served with Wild Rice and Mixed Side Salad</p>	<p>Spicy Vegetarian Burrito 🍷 🌱 Served with Mixed Side Salad</p>
FRI	<p>Battered Fish Served with Chips, Peas and Baked Beans</p>	<p>Pesto Pasta Bake 🌱 Served with Chips, Peas and Baked Beans</p>

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Topped Jacket Potatoes
Healthy Snack Options

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Assorted Pasta Pots



🌱 Vegetarian 🐟 Oily fish 🌾 Wholegrain 🍏 Fruity 🍷 Nutritionist's Choice

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WEEK ONE

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p>Baked Lasagne Served with Garlic Bread, Sweetcorn and Coleslaw</p>	<p>Blackeye Bean Burger 🍷 🌱 Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw</p>
TUE	<p>Cajun Chicken Burger Served with Mixed Salad & Wedges 🍷</p>	<p>Cauliflower Mac 'n' Cheese 🌱 Served with Garlic and Herb Bread</p>
WED	<p>Baked Roast Ham Served with Mashed Potato, Yorkshire Pudding, Carrots, Broccoli and Gravy</p>	<p>Mediterranean Quiche 🌱 Served with side salad 🍷</p>
THUR	<p>Cottage Pie Served with Red Cabbage and Peas</p>	<p>Yellow Vegetable Curry 🌱 Served with Wholegrain Rice and Sweetcorn 🌾 🍷</p>
FRI	<p>Battered Fish Served with Chips, Baked Beans and Peas</p>	<p>Vegan Sausage Roll 🌱 Served with Chips, Baked Beans and Peas</p>

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