

THIS WEEK'S Eats.

WEEK 1 MENU

Balshaw's High School Spring/Summer Menu

FOOD UNION

AVAILABLE Daily

COUNTER One

COUNTER Two

	COUNTER One	COUNTER Two	Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad
MON	<p>Sweet and Sour Chicken with Wholegrain Rice and Sweet Chilli Broccoli</p> <p>Vegan Chow Mein with Sweet Chilli Broccoli</p>	<p>Beef Lasagne with Garlic and Herb Bread and Peas</p>	<p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p> <p>Salmon Mayo</p>	<p>Herby Tomato Pasta</p> <p>Margherita Pizza</p>	<p>Sausage Roll</p> <p>Cheese and Onion Pasty</p> <p>Vegan Sausage Roll</p>	<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>
TUE	<p>Beef Burger and Bun or Feta and Beetroot Burger With Baked Garlic and Herb Potato Wedges, Coleslaw and Sweetcorn</p>	<p>Love Joes BBQ Chicken Wrap Mixed Salad and Crunchy Raw Slaw</p>	<p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>	<p>Herby Tomato Pasta</p> <p>Margherita Pizza</p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>
WED	<p>Roast Turkey or Vegetable Pastry Slice with Roast Potatoes, Carrots, Cabbage and Gravy</p> <p>Tomato Pasta Bake</p>	<p>Mexican Chicken Burrito with Sweetcorn</p>	<p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>	<p>Herby Tomato Pasta</p> <p>Margherita Pizza</p>	<p>Sausage Roll</p> <p>Cheese and Onion Pasty</p> <p>Vegan Sausage Roll</p>	<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>
THUR	<p>Chicken Tikka Masala or Sweet Chilli Noodles with Wholegrain Rice and Sweetcorn</p>	<p>Cajun Chicken Sandwich or Chicken Pitta with Garlic Wedges</p>	<p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>	<p>Herby Tomato Pasta</p> <p>Margherita Pizza</p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>
FRI	<p>Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans Or Dirty Fries with Coleslaw</p>	<p>BBQ Chicken Mac N Cheese with Broccoli</p>	<p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>	<p>Herby Tomato Pasta</p> <p>Margherita Pizza</p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>

Vegetarian Nudge

THIS WEEK'S Eats.

WEEK 2 MENU Balshaw's High School Spring/Summer Menu

AVAILABLE
Daily

COUNTER
One

COUNTER
Two

	Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad	
MON	Mince and Potato Hot Pot Mashed Potatoes with Peas & Gravy Halloumi Kebabs with Wild Rice	BBQ Chicken Soft Taco Wrap with Mexican Yellow Rice and Sweetcorn	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday! Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	
TUE	Beef Lasagne or Vegetable Lasagne served with Garlic & Herb Bread & Broccoli & Peas	Love Joes Sweet Maple Chicken Wrap Mixed Salad and Crunchy Raw Slaw	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday! Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	
WED	Roast Pork with Stuffing & Apple or Cheese & Potato Pie with Roast Potatoes, Carrots, Cabbage and Gravy Tomato and Pasta Bake	Beef Burger with Garlic and Herb Potato Wedges and Coleslaw	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza	Sausage Roll Cheese and Onion Pasty Vegan Sausage Roll	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday! Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad
THUR	Cajun Chicken Sandwich or Chicken Pitta with Garlic Wedges Blackeye Bean Veggie Burger with Fajita Wedges, Corn Slaw & Sweetcorn	Chicken Tikka Masala with Wholegrain Rice and Cucumber Raita & Naan Bread	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday! Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad	
FRI	Battered Fish Breaded Chicken Strips Vegan Sausage Roll with Chips, Baked Beans and Peas	Chicken Burrito with Broccoli	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza	Sausage Roll Cheese and Onion Pasty Vegan Sausage Roll	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday! Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad








































THIS WEEK'S Eats.

WEEK 3 MENU Balshaw's High School Spring/Summer Menu

AVAILABLE
Daily

COUNTER
One

COUNTER
Two

	COUNTER One	COUNTER Two	Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad
MON	<p>Chicken and Ham Pie with Mashed Potatoes and Peas</p> <p>Veggie Burrito   with Sweetcorn</p>	<p>Topped Mac N Cheese (BBQ Chicken, Cajun Pulled Pork or Crispy Cauliflower)  with Sweetcorn</p>	<p>Baked beans  </p> <p>Cheese </p> <p>Tuna Mayo</p>	<p>Herby Tomato Pasta </p> <p>Margherita Pizza </p>	<p>Sausage Roll</p> <p>Cheese and Onion Pasty </p> <p>Vegan Sausage Roll </p>	<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>
TUE	<p>Cajun Chicken Sandwich or Chicken Pitta with a choice of Sauces</p> <p>Quorn Chilli Kebabs   with Wild Rice, Corn Slaw & Peas</p>	<p>Chicken Chow Mein with Stir Fried Veg</p>	<p>Baked beans  </p> <p>Cheese </p> <p>Tuna Mayo</p>	<p>Herby Tomato Pasta </p> <p>Margherita Pizza </p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>
WED	<p>Roast Glazed Ham or Cheesy Veg Pie  with Roast Potatoes, Carrots, Cabbage and Gravy</p>	<p>New York Quorn Dog with Paprika Wedges and Apple Slaw </p>	<p>Baked beans  </p> <p>Cheese </p> <p>Tuna Mayo</p>	<p>Herby Tomato Pasta </p> <p>Margherita Pizza </p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>
THUR	<p>Chicken Tikka Masala Curry or Vegetable Lasagne Garlic Bread </p> <p>Wholegrain Rice  with Lime Spiced Sweetcorn</p>	<p>Love Joes BBQ Chicken Wrap Mixed Salad and Crunchy Raw Slaw</p>	<p>Baked beans  </p> <p>Cheese </p> <p>Tuna Mayo</p>	<p>Herby Tomato Pasta </p> <p>Margherita Pizza </p>	<p>Sausage Roll</p> <p>Cheese and Onion Pasty </p> <p>Vegan Sausage Roll </p>	<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>
FRI	<p>Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans Or Dirty Fries with Coleslaw </p>	<p>Mexican Chicken Quesadilla with Lime and Coriander Rice and Corn Slaw</p>	<p>Baked beans  </p> <p>Cheese </p> <p>Tuna Mayo</p>	<p>Herby Tomato Pasta </p> <p>Margherita Pizza </p>		<p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings everyday!</p>	<p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p>