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Dear Parent/Carer

Brook - the sexual health charity have some excellent advice, tips and information for parents and carers navigating the sometimes scary prospect of discussing relationships, consent and sexual health with teenagers. Just follow the link below:

[Sex Ed: What parents and carers need to know - Brook](#)

There are also several other articles on similar topics that you may find useful. Just follow the links below:

[Parents Archives - Brook](#)

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