

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Knowledge and skills	Developing self-awareness, goal setting, adaptability and organisation skills: <ul style="list-style-type: none"> skills to improve adaptability and resilience during periods of change or transition and strategies to manage change learning skills for key stage 4, e.g. organisation, time management and goal setting about common mental health concerns, such as anxiety, depression and stress and how to respond to early warning signs of unhealthy coping strategies strategies for managing common mental health concerns, including stress management techniques about the impact and consequences of substance use, including addiction, on physical and mental health, life chances and personal safety 	Developing empathy and compassion, strategies to manage influence and assertive communication: <ul style="list-style-type: none"> relationship expectations and how to identify and evaluate own beliefs and values in relation to these to assertively communicate relationship expectations to recognise manipulation and coercion, how to seek and assertively give or not give consent to evaluate and manage the influence of pornography to identify the signs of abusive relationships, and where and how to access support and report concerns, including online to evaluate attitudes towards sexual assault and their impact. To challenge victim-blaming, including when abuse occurs online to respond to harassment, including online, and violence, where to seek help 	Developing agency, decision making and strategies to manage influence and access support: <ul style="list-style-type: none"> to identify risky and emergency situations, including online; how and when to seek help the importance of seeking help and giving accurate information, even in cases where there may be legal consequences for those involved to identify and manage the impact of substance use on personal safety, decision making and sexual behaviour to consolidate first aid and life-saving skills to evaluate and manage the opportunities and risks of establishing and conducting relationships online how to behave legally, ethically and responsibly online, including in online aspects of relationships how to assess readiness for sexual intimacy, including online and in new relationships, and to evaluate the possible legal, emotional and social consequences 	Developing goal setting, leadership and presentation skills: <ul style="list-style-type: none"> about options available in education, training and employment post-16 how to prepare for employment, including how to write a CV, apply for a job and prepare for interviews about the importance of skills for employability, e.g. leadership, teamwork and presentation skills how to create and present a positive personal image and a positive online presence how to assess and evaluate strengths to set realistic, aspirational goals 	Developing respect for diversity. Risk management and seeking support: <ul style="list-style-type: none"> how to make informed decisions about marriage and other long term commitments the unacceptability of forced marriage, how to safely seek help to respect diversity in gender identity, sexual orientation, faith, race and disability rights, roles and responsibilities in a diverse society, how to respect and advocate for them strategies to challenge discrimination and prejudice-based bullying in relation to any of the protected characteristics of the Equality Act (2010) to manage the influence of gender, sexual norms and stereotyping the support available to people with protected characteristics and how to access advice and help for self or others how personal data is generated, collected, shared and may be used with the aim of influencing decisions recognise when social media disproportionately features inaccurate information or extreme viewpoints; how to evaluate the potential impact of this about extremism, how to reduce the risks and where to seek help 	Developing motivation, organisation, leadership and presentation skills: <ul style="list-style-type: none"> how to independently research and apply for work experience opportunities about rights and responsibilities in the workplace, including in relation to health and safety how to evaluate and reflect on work experience and use this evaluation to inform future goal setting how to evaluate the changing patterns and trends in the labour market, locally, nationally and internationally how to benefit from opportunities online for career development and manage potential challenges positive and safe ways to create and share content online and how to take advantage of the opportunities this may offer
Links to prior learning	<ul style="list-style-type: none"> Year 9 Autumn terms 1 and 2 	<ul style="list-style-type: none"> Year 9 Summer terms 1 and 2 	<ul style="list-style-type: none"> Year 9 Summer term 1 	<ul style="list-style-type: none"> Year 9 Autumn term 1 	<ul style="list-style-type: none"> Year 9 Summer terms 1 and 2 	<ul style="list-style-type: none"> Year 9 Autumn term 1
Assessment	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies 	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies 	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies 	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies 	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies 	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies
Home learning	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> N/A
Cultural capital and extra-curricular opportunities <i>NB: Other extra-curricular opportunities may be provided dependent on availability</i>	<ul style="list-style-type: none"> Self-awareness, goal setting, adaptability and organisation skills Smokefree and BrightSparx assemblies 	<ul style="list-style-type: none"> Assertive communication Reading a variety of texts and media reports 	<ul style="list-style-type: none"> Developing agency, decision making and strategies to manage influence and access support 	<ul style="list-style-type: none"> Exploring a wide range of careers, encourage ambitious career aspirations 	<ul style="list-style-type: none"> Rights, roles and responsibilities in a diverse society, how to respect and advocate for them Water safety assembly 	<ul style="list-style-type: none"> Exploring a wide range of careers, encourage ambitious career aspirations Sexual Health workshop
Literacy	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud 	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud 	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud 	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud 	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud 	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud
Numeracy	<ul style="list-style-type: none"> Time management and planning 	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> Analyse percentages 	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> Analyse statistics 	<ul style="list-style-type: none"> Analyse statistics
Careers Education, Information, Advice and Guidance (CEIAG)	<ul style="list-style-type: none"> How consequences of behaviour may influence future career options 	<ul style="list-style-type: none"> Explore health related careers 	<ul style="list-style-type: none"> How consequences of behaviour may influence future career options 	<ul style="list-style-type: none"> How to prepare for employment Transferable skills 	<ul style="list-style-type: none"> Diversity in the workplace 	<ul style="list-style-type: none"> Skills for employment Career development

Spirituality	<ul style="list-style-type: none">• Identity, self-worth, belonging, sense of purpose	<ul style="list-style-type: none">• Identity, self-worth, belonging, relationships, sense of purpose	<ul style="list-style-type: none">• Identity, self-worth, belonging, sense of purpose	<ul style="list-style-type: none">• Identity, self-worth, belonging, sense of purpose	<ul style="list-style-type: none">• Identity, self-worth, belonging, sense of purpose, culture, society	<ul style="list-style-type: none">• Identity, self-worth, belonging, sense of purpose, culture, society
How can parents/carers support the curriculum	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Explore different careers and routes to employment• Monitor online activity• BBC Bitesize has a Parents toolkit• website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information on emotional well-being• https://www.bbc.co.uk/bitesize/groups/cw9v6l8d0q6t• This part of the toolkit contains advice and information for careers• https://www.bbc.co.uk/bitesize/careers• This part of the toolkit contains advice and information for online safety• https://www.bbc.co.uk/bitesize/groups/c8dp5jz9z19t• MediaSmart contains advice and information for online safety• https://mediasmart.uk.com/parents/• NSPCC has a dedicated website containing advice and information for parents• https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/• MIND has advice and information for supporting young people• https://www.mind.org.uk/for-young-people/how-to-get-help-and-support/useful-contacts/	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Monitor online activity• BBC Bitesize has a Parents toolkit• website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information on emotional well-being• https://www.bbc.co.uk/bitesize/groups/cw9v6l8d0q6t• CEOP (Child Exploitation Online Protection) website contains advice and information on online safety and reporting• https://www.ceopeducation.co.uk/parents/• The Children’s Society website contains advice and information on teenage relationships• https://www.childrenssociety.org.uk/information/young-people/advice/teenage-relationship-abuse• MediaSmart contains advice and information for online safety• https://mediasmart.uk.com/parents/• AYPH (Advancing Young Persons’ Health) contains advice and information• https://ayph.org.uk/violence-and-trauma/	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Monitor online activity• BBC Bitesize has a Parents toolkit• website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information on emotional well-being• https://www.bbc.co.uk/bitesize/groups/cw9v6l8d0q6t• CEOP (Child Exploitation Online Protection) website contains advice and information on online safety and reporting• https://www.ceopeducation.co.uk/parents/• The Children’s Society website contains advice and information on teenage relationships• https://www.childrenssociety.org.uk/information/young-people/advice/teenage-relationship-abuse• This NHS website has advice and information for First Aid and CPR• https://www.nhs.uk/tests-and-treatments/first-aid/• https://www.nhs.uk/tests-and-treatments/first-aid/cpr/• Brook website contains advice and information on consent and sexual health• https://www.brook.org.uk/	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Explore different careers and routes to employment• Monitor online activity• BBC Bitesize has a Parents toolkit• website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information for careers• https://www.bbc.co.uk/bitesize/careers	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Monitor online activity• BBC Bitesize has a Parents toolkit• website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information on emotional well-being• https://www.bbc.co.uk/bitesize/groups/cw9v6l8d0q6t• CEOP (Child Exploitation Online Protection) website contains advice and information on online safety and reporting• https://www.ceopeducation.co.uk/parents/• The Children’s Society website contains advice and information on teenage relationships• https://www.childrenssociety.org.uk/information/young-people/advice/teenage-relationship-abuse	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Explore different careers and routes to employment• Monitor online activity• BBC Bitesize has a Parents toolkit• website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information for careers• https://www.bbc.co.uk/bitesize/careers