

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Knowledge and skills	Developing risk management skills, analytical skills and strategies to identify bias: <ul style="list-style-type: none"> that information online can be manipulated, misrepresented or fake how to critically analyse different sources of information how to assess the reliability of media sources and critique social media content how to safely manage personal information online strategies to maintain a positive presence online 	Developing respect for beliefs, values and opinions and advocacy skills: <ul style="list-style-type: none"> about the importance of equality and diversity and how to celebrate these how to show respect for – or respectfully challenge when necessary – the values, beliefs and opinions of others how to recognise and challenge stereotypes the impact of stereotypes on perceptions of others strategies to communicate concerns about, and challenge, prejudice and discrimination 	Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> how to make positive, informed decisions relating to substances, including drugs, alcohol and nicotine use about the laws relating to substances strategies to manage influence in relation to substances about contraception and how to access advice and support in relation to sexual health how to balance time online with other activities how to recognise and manage influences online 	Developing goal setting, motivation and self-awareness: <ul style="list-style-type: none"> how to develop self-awareness by identifying personal and academic strengths and interests to increase motivation by setting aspirational goals about different careers and routes to employment about employment trends and how they can inform decision making how to manage emotions relating to future employment and career choices 	Developing communication and negotiation skills, clarifying values and strategies to manage influence: <ul style="list-style-type: none"> the features of healthy and unhealthy relationships, including online how to maintain respectful relationships, including online sexual orientation, gender identity and diversity in sexual attraction assertively communicate and negotiate boundaries in relationships the law relating to consent and how to seek, give, and not give consent strategies to assess readiness for intimacy and manage pressure in relationships manage requests to share intimate images, including where, when and how to report concerns how to safely access help for themselves or others if concerned about FGM or forced marriage skills and strategies to manage conflict sources of support and how to access them 	Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> about the link between physical and mental wellbeing about the importance of positive mental health and emotional wellbeing and how to maintain these about attitudes towards mental health and how to challenge stigma and misconceptions how to recognise and manage influences and make healthy, informed decisions about maintaining physical health how to access appropriate support in relation to mental and physical health
Links to prior learning	<ul style="list-style-type: none"> Year 7 Autumn term 2 	<ul style="list-style-type: none"> Year 7 Autumn term 2 	<ul style="list-style-type: none"> Year 7 Summer term 2 & Spring term 2 	<ul style="list-style-type: none"> Year 7 Autumn term 1 	<ul style="list-style-type: none"> Year 7 Summer term 1 	<ul style="list-style-type: none"> Year 7 Autumn term 2 & Spring term 1
Assessment	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies 	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies 	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies 	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies 	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies 	<ul style="list-style-type: none"> Definitions of key terminology Identify healthy behaviours and sources of support Describe, analyse and evaluate situations and helpful strategies
Home learning	N/A	N/A	N/A	N/A	N/A	N/A
Cultural capital and extra-curricular opportunities <i>NB: Other extra-curricular opportunities may be provided dependent on availability</i>	<ul style="list-style-type: none"> Critical analysis and evaluation of media sources Invictus theatre performance (Resilience in the face of adversity) BrightSparx assembly 	<ul style="list-style-type: none"> Exploring diversity, respecting – or respectfully challenging when necessary – the values, beliefs and opinions of others 	<ul style="list-style-type: none"> Critical analysis and evaluation of media sources 	<ul style="list-style-type: none"> Exploring different careers and routes to employment 	<ul style="list-style-type: none"> Critical analysis and evaluation of media sources Developing communication and negotiation skills, clarifying values and strategies to manage influence Water safety assembly 	<ul style="list-style-type: none"> Critical analysis and evaluation of media sources How to access and evaluate appropriate support in relation to mental and physical health
Literacy	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud 	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud 	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud 	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud 	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud 	<ul style="list-style-type: none"> Reading comprehension of a variety of texts Oracy: Focus on how to be an active listener, group discussion and reading aloud
Numeracy	N/A	N/A	Calculation of alcohol units	N/A	N/A	N/A
Careers Education, Information, Advice and Guidance (CEIAG)	<ul style="list-style-type: none"> Strategies to maintain a positive presence online 	<ul style="list-style-type: none"> Challenging career stereotypes 	<ul style="list-style-type: none"> Exploring careers within the health industry 	<ul style="list-style-type: none"> Exploring different careers and routes to employment 	<ul style="list-style-type: none"> Exploring careers within the health industry 	<ul style="list-style-type: none"> Exploring careers within the health industry
Spirituality	<ul style="list-style-type: none"> Self-worth, relationships 	<ul style="list-style-type: none"> Self-worth, identity, relationships, culture, society, sense of purpose 	<ul style="list-style-type: none"> Identity, self-worth, relationships, sense of purpose 	<ul style="list-style-type: none"> Identity, self-worth, sense of purpose, 	<ul style="list-style-type: none"> Self-worth, relationships, society, culture 	<ul style="list-style-type: none"> Self-worth, identity, sense of wonder and purpose

How can parents/carers support the curriculum	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Monitor online activity• BBC Bitesize has a Parents toolkit• website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information for online safety• https://www.bbc.co.uk/bitesize/groups/c8dp5jz9z19t• MediaSmart contains advice and information for online safety• https://mediasmart.uk.com/parents/• CEOP (Child Exploitation Online Protection) website contains advice and information on online safety and reporting• https://www.ceopeducation.co.uk/parents/• NSPCC has a dedicated website containing advice and information for parents• https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/• MIND has advice and information for supporting young people• https://www.mind.org.uk/for-young-people/how-to-get-help-and-support/useful-contacts/	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Monitor online activity• BBC Bitesize has a Parents toolkit website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information on emotional well-being• https://www.bbc.co.uk/bitesize/groups/cw9v6l8d0q6t• This part of the toolkit contains advice and information for careers• https://www.bbc.co.uk/bitesize/careers	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Monitor online activity• BBC Bitesize has a Parents toolkit website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information for online safety• https://www.bbc.co.uk/bitesize/groups/c8dp5jz9z19t• The NSPCC website below contains advice and information for parents/carers concerned about drugs or underage drinking• https://www.nspcc.org.uk/keeping-children-safe/talking-drugs-alcohol/• The website below contains advice and information about energy drinks• https://www.lancashire.gov.uk/media/899545/energy-drinks-leaflet.pdf	<ul style="list-style-type: none">• Explore different routes to employment• Monitor online activity• BBC Bitesize has a Parents toolkit website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information for careers• https://www.bbc.co.uk/bitesize/careers	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Monitor online activity• BBC Bitesize has a Parents toolkit website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information on emotional well-being• https://www.bbc.co.uk/bitesize/groups/cw9v6l8d0q6t• This part of the toolkit contains advice and information for online safety• https://www.bbc.co.uk/bitesize/groups/c8dp5jz9z19t• CEOP (Child Exploitation Online Protection) website contains advice and information on online safety and reporting• https://www.ceopeducation.co.uk/parents/	<ul style="list-style-type: none">• Encourage healthy discussion of the topics covered• Monitor online activity• BBC Bitesize has a Parents toolkit website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents• This part of the toolkit contains advice and information on emotional well-being• https://www.bbc.co.uk/bitesize/groups/cw9v6l8d0q6t• This part of the toolkit contains advice and information on food choices and influences• https://www.bbc.co.uk/bitesize/groups/cvg5kl2nklgt• This part of the toolkit has advice and information on activities• https://www.bbc.co.uk/bitesize/groups/ceq8p90x033t
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