Year 9 Curriculum Implementation: PE

- Conditioned games – Bronze, Silver or Gold Award Assessment As		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
- Cross Country Fandball - Easier Transport - Enother Transpor		Boys	Roys	Boys	Boys	Boys	Boys	
s solvethall Girls Henry Front Statistics Front		-	•		1 -		1 *	
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*** Cross Country Netball** - Name learning** - Princes Country Caune** - Netball** - Name learning** - Netball** - Netb	Vaculadas					Girls		
Sym/Dance Fitness Saderball Fitness Saderball Fitness Fitness Saderball Fitness Fitness Fitness Saderball Fitness Fitness Fitness Fitness Saderball Fitness Fi	•				_		• Rounders, Cricket, Tennis	
Security Stage 3 National Curriculum Subject Content (DF KS) framework 2014) Security Secur	and Skills	•				• Athletics		
Revision: Muscles Revision: Revision: Muscles Revision: Musc		• Gym/Dance	• Fitness	Basketball	,			
key Stegs a National Curriculum Subject Content (DF KS3 framework 2014) A development of the curriculum coverage by r 7.8.* Pulsar bould be taught to: **Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games (for example, abdmirnton, basketball, cricket, football, hockey, netball, rounders, rupby and tennis) **Links to prior** **Use part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group **Links to prior** *								
* A development of the curriculum covered in yr X8. Pupils should be taught to: use a range of stacks and strategies to overcome apponents in direct competition through team and individual games [for example, badminton, basketball, ricket, football, hockey, netball, rounders, rugby and tennis] **Less part in culcidation and adventurous compared to previous ones and demonstrate improvement to achieve their personal best **Less part in culcidation and adventurous somes and demonstrate improvement to achieve their personal best **Less part in culcidation and adventurous compared to previous ones and demonstrate improvement to achieve their personal best **Less part in culcidation and adventurous contributes outsides school through community links or sports. **Cross Country course (trimed) **Less part in culcidation and developing skills to solve or Gold Award **Conditioned games – Bronze, Silver or Gold Award **			. (55-110-5		Badminton			
use a range of factics and strategies to over-come opponents in direct competition through team and individual games—in control or and adventionus activities which present inselfactual and physical challenges and bee nocuraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group share of each cethiques within a range of datace styles and form and cethiques within a range of datace styles and form and physical challenges and bee nocuraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group share of old Award of Conditioned games—Bronze, Silver or Gold Award of Conditioned games—Bronze, Silver or Gold Award of Conditioned games—Bronze, Silver or Gold Award or Condition								
develop their technique and improve their performance in other competitive sports for example, athletics and gymnastics § perform dances using advanced dance techniques within a range of dance styles and forms		•	\cdot					
Learning								
analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best take part in competitive sports and activities suctivide school through community links or sports clubs **Cross Country course (timed)** **Conditioned games - Bronze, Silver or Gold Award **Conditioned games - B	•							
**Like part in competitive sports and activities outside school through community links or sports clubs - Cross Country course (timed) - Conditioned games – Bronze, Silver or Gold Award - Congoine tacker assessment for team buildings of the Silver, morals assessment for team buildings of the Silver, morals assessment for team buildings of the Silver, morals assessment for team buildings of the Silver or Gold Award - Conditioned games – Bronze, Silver or Gold Award - Conditioned games – Bronze, Silver or Gold Award - Conditioned games – Bronze, Silver or G	learning							
**Cross Country course (timed) **Conditioned games - Bronze, Silver or Gold Award **Conditioned games - Bron								
Sessment **Gold Award Doubles games - Bronze, Silver of Gold Award Ongoing teacher assessment for team building and fitness - Bronze, Silver or Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. End of unit test for summative assessment. The Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. End of unit test for summative assessment. The Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. End of unit test for summative assessment. The Gold award Theory - regular formative assessment for team building and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. The Gold award Theory - regular formative assessment for team building and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. The Gold award Theory - regular formative assessment for team building and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. The Gold award Theory - regular formative asses		• take part in competitive sports and activities outside school through community links or sports clubs						
Sessment **Gold Award Doubles games - Bronze, Silver of Gold Award Ongoing teacher assessment for team building and fitness - Bronze, Silver or Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. End of unit test for summative assessment. The Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. End of unit test for summative assessment. The Gold award Theory - regular formative assessment and until game and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. End of unit test for summative assessment. The Gold award Theory - regular formative assessment for team building and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. The Gold award Theory - regular formative assessment for team building and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. The Gold award Theory - regular formative assessment for team building and fitness - Bronze, Silver or Gold award Theory - regular formative assessment. The Gold award Theory - regular formative asses								
Assessment Assessment Assessment Assessment - Dance Rymnastics routine - gold, silver, bronze award - Rubidling - Bronze, Silver or Gold award - Netball - Pootball - Revision: Cardo-vascular System - Dance - Pootball - Revision: Cardo-vascular System - Dance - Pootball - Revision: Cardo-vascular System - Dance - Pootball - Revision: Cardo-vascular System - Pootball - Pootball - Revision: Cardo-vascular System - Pootball - Pootball - Revision: Cardo-vascular System - Pootball - Revision: Dance - Pootball - Revision: Cardo-vascular System - Pootba			•	Conditioned games – Bronze, Silver or	Conditioned games – Bronze, Silver or		Conditioned games – Bronze, Silver or Gold	
Assessment - Dance & Gymnastics routine - gold, slivery bronze award - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Theory - regular formative assessment - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Theory - regular formative assessment - Netball - Netball - Netball - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Theory - regular formative assessment - Netball - Netball - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Theory - regular formative assessment - Netball - Netball - Netball - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Theory - regular formative assessment - Netball - Netball - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Theory - regular formative assessment - Netball - Netball - Netball - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Theory - regular formative assessment - Netball - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Theory - regular formative assessment - Nonce - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Netball - Netball - Netball - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Netball - Netball - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Netball - Netball - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Netball - Netball - Netball - Ongoing teacher assessment for team building - Bronze, Silver or Gold award - Netball - Netball - Netball - Netball - Notball - Football - Football - Football - Football - Football - Rugby, Basketball, Table Tennis & Football - Times Keping, pacing and measuring distances - Theory - Components of Fit		 Conditioned games – Bronze, Silver or Gold 	Bronze/Silver/Gold	Gold Award	Gold Award		Award	
Assessment bronze award bronze a		Award	 Recap of Singles games + intro of 		Dance routine - gold, silver, bronze award	(boys only), shot put, discus and javelin –		
building -Bronze, Silver or Gold award Ongoing teacher assessment for team building and fitness - Bronze, Silver or Gold award Theory -regular formative assessment End of unit test for summative assessment End of unit test for summat	Accoccment	 Dance & Gymnastics routine - gold, silver, 	Doubles games – Bronze, Silver, Gold		Ongoing teacher assessment for team	Bronze, Silver or Gold award		
Home learning Revision: Muscles Revision: Bones Revision: Diet Revision: Cardio-vascular System Revision: Components of Fitness Revision: Warming up Literacy Numeracy Numeracy A Handball/Badminton & Netball scoring systems Dance Rhythms & counting in a beat Dance Revision: Diet Revision: Diet Revision: Cardio-vascular System Revision: Components of Fitness Revision: Diet Revision: Diet Revision: Cardio-vascular System Ponce Athletics Athletics Athletics Athletics Athletics Ponce Pootball Register Revision: Cardio-vascular System Revision: Cardio-vascular System Ponce Athletics Ponce Pootball Ponce Pootball Ponce Pon	Assessment	bronze award			building - Bronze, Silver or Gold award			
Home learning Revision: Muscles Revision: Bones Revision: Diet Revision: Cardio-vascular System Revision: Components of Fitness Revision: Warming up			building and fitness - Bronze, Silver or		Theory – regular formative assessment.			
Home learning Revision: Muscles Revision: Bones Revision: Diet Revision: Cardio-vascular System Revision: Components of Fitness Revision: Warming up			Gold award		End of unit test for summative			
Netball Net					assessment			
Cultural Capital and extra-curricular opportunities - Dance - Dance - Dance - Football - Football - Rugby - Fitness Club - My Health Vocabulary - Muscles - Handball/Badminton & Netball scoring systems - Dance Rhythms & counting in a beat - Dance - Football - My Health Vocabulary - Bones - Cricket, Tennis, Volleyball and keeping - Fitness training zones & heart rates - Careers Information, Education, Advice and Guidance - Careers Information, Education, Advice and Guidance - Careers Information, Education, Advice and Guidance - Football - Pootball - Pootball - Rugby - Football - Rugby - Football - Rugby - Football - Rugby - Football - Rugby - Table Tennis - Table Tennis - Basketball - My Health Vocabulary - Diet - Theory - Components of Fitness, Training Methods - My Health - Vocabulary - Cardiovascular System - Dance Rhythms & counting in a beat - Pontse - Football - Rugby - Table Tennis - Rugby - Basketball - My Health - Vocabulary - Cardiovascular System - Dance Rhythms & counting in a beat - Pontse - Tennis - Cricket - Cricket - Theory - Components of Fitness, Training Methods - My Health - Vocabulary - Cardiovascular System - Dance Rhythms & Football - Stems - Pontse Rugby - Rugby	Home learning	Revision: Muscles	Revision: Bones	Revision: Diet	Revision: Cardio-vascular System	Revision: Components of Fitness	Revision: Warming up	
- Dance - Dance - Football - Football - Rugby - Table Tennis - Table Tennis - Table Tennis - System - Dance Rhythms & counting in a beat - Dance Rhythms & Coun		Netball	Netball	Netball	Netball	Rounders	Rounders	
curricular opportunities • Football • Rugby • Rugby • Rugby • Rugby • Rugby • Table Tennis • Table Tennis • Tennis • Cricket • My Health - Vocabulary - Components of Fitness, Training Methods • My Health - Vocabulary - Cardiovascular Systems • Cricket • My Health - Vocabulary - Cardiovascular Systems • Cricket • My Health - Vocabulary - Cardiovascular Systems • Cricket • C	Cultural Capital	 Gymnastics 	 Gymnastics 	Dance	Dance	Athletics	Athletics	
opportunities Rugby Fitness Club Numeracy Phandball/Badminton & Netball scoring systems Dance Rhythms & counting in a beat Careers Information, Education, Advice and Guidance Phandball/Badminton & Netball scorins (Siduation), Advice and Guidance Phandball/Badminton & Netball scorins (Siduation), Advice and Guidance Phandball/Badminton & Rugby Phandball/Badminton & Phandbal	and extra-	• Dance	• Dance	Football	Football	Dance	Dance	
• Fitness Club • Indoor Athletics • Basketball • My Health Vocabulary - Muscles • My Health Vocabulary - Bones • My Health Vocabulary - Diet • My Health Vocabulary - Components of Fitness, Training Methods • My Health - Vocabulary - Cardiovascular System • Handball/Badminton & Netball scoring systems • Dance Rhythms & counting in a beat • Fitness training zones & heart rates • Fitness training zones & heart rates • Basketball • My Health - Vocabulary - Components of Fitness, Training Methods • My Health - Vocabulary - Cardiovascular System • Dance Rhythms & Counting in a beat • Fitness training zones & heart rates	curricular	 Football 	Football	Rugby	Rugby	Tennis	Tennis	
Literacy • My Health Vocabulary - Muscles • My Health Vocabulary - Diet • My Health Vocabulary - Components of Fitness, Training Methods • My Health - Vocabulary - Components of Fitness • Table Tennis & Basketball scoring • Rugby, Basketball, Table Tennis & Football • Time keeping, Poting - Components • No Health - Vocabulary - Components • No Health - Vocabulary - Components • Rugby, Basketball, Table Tennis	opportunities	Rugby	• Rugby	Table Tennis	Table Tennis	Cricket	Cricket	
Literacy Numeracy • Handball/Badminton & Netball scoring systems • Dance Rhythms & counting in a beat • Dance Rhythms & counting in a beat • Fitness training zones & heart rates • Fitness basketball scoring systems • Dance Rhythms & counting in a beat • Fitness training zones & heart rates • Fitness pown • Table Tennis & Basketball scoring systems • Systems • Pance Rhythms & counting in a beat • Fitness training zones & heart rates • Careers Information, Education, Advice and Guidance • Methods • My Health – Vocabulary – Cardiovascular System • Rugby, Basketball, Table Tennis & Football scoring systems • Fitness training zones & heart rates • Fitness training zones & heart rates • Fitness training zones & heart rates		Fitness Club	Indoor Athletics	Basketball	Basketball			
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Numeracy systems • Dance Rhythms & counting in a beat. • Fitness training zones & heart rates Careers Information, Education, Advice and Guidance Systems • Dance Rhythms & counting in a beat. • Fitness training zones & heart rates • Dance Rhythms & counting in a beat. • Fitness training zones & heart rates systems scoring systems • Fitness training zones & heart rates Systems scoring systems • Fitness training zones & heart rates		Handball/Badminton & Netball scoring	Football/Badminton scoring systems	Table Tennis & Basketball scoring	,	Time keeping, pacing and measuring	Cricket, Tennis, Volleyball and Rounders score	
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Careers Information, Education, Advice and Guidance https://www.careerpilot.org.uk/job-sectors/subject/pe https://blog.peoffice.co.uk/what-can-gcse-pe-lead-to-later-in-life/		•		1 -				
Information, Education, Advice and Guidance Information, bttps://blog.peoffice.co.uk/what-can-gcse-pe-lead-to-later-in-life/								
Education, Advice and Guidance https://blog.peoffice.co.uk/what-can-gcse-pe-lead-to-later-in-life/		inteps.// www.careerpnet.org.tak/job sectors/sar	<u>1004 pc</u>					
Advice and Guidance		https://blog.peoffice.co.uk/what-can-gcse-pe-le	ead-to-later-in-life/					
Guidance								
	(CEIAG)							
Spirituality • Willingness • Faith • Friendship • Resilience • Self-discipline • Courage		• Willingness	• Faith	Friendship	Resilience	Self-discipline	Courage	
	Spirituality							
• Encourage student to participate in extra-curricular activities after school (15:10-16:10)								
How can • Encourage student to complete a well-being walk for at least 30 minutes each evening								
parents • Join sports clubs outside of school	•	·						
• Complete junior park run (2k) or park run (5k) at Worden Park on a Saturday (5k) or Sunday (2k) morning at 9am				ay (2k) morning at 9am				
curriculum? • Question students on the 'My Health' yocabulary each week		· Question students on the 'My Health' vocable	ılarv each week					