Year 9 Curriculum implementation: PSHE

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
	Developing goal setting, analytical skills	Developing self-confidence, risk	Developing empathy, compassion and	Developing analytical skills and	Developing assertive communication,	Developing decision making, risk
	and decision making:	management and strategies to	strategies to access support:	strategies to identify bias and manage	clarifying values and strategies to	management and support-seeking
	• to evaluate influences on, and sources of	manage influence:	to build digital resilience for	influence:	manage influence:	skills:
	advice for GCSE	how to manage difficulties and shall an assis friendships	emotional wellbeing	how to recognise and manage the import of the modile and	• features of healthy, intimate	how to make informed decisions
	options and careers	challenges in friendships	about maintaining mental health and	impact of the media and	relationships; that they should be	about sexual health and access
	how to make informed decisions about	how to assertively communicate	emotional wellbeing,	advertising on decision making,	equitable and pleasurable	reliable advice and support
	GCSE options in relation to future goals	values and beliefs in challenging	• including healthy coping strategies	including online	how to recognise healthy and	about sexually transmitted infections and how to reduce changes of
	skills for enterprise and employability	situationsstrategies to manage pressure to	 to recognise warning signs of unhealthy coping strategies, 	about saving, borrowing and how to manage money.	unhealthy relationship behavioursstable, committed relationships and	and how to reduce chances of transmission
	 laws and rights relating to young people's employment 	join a gang and/or engage in	 including self-harm and eating 	manage moneyhow to make informed financial	features of family life	how to choose and access
Knowledge	employment	 substance use, anti-social behaviour 	disorders	choices and where and how to seek	 personal values and their influence 	contraception
and skills		or violent crime	 how to access help and support in 	help, advice and support if needed	on relationship	about the consequences of
		to evaluate attitudes and social	relation to mental health and	about the risks related to gambling	• expectations	unintended pregnancy and how to
		norms in relation to substance use	emotional wellbeing	behaviours and chance based	 influence of the portrayal of sex in 	access appropriate support
		the risks and consequences of	to recognise new opportunities that	transactions, including online	the media, including pornography, on	about health prevention measures,
		substance misuse	change can bring	to identify common forms of fraud	self-concept, relationship values and	cancer awareness and the
		 exit strategies in risky or dangerous 	 strategies for managing loss and 	and online scams	• expectations	importance of self-examination,
		situations and how to	change and how to empathise with,	how to access help in relation to	• the legal and moral responsibilities in	especially for early detection of
		access support	and show compassion for peers	gambling harms or fraud	relation to seeking consent	testicular cancer
					how to recognise factors that might	to revisit and further develop first
					affect capacity to consent	aid and life-saving skills
Links to prior learning	Year 8 Spring term 2	• Year 8 Spring term 1, Summer terms 1 and 2	Year 8 Autumn term 1 and Summer term 2	Year 8 Autumn term 1	Year 8 Summer term 1	Year 8 Summer term 1
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	 Identify healthy behaviours and sources 	 Identify healthy behaviours and 	 Identify healthy behaviours and 	 Identify healthy behaviours and 	 Identify healthy behaviours and 	 Identify healthy behaviours and
Assessment	of support	sources of support	sources of support	sources of support	sources of support	sources of support
	 Describe, analyse and evaluate situations 	Describe, analyse and evaluate	Describe, analyse and evaluate	Describe, analyse and evaluate	Describe, analyse and evaluate	Describe, analyse and evaluate
	and helpful strategies	situations and helpful strategies	situations and helpful strategies	situations and helpful strategies	situations and helpful strategies	situations and helpful strategies
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	N/A	N/A	N/A	N/A	N/A	N/A
learning	·	,	,	,	· ·	
learning Cultural	Encouraging inspirational career choices	Developing self confidence in a	Autonomy and advocacy	Critical analysis of media sources	Critical analysis of media sources	Autonomy and advocacy
learning Cultural capital and	 Encouraging inspirational career choices Invictus theatre performance exploring	Developing self confidence in a range of situations	Autonomy and advocacy Embracing new situations and	,	Critical analysis of media sources Exploring different cultural values	
learning Cultural	Encouraging inspirational career choices	 Developing self confidence in a range of situations Assertive communication 	Autonomy and advocacy	Critical analysis of media sources	Critical analysis of media sources	
learning Cultural capital and extra-	 Encouraging inspirational career choices Invictus theatre performance exploring resilience in response to adverse circumstances 	 Developing self confidence in a range of situations Assertive communication Being a valued member of the 	Autonomy and advocacy Embracing new situations and	Critical analysis of media sources	Critical analysis of media sources Exploring different cultural values	
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# Explore different careers and routes to employment # Monitor online activity # BBC Effective has a Parents toolkt # website dedicated to helping parents # navigate and discuss these issues # navigate and discuss these issues # https://www.bbc.co.uk/bitesize/parents # navigate and discuss these issues # https://www.bbc.co.uk/bitesize/parents # https://ww		topics covered	topics covered	topics covered	topics covered	topics covered	topics covered
* Monitor online activity * Bob Bic		Explore different careers and routes to	Monitor online activity	 Monitor online activity 	 Discuss and encourage financial 	Monitor online activity	Monitor online activity
BRC Bitesize has a Parents toolkit website dedicated to helping parents navigate and discuss these issues https://www.bbc.co.uk/bitesize/parents thtps://www.bbc.co.uk/bitesize/parents This part of the toolkit contains advice and information on emotional well-being NFCC has a decidented website containing advice and information for careers thtps://www.bbc.co.uk/bitesize/parents NFCC has a decidented website containing advice and information for parents this part of the toolkit contains advice and information on emotional well-being this part of the toolkit contains advice and information on emotional well-being this part of the toolkit contains advice and information on emotional well-being this part of the toolkit contains advice and information on emotional well-being this part of the toolkit contains advice and information on emotional well-being this part of the toolkit contains advice and information on emotional well-being this part of the toolkit contains advice and information on emotional well-being this part of the toolkit contains advice and information on emotional well-being this part of the toolkit contains advice and information on emotional well-being this part of the toolkit contains advice and information on emotional well-being this part of the toolkit contains advice and information for online safety this part of the toolkit contains advice and information for online safety this part of the toolkit contains advice and information for online safety this part of the toolkit contains advice and information for online safety this part of the toolkit contains advice and information for online safety this part of the toolkit contains advice and information for online safety this part of the toolkit contains advice and information for online safety this part of the toolkit contains advice and information of contains a		employment	BBC Bitesize has a Parents toolkit	 BBC Bitesize has a Parents toolkit 	planning and budgeting	BBC Bitesize has a Parents toolkit	BBC Bitesize has a Parents toolkit
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