

Bearwood Brilliance: Progression

Exercise and Learning New Things

Rookie	Put on my socks and shoes independently
Level 1	Go on a nature walk
Level 2	Learn to skip
Level 3	Learn how to tie a knot / shoelaces
Level 4	Learn to ride a bike
Level 5	Learn to touch type/create some new exercise equipment
Level 6	Try a new sport four times/Make something with basic tools

Eco

Rookie	Plant seeds or bulbs
Level 1	Grow plants to encourage bees or insects / Make an insect house
Level 2	Learn the names of 5 plants and be able to recognise them / do some weeding
Level 3	Separate types of waste to recycle
Level 4	Be a litter hero - arrange to go on a litter pick and go
Level 5	Be an energy saver - read the meter over 2 weeks; plan how to use less electricity in week 2 / Re-use an old thing
Level 6	Show how you have changed your ways and are recycling more or doing more for wildlife

Safety

Rookie	Learn to write your whole name
Level 1	Learn how to contact the emergency services
Level 2	Learn and recite your home address and postcode
Level 3	Know how to put a bandage on
Level 4	Know how to make a sling
Level 5	Before a family adventure, assess the risks and pack suitable first aid kit to take / Learn your parents mobile phone number off by heart
Level 6	Know when and how to put someone into the recovery position / know basic first aid

Cooking

Rookie	Decorate a biscuit
Level 1	Make and prepare breakfast
Level 2	Make a sandwich / Make your lunch
Level 3	Bake a cake
Level 4	Bake bread
Level 5	Baking of choice / Make a pot of soup
Level 6	Make a salad / Follow a recipe, accurately weighing all the ingredients

Around the Home

Rookie	Sort socks into pairs
Level 1	Load the dishwasher / Wash the dishes
Level 2	Make your bed and tidy your room for a week
Level 3	Clean two rooms, hoovering and dusting
Level 4	Hand wash an item of clothing and hang it out to dry
Level 5	Repair a tyre puncture / repair a broken object
Level 6	Know how to wash a large item like a car / Sew on a button and repair a tear

Looking After Myself

Rookie	Dress myself for school
Level 1	Get your uniform out before school
Level 2	Brush your teeth twice every day independently without parents having to ask
Level 3	Get everything you need ready for school for a week
Level 4	Clean a pair of shoes
Level 5	Set an alarm every day for two weeks and get ready for school on time independently
Level 6	Learn how to tie a school tie / Walk somewhere nearby for a reason; plan the route

Non-Physical Hobby

Rookie	Gather evidence to show that you have completed at least 10 hours of a hobby such as building blocks, painting, drawing, join a non physical club like Rainbows, Squirrels, or choose something of your choice
Level 1	Gather evidence to show that you have completed at least 15 hours of a hobby such as lego, painting, drawing / start the 50 reads challenge / join a non physical club like Rainbows, Beavers, or choose something of your choice
Level 2	Gather evidence to show that you have completed at least 20 hours of a hobby such as lego, painting, drawing / complete the 50 reads challenge / join a non physical club like Rainbows/Brownies, Beavers, or choose something of your choice
Level 3	Gather evidence to show that you have completed at least 30 hours of a hobby such as lego, painting, drawing / read 25 of the 100 Reads Challenge / join a non physical club like Brownies, Cubs, or choose something of your choice
Level 4	Gather evidence to show that you have completed at least 30 hours of a hobby such as lego, painting, drawing / collecting stamps, cards / learn a new language / learn a musical instrument / read 25 of the 100 Reads Challenge / join a non physical club like Brownies, Cubs, or choose something of your choice
Level 5	Gather evidence to show that you have completed at least 30 hours of a hobby such as lego, painting, drawing / collecting stamps, cards / learn a new language / learn a musical instrument / read 25 of the 100 Reads Challenge / sewing / crochet / knitting / modelling / join a non physical club like Brownies/Guides, Cubs/Scouts, or choose something of your choice
Level 6	Gather evidence to show that you have completed at least 30 hours of a hobby such as lego, painting, drawing / collecting stamps, cards / learn a new language / learn a musical instrument / complete the 100 Reads Challenge / sewing / crochet / knitting / modelling / join a non physical club like Brownies/Guides, Cubs/Scouts, or choose something of your choice

Public Service

Rookie	Put your litter in the bin
Level 1	Bring in items for Harvest / the school Winter or summer fayre / donate to charity
Level 2	Complete some early morning duties in class for at least a week / once a week for a term
Level 3	Listen to readers during lunchtime or become lunchtime supervisors in the hall – wiping tables for at least a week / once a week for a term
Level 4	Help a neighbour or relative
Level 5	Help someone in the local community, complete a sponsored event or help out at a local club or group
Level 6	Help with a school event such as Summer Fayre, Xmas Fayre, choir, parents evenings, stage design, nativity, school assemblies, STEM days or something similar

Careers

Rookie	Ask your family members about their jobs
Level 1	Make a poster about some of the people who help us
Level 2	Interview someone who works in a school
Level 3	Interview someone who works in a shop or a supermarket
Level 4	Interview someone who has a career you are interested in
Level 5	Research a career you are interested in make a list of qualities you will need, to be successful.
Level 6	Write a letter to a local MP about an issue that concerns you.

Oracy

Rookie	Talk to your parents about your favourite toy or book
Level 1	Talk to a pupil that you have never spoken to before about your favourite things
Level 2	Share a book or read to a Year R or Year 1 child
Level 3	Write notes on a conversation you had with a family member
Level 4	Pay for an item at a shop / Order a drink in a café / restaurant
Level 5	Give a speech to your family about an interest that you have for at least 2 minutes
Level 6	Give a speech to an adult at school about an interest that you have for at least 2 minutes / create a voice-over / podcast for an item on the school website

Little Leaders

Rookie	Have a little leader role in class for at least half a term
Level 1	Have a little leader role in class for at least half a term
Level 2	Have a little leader role in school for at least half a term
Level 3	Have a little leader role in school for at least half a term
Level 4	Have a little leader role in school for at least half a term
Level 5	Have a little leader role in school for at least half a term
Level 6	Hold a mentoring or little leader role in school for at least half a term

Personal Achievement

Rookie	What achievement are you proud of this year?
Level 1	What achievement are you proud of this year?
Level 2	What achievement are you proud of this year?
Level 3	What achievement are you proud of this year?
Level 4	What achievement are you proud of this year?
Level 5	What achievement are you proud of this year?
Level 6	What achievement are you proud of this year?

50 reads challenge per base.

25 reads per year