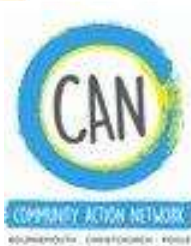


BOURNEMOUTH • CHRISTCHURCH • POOLE

ACCESS TO FOOD PARTNERSHIP



Ensuring everyone in Bournemouth, Christchurch and Poole can feed themselves and their family nutritious food, all of the time.



People's
Pantry



DORSET & WILTSHIRE
FIRE AND RESCUE



Waste Not
Want Not



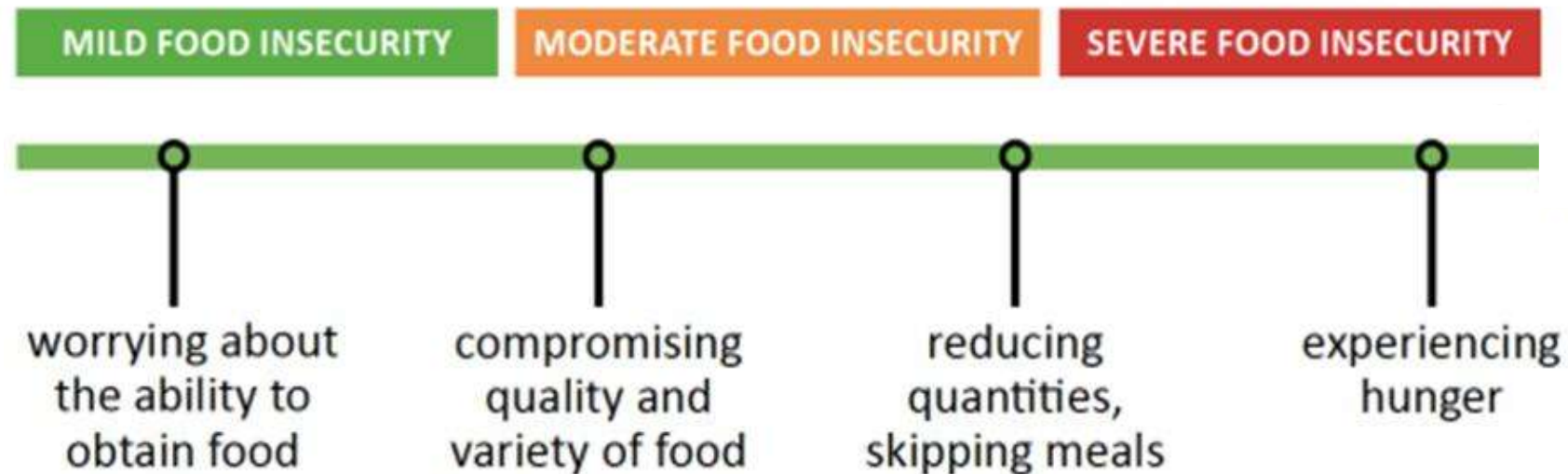
FAITHWORKS

help&care



What is food insecurity?

The state of **being without reliable access to a sufficient quantity of affordable, nutritious food.**



Source: PHD Hidden Hunger Research, 2018

What is food insecurity?

What do we mean by **without reliable access**?

- **Not enough financial income** to afford sufficient nutritious food along with bills/rent/mortgage etc
- **Poor physical proximity** (either by foot, car or reliable public transport) to shops that provide affordable nutritious food
- **Lack of cooking facilities** to cook nutritious food at home
- **Limited skills to be able to cook nutritious food** from scratch
- **Low confidence and personal wellbeing** to cook nutritious food for yourself and your household

If you're struggling to access food

1

Maximise Income

Through household grants, benefit assessments and debt advice

- [Household Support Fund](#) – Household grants, school holiday vouchers, energy schemes
- [Worrying About Money leaflet](#)
- [Turn2Us, EntitledTo, Policy in Practice - Better Off Calculator](#)
- Ensuring bills are kept low with support from Ridgewater Energy

2

Wrap around support

- Struggling to afford food is a symptom of something else
- Social Prescribers (GP's & Help & Care), Support Workers, Frontline teams
- Most Foodbanks now have additional support and agencies present

3

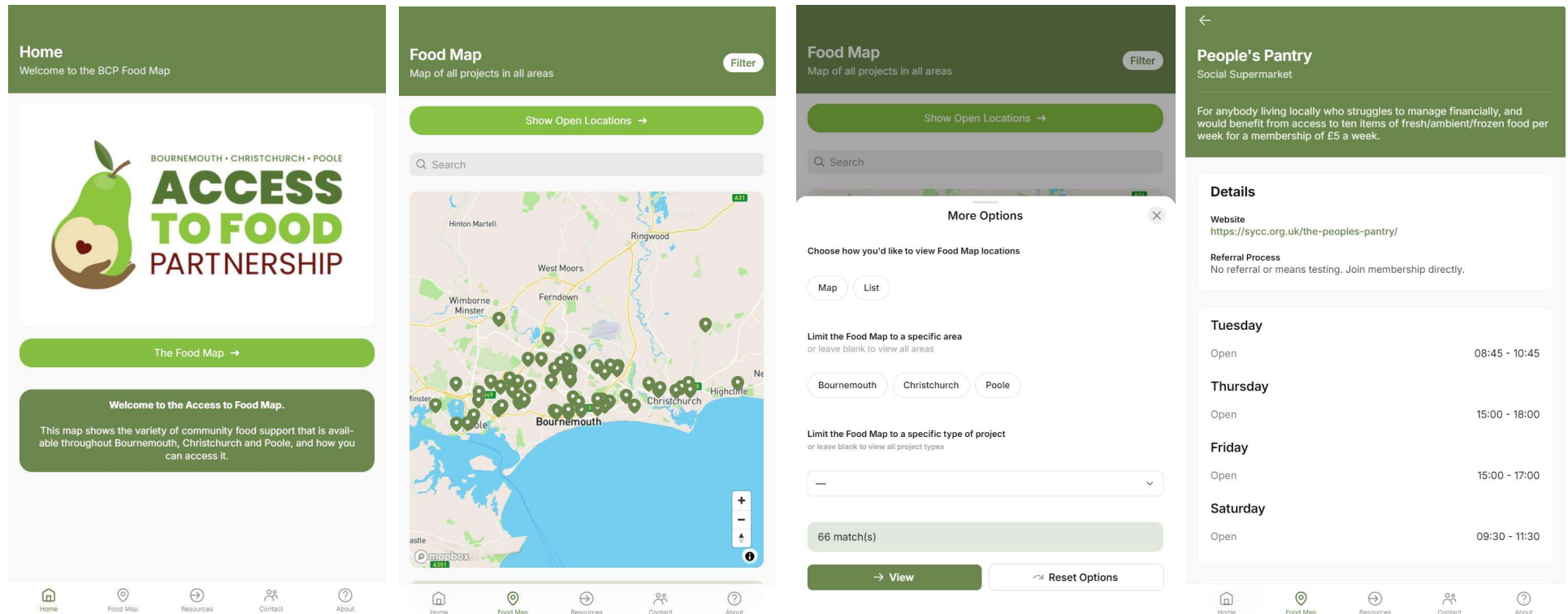
Community Food Project/s

- Emergency Food
- Building resilience
- Top up food/ fresh and ambient

The Access to Food Map and APP!

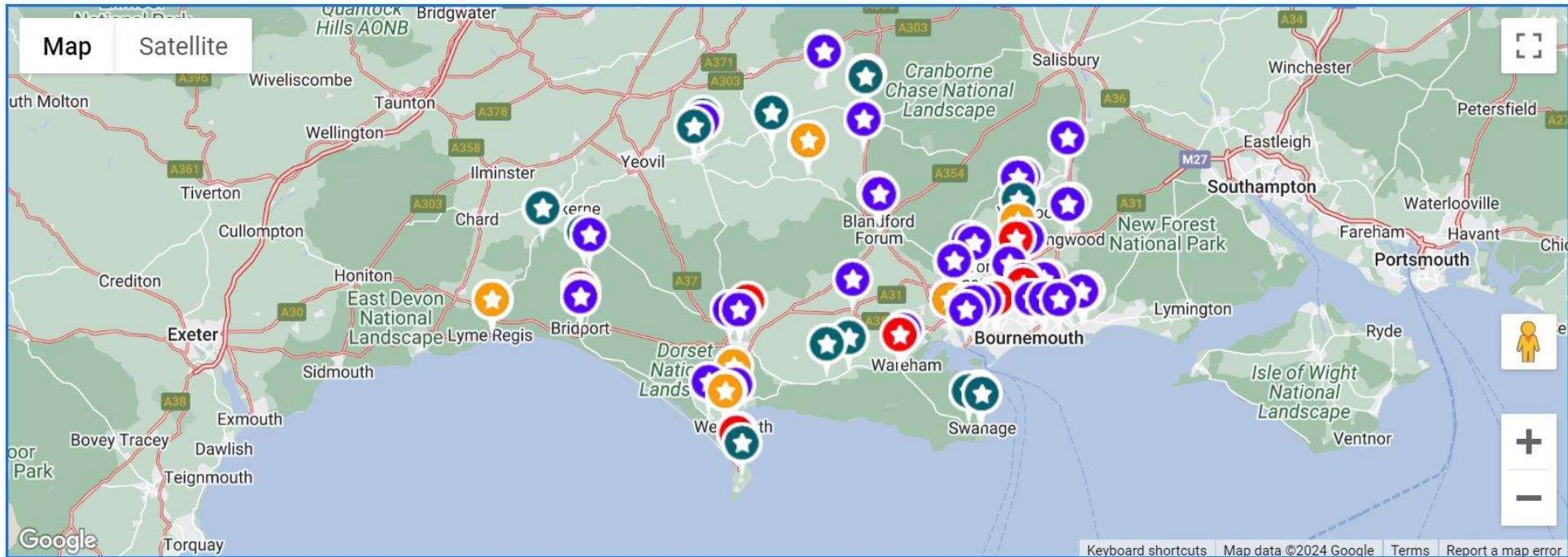


The Access to Food Map



www.bcpCouncil.gov.uk/accesstofoodmap

The Dorset Food Map



The map shows 4 kinds of food project.

Map
Markers



Food Banks



Community Fridges



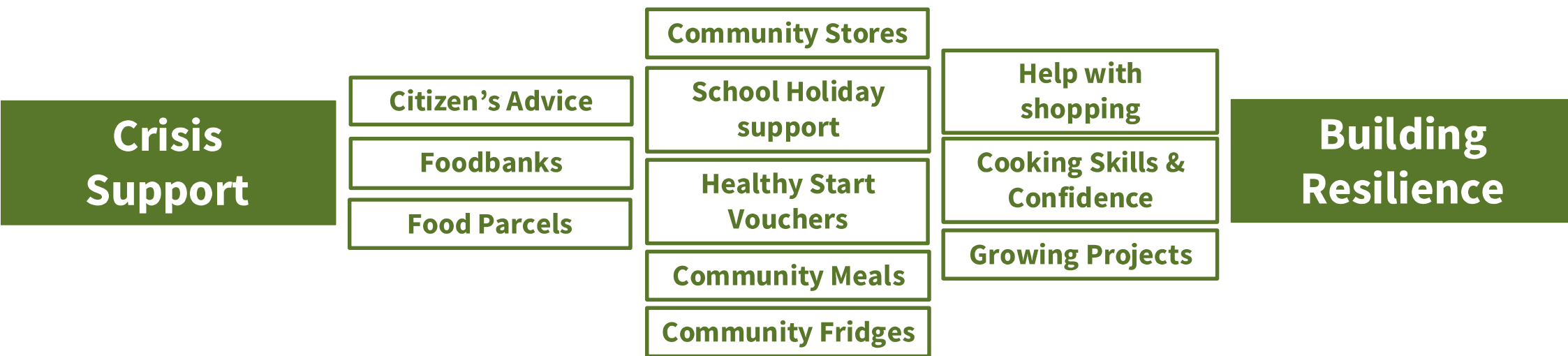
Social Supermarkets



Pop-Up Larders

<https://www.helpandkindness.co.uk/food-projects>

What support is out there?



Food Banks – emergency support

What

3+ day emergency food parcel of ambient food, cleaning products and toiletries (short term response to someone in crisis)

May also have a Community Hub model: meal in a bag, budgeting advice, cooking workshops, furniture banks, community meals

How to access

Referral Vouchers – wide variety of referrers including GPs, Schools, Citizen's Advice, BCP Council, direct referral.

Where

[Bournemouth Foodbank](#)

[Kinson and West Howe Foodbank](#)

[Poole Foodbank](#)

[Christchurch Foodbank](#)

[Dorset Help and Kindness food map](#)



Food Parcels

What

Food parcels to households in hardship / emergency food.
Mix of food, and some provide additional furniture, equipment and clothing if needed.

How to access

- Many work directly with schools, refuges and frontline services to deliver parcels.
- Some operate publicly and make surplus freely available to households in need.

Where

[Hope for Food – working directly with Schools](#)

[Winton & Parkstone Community Pantry - Public](#)

[BCP Shout Out – Working directly with local refuges and refugees](#)

Christmas hampers – list of providers added to [Access to Food Map](#) from November - January



Community Stores – More like a Shop

What

Community store/social supermarket/pantry
Residents become Members - shop ambient, fresh and frozen food at subsidised price eg: 10 items for £3.

Longer term support - 6months +

How

- Membership model, where members pay a yearly fee (£1-£5) to shop at the store.
- Some are means tested.
- Some encourage active community involvement.

Where

[Christchurch People's Pantry](#)

[Poole Waste Not Want Not](#)

[Poole Pantry](#)

[Moor Community Food](#)

[Dorset Help and Kindness food map](#)



School Holidays – Vouchers & Clubs

Foodbank Top Up Vouchers/School Support Voucher

- Schools refer 2 x vouchers per family over holiday period
- Available Christmas, Easter and Summer holidays

Free School Meals – Holiday Vouchers

- Households with children aged 5 – 16 in receipt of benefits-based FSM will be offered vouchers to cover the cost of lunches over the holidays
- Offered through schools directly
- Available until March 2025
- [How to sign up for Free School Meals](#)
- If household in hardship not in receipt of FSM then encourage them to speak to schools directly as they can still access support

Holiday Activities and Food Programme

- Free holiday activities (with food) for children & young people in receipt of benefits-based FSM.
- If household in hardship not receiving FSM then encourage them to speak to schools directly
- Holiday activities include arts, sports, outdoors, dance etc
- [Summer Holiday providers](#)

Healthy Start Vouchers

What is a Healthy Start Voucher?

Weekly vouchers for eligible families to spend at local participating retailers
To help with the cost of milk, fruit & veg, beans & pulses and formula.

Who's Eligible?

Anyone who is 10 weeks + pregnant and/ or households with a child under 4, who are in receipt of [a range of income support](#)

How to apply

- [Apply online](#) through the NHS Healthy Start website
- Email healthy.start@nhsbsa.nhs.uk
- Call 0300 330 7010



Community Meals – eating together

What

Hot meal offered in the community to enjoy together.

Work with particular groups e.g. elderly, those who are homeless/rough sleeping, families.

Open community meal for all - emphasis on community / Giving opportunities to be involved with cooking together / reducing social isolation and loneliness

How to access

Direct through the project or via partner agencies

Where

[Community Meals for people who are homeless or roughsleeping](#)

[Christchurch Foodbank+ Community Supper](#)

[Friendly Food Club Lunch Club](#)

[Christchurch Community Partnership](#) – Offering subsidised places at lunch clubs in Christchurch

New community meals added to [Access to Food Map](#)

[Adult Social Care Lunch Club Directory](#)

[Social Canteen Boscombe](#)



Community Fridges

What

Fridges in a public space – eg community centre or library. Focussed on reducing food waste.

Collect wasted food from neighbourhood shops, harvests from allotments and community gardens etc

How

Open to anyone to access.

No referrals or means testing needed.

Where

[Branksome and Rossmore Fridge](#)

[Feed Our Community- Boscombe](#)

[Townsend Community Fridge](#)

[Canford Heath Community Fridge](#)

[West Howe Community Fridge](#)

[Dorset Help and Kindness food map](#)



Cooking Skills and Confidence

What

Encouraging healthy home cooking through cooking skills workshops, both face to face, online and through 'cook boxes'.

Projects tend to work with particular groups (eg: families, children, low income households, vulnerable women)



How to access

Individuals can get in touch directly with project or via a referral (for Foodbank offers)

Where

[Friendly Food Club Workshops & Cookboxes](#)
[Bournemouth Foodbank – Eat Well Spend Less](#)
[BCHA Learn's Food for Life Course](#)



Growing Together

What

Developing people's relationship with food and where it comes from. Projects improve mental health, sustainability and local food supply.

How

Projects link with schools, housing partnerships, community centres, community fridges, community stores and food cooperatives.

Where

[Grounded Communities](#)

[Townsend Community Growers](#)

[BCHA – New Leaf Allotment](#)

[Tatnam Organic Patch](#)



How can I help?

Spread the word

- Spread the word in your community about all this support
- Check in on your friends, family and neighbours

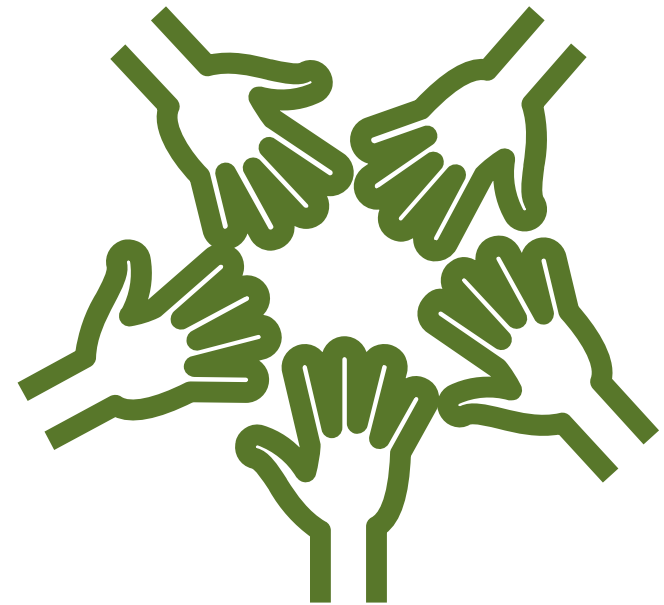
Donations

- Arrange a good quality food collection in your team
- Download [Bank the Food app](#) to follow local foodbanks urgent needs and have reminders to donate whenever you enter a supermarket
- If you can afford it, set up a regular cash donation to a local food project – [Access to Food Map](#)

Volunteer

- Collecting food, packing, making cups of tea, being a friendly face
- Become a trustee

Make a Good Referral ...



What is the Partnership working on?

Recipe Book

- Bringing together our local recipes
- Sharing stories of local support

One Stop Glut Hut

- Short term, on demand partnership food storage facility
- Making the most gluts from harvests and donations

Growing the Access to Food Comms

- Growing social media engagement
- Increasing Access to Food Map usage

Neighbourhood Access to Food Conversations

- Working together on a neighbourhood level
- Creating strong community links for community resilience



Stay informed and updated

[Join the Access to Food Mailing List](#) and partnership forums

Like & share the [Access to Food Facebook Page](#)

Use the [Access to Food Map](#)

See what the [Access to Food Partnership](#) has done so far

Visit the Council's [Cost of Living](#) hub for more info

**Thank you for watching this
presentation on Access to Food in
Bournemouth, Christchurch and Poole.**

