

We'd love to hear from you!

Denise Thomson, Hugh Thomas, Kate Salter and Helen Morse are the Sustrans Schools Officers for BCP. Kate Salter is also the Air Quality Officer for BCP. Please get in touch if you have any great school stories or would like to find out more about our school work.

Email:
bcpschools@sustrans.org.uk

Useful information:

Road Safety

Did you know children under 16 are one of the most vulnerable groups of road users and most likely to be involved in a collision during the school run? Here's what you can do to help keep children safe.

<https://share.sustrans.org.uk/share/public/?file=57e20c31>

Password: roadsafety.

Bikeability

BCP offer Bikeability in schools and for adults and families.

Alternatively, if you are a family or adult who would like to receive Bikeability training, more information can be found at:

[Bikeability family training | BCP](https://www.bcp.gov.uk/bikeability)
([bcpcouncil.gov.uk](https://www.bcp.gov.uk/bikeability))

Sustrans

Sustrans is a charity that makes it easier for people to walk, wheel and cycle. Sustrans is funded by Bournemouth, Christchurch and Poole (BCP) Council to work with schools to encourage and enable more children to walk, wheel and cycle to school. This helps to reduce congestion on the roads and makes the journey to school more enjoyable. Your school is one of 33 schools in the BCP area that has been chosen to work with Sustrans. Your child may have told you about some of the activities we have done at your school, for example Dr Bike, Learn to Ride, Assemblies, Clean Air sessions, The Golden Lock, Cycle Skills, Puncture Repair Sessions and lots more.



Clean Air Project

Sustrans Clean Air Project has worked with nine primary schools to raise awareness about air quality and empower children to think about what they could do to make a difference. This term Kate has been working with two Secondary Schools. The students involved are completing their own science investigation into the relationship between cars and air pollution levels. Once completed, each student will gain a prestigious science qualification – a Crest award.

Alongside delivery in schools, we have been involved in an exciting project with Bournemouth University media students. Each year they run the BFX Festival. As part of this, they offer the opportunity for charities and community groups to pitch to their students to have a 30 second animation made for free. We were delighted to be chosen for this and were privileged to then spend a few months working alongside a very talented set of media students. The resulting animation is available to watch here..

[Claymation Clean Air](#)



Sustrans is the charity making it easier for people to walk and cycle.

We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute. Join us on our journey. www.sustrans.org.uk

Leg it to Lapland

In December, an amazing 22 schools across BCP took part in a week long active travel challenge designed to keep children walking, cycling and scooting through the winter. During the week, each time pupils travelled actively to school, they clocked up virtual miles on our 2,116 mile journey to Lapland. Every pupil who did at least two active journeys during the challenge, was also entered into a prize draw with the chance of winning some fantastic prizes. Well done to all the pupils who took part. The journeys are still being counted and the winning school will be announced shortly.



Bikeability

Bikeability have teamed up with Decathlon this holly-day season to bring you a tree-mendous festive challenge, Santa's Worldwide Ride. From Monday 2nd - Sunday 22nd December, They are giving away a cycling bundle worth over £250 courtesy of Decathlon. Including:

- ★ One children's bike with lights set included
- ★ Rockrider helmet
- ★ Cycle lock



Santa has to travel 160 million kilometers on Christmas Eve to visit all the children around the world. Bikeability calculated how many kilometers a single child travels during a Bikeability Level 2 course, and they are asking families:

How many children would it take, completing their Bikeability course, to match Santa's journey?

To find out how to enter visit [Bikeability Trust and Decathlon festive challenge, Santa's Worldwide Ride - Bikeability](#)

School Streets

The School Streets programme helps tackle congestion, poor air quality and road safety concerns that many schools experience. This is done by restricting motor traffic on the school road for a short period of time, at drop-off and pick-up times. So far in BCP six School Streets have been made permanent and two are in trial form. The result is a happier, safer and healthier street environment for everyone.



One parent said, "The temporary street closure has transformed our walk to school. It provides a much safer route and allows a calmer pick up."

A big thank you also to the volunteers who make the School Streets closures so friendly and welcoming. The elves have been particularly mischievous at St Clement's and St John's School Street.



Some helpful volunteers at Pokesdown School Street.



Artwork on the Street at Livingstone Road Primary Federation.

The mischievous elves at St Clement's and St John's CofE Infant School



New Year's Resolution

Travelling actively can not only help improve concentration and focus but can be a great way to start the day whilst also helping to reduce air pollution. Why not start the new year with an active travel New Year's resolution.



Sustrans is grateful for the continued support of BCP Council for our schools work in Bournemouth, Christchurch and Poole.

