

We'd love to hear from you!

Denise Thomson, Kate Salter and Helen Morse are the Sustrans Schools Officers for BCP.

Please get in touch if you have any great school stories or would like to find out more about our school work.

Email:

bcpschools@sustrans.org.uk

Useful information:

Children's Walking and Cycling Index

This year's Big Walk and Wheel coincided with the launch of the Children's Walking and Cycling Index, designed to help us understand the behaviours, barriers and attitudes affecting how children walk, wheel and cycle in the UK and give children a voice.

Launched on 26th February, this report, sponsored by Halfords, found that 81% of children want more traffic-free paths and quiet routes for walking and cycling and 78% want more cycle paths along roads physically separated from cars.

Another key finding was that 51% of children want to cycle more. Click here to find out more:

[Children's Walking and Cycling Index - Sustrans.org.uk](https://www.sustrans.org.uk/childrens-walking-and-cycling-index)

BCP schools take part in Sustrans Big Walk & Wheel

Sustrans Big Walk and Wheel inspires pupils to make active journeys to school, improve air quality in their neighbourhood, and discover how these changes benefit their world. This year, an amazing 22 schools in BCP signed up for the challenge, with 2,758 schools in the UK taking part.

BCP Bike It Schools took part in a range of exciting activities, including launch assemblies, poster design competitions, Learn to Ride sessions and Dr Bikes.

It has been great to see everyone getting involved and travelling more actively to school. The final results are not yet in, but a huge well done to all schools that logged their journeys, St Clements and St John's Infants who are the leading school in BCP Small Primary category, and Mudeford Junior School, who are leading in the BCP Large Primary School category.



Somerford
Poster
competition
winner

Livingstone Academy Balance Bike sessions



Leg it to Lapland prize

In December, 22 schools across BCP took part in Leg it To Lapland, where the children were challenged to virtually travel 2,116 miles to Lapland by either walking, scooting or cycling.

The winning school, Pokesdown Primary School, enjoyed a fantastic day with Terry Price watching his amazing scooter demonstration and taking part in some scooter skills sessions. The children were really inspired by Terry and had a fantastic day learning lots of fun tricks. Follow this link to learn how to check your scooter, master some simple tricks, and find safety tips.

[Scooter skills and safety with MADD Gear's Terry Price](#)



Sustrans makes it easier for everyone to walk and cycle.

We work for and with communities, helping them come to life by walking, wheeling and cycling. We campaign to create healthier places and happier lives for everyone. Join us on our journey. www.sustrans.org.uk

Pedal Pass On

We worked with various schools and groups to organise the 'Pedal Pass On', where unwanted cycles were donated, refurbished and given out free of charge to young people who did not have access to one.

By the end of the project we were able to donate 40 cycles to young people across BCP.



Brother and sister both received bikes. Their parents donated the bikes they had grown out of.



Collecting donated bikes.

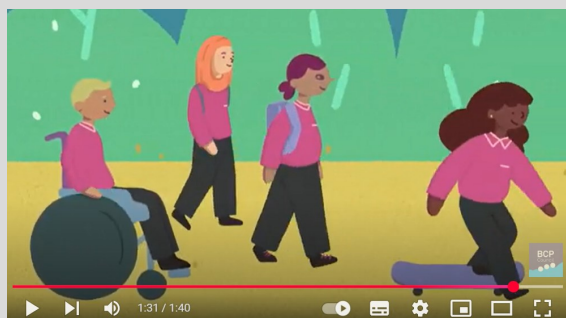
Air Quality

A new animation has been created to encourage children to travel actively and highlight the dangers of air pollution.

As part of Bournemouth, Christchurch and Poole (BCP) Council's Clean Air Schools project, Kate Salter, Sustrans Schools and Air Quality Officer, worked with BCP travel team and local animator, Rowena Sheehan to create an animation for schools. The animation highlights the dangers of air pollution and encourages positive changes in travel behaviour.

Clean Air

Kate has also been continuing to work with two Secondary Schools in BCP this term, completing their own science investigation into the relationship between cars and air pollution levels. Once completed, each student will gain a prestigious science qualification—a Crest award.



Looking for Inspiring families

At Sustrans we are all about sharing stories and inspiring others to get active for the journey to school.



We are looking to speak to parents, carers and teachers who have changed their trip to school from a car to an active journey.

- Have you ditched the car and started walking together as a family?
- Have you started cycling to school with the kids?

If so, we would love to talk to you about what inspired you to make the change and what impact it has had on you and / or your family.

If you would be interested in sharing your story with us and potentially featuring in this newsletter, please email bcpschools@sustrans.org.uk

Public Health Dorset

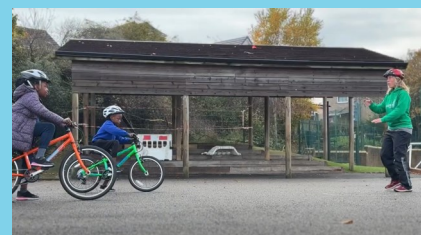


In 2022-23, Public Health Dorset provided funding to BCP Council to help us purchase bikes for BCP schools. This meant that more children and young people could have the opportunity to learn how to cycle.

These bikes have been used in a number of different schools to help teach children to ride, build their confidence and take part in bike clubs.

This video (link below) shows how the funding benefited the team, schools and children. Thank you to Public Health Dorset for creating the video and Longfleet Primary School for taking part.

[Bike It Plus: helping children and young people learn to cycle](#)



Sustrans is grateful for the continued funding and support from BCP Council for our schools work in Bournemouth, Christchurch and Poole.

