

New National Restrictions

As you know, the on 5th November, the government published new national guidelines which can be found at the following link:

<https://www.gov.uk/guidance/new-national-restrictions-from-5-november>

Please remember that If you live in the same household as someone with COVID-19 the guidance states:

Stay at home for 14 days. The 14-day period starts from the day the first person in your house developed symptoms:

- a new continuous cough
 - a high temperature
 - a loss of, or change in your normal sense of taste or smell
- or
- if they do not have symptoms, from the day their test was taken.

If you do not have symptoms of COVID-19 yourself you do not need a test. Only arrange a test if you develop COVID-19 symptoms.

If you develop symptoms and your test result is positive - stay at home and self-isolate for 10 days from when your symptoms started, regardless of where you are in your 14-day period.

Ventilation



As much as possible, we have ensured that fresh air is increased within school by opening windows in classrooms and doors frequently to encourage ventilation. We know some children have felt a little cold if they have been sat near the windows and have tried to work around this. However, as we move into cooler months it may be worth considering the children wearing an extra layer of clothing or a fleece.

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