

MES LUNCH MENU - WEEK 1

Week Commencing:

Dairy free & gluten free options are also available

31/08/2026

21/09/2026

12/10/2026

09/11/2026

30/12/2026

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Scrambled Egg with
Sausage
Scrambled Egg with Quorn
Sausage
Jacket Potato
Sandwich

Meatballs
Vegetarian Meatballs
Jacket Potato
Soft Roll

Roast Chicken
Quorn Fillet
Jacket Potato
Wrap

Pepperoni Pizza
Cheese Pizza
Vegan Cheese Pizza
Jacket Potato
Baguette

Hot Dog (in a bun)
Quorn Hot Dog
Fish Cake
Jacket Potato
Sandwich

Accompaniments

Cubed Potatoes
Baked Beans

Pasta
Carrots

Mashed Potatoes
Roast Potatoes
Mixed Vegetables
Gravy

Potato Waffles
Sweetcorn

Potato Smiles
Spaghetti Hoops
Tomato Ketchup

Desserts

Ice Bun
Yoghurt
Fruit

Pancakes
Yoghurt
Fruit

Syrup Sponge & Custard
Yoghurt
Fruit

Jelly
Yoghurt
Fruit

Chocolate Muffin
Yoghurt
Fruit