



# Birdsedge First School

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Head Teacher: Mrs D Waddington

Friday 2<sup>nd</sup> February 2023

Dear Parents and Carers



Next week is Children's Mental Health week and there will be a lot of activity in school supporting children to learn about how we keep ourselves healthy, happy and safe. In PSHE this term children have been using the NHS 5 steps to mental wellbeing to learn how to manage good mental health and I wanted to write to you about one of these steps that the children are keen to be involved in.

As a community we **give** so much to school through our Friends of Birdsedge group and children know and value how much this impacts on us as a school. However, when thinking about the '**give**' part of mental wellbeing, we decided that we wanted to give to something outside of

school as well, which is what I write to you about today.

As some of you may know, Miss Kimberley first joined us at Birdsedge First three years ago to complete her voluntary experience hours as part of her educational support adult qualification. Since finishing her studies, Miss Kimberley has continued to volunteer weekly in school and also has a role as part time lunch time supervisor and playworker. Miss Kimberley is the most positive person we know, she brings so much warmth and cheer to Birdsedge and we love to dance, play and learn from her! What a lot of you may not know about Miss Kimberley is that she is also a committed advocate for raising awareness and spreading inspiration for those affected by childhood cancer. Having survived cancer herself a number of times, Kimberley is currently organising a charity gala to raise money for those charities who have supported her over time in her journey. The children would like to give back to Miss Kimberley by raising money to make the gala a success and contribute to the significant funds Miss Kimberley aims to raise. Led by school council, children have come up with a number of fundraising events they would like to be involved in from now until the Gala to help with this. These include:



- Tuesday 6<sup>th</sup> February - Pound for Pancakes Day: Children can bring a suggested donation of £1 and have pancakes at school. There will be options to suit every child and special consideration has been given to those with dietary needs, allergies or intolerances so that this event can be accessed by all.
- Friday 23<sup>rd</sup> February - Community Cafe: 2:30 - 4:00 pm, donations of baked goods very welcomed and everyone is welcome to call in at School for coffee, tea, and cakes to raise money for the Gala. Please bring cash to pay at the Cafe on the day, and share this date with friends and family!
- Friday 1<sup>st</sup> March - Pyjama Party! from 5pm till 8:30, children can come to school for games and activities in the hall, including a mini-disco, karaoke and games, at a cost of £10 per child. A light snack will be provided along with hot chocolate or juice/water. We will then watch a film and children are welcome to snuggle up in their sleeping bags with their favourite teddy! Parents to collect at 8:30pm please.



- Friday 15<sup>th</sup> March - Name the Birdsedge Mascot: Children will have the chance, for a suggested £1 donation, to submit their choice of name for the new Birdsedge First School mascot! The names will go into a draw and one winner will be chosen as the official name of our new mascot (from Build A Bear).
- Wednesday 10<sup>th</sup> April - Sports and Fitness Day and Football Tournament: an idea from the children who have told us they would love a full day of sports, activity and competition! Through School Council discussions, children will choose the sports and events they would like to take part in throughout the day. There will be a football tournament during the afternoon which is already causing much excitement! Suggested donation of £2 per child to include some light refreshments.

Payment for all the events will be in cash please, due to the donations going towards the Gala. Payment can be made through the office or through your child's class teacher, in envelopes clearly labelled with the event and your child's name on them, so that we can make accurate records of participants.

Thank you in advance for your support.

Kindest Regards

A handwritten signature in black ink, appearing to read 'D Waddington', with a horizontal line underneath.

Mrs D Waddington



13TH  
APRIL 2024

VENUE  
UNITY HALL, WAKEFIELD

6PM  
DOORS OPEN 5PM

# LIFE WITH THE RIBBON Charity Gala

An Evening Of Live Performances

In Aid Of

MACMILLAN  
CANCER SUPPORT  
\*261017

STARLIGHT

beads  
of COURAGE®  
UNITED KINGDOM  
\*1141987

\*296058

\*ENGLAND & WALES REGISTERED CHARITY NUMBERS\*

## A Charity Gala is coming to Wakefield

MY NAME IS KIMBERLEY HATTERSLEY-BARTON, I'M 26 YEARS OLD AND I AM A SURVIVOR OF 4 CANCER DIAGNOSIS'S. THE PURPOSE OF MY EVENT, AND MY GOAL, IS TO RAISE FUNDS TO ENABLE MY 3 CHOSEN CHARITIES TO CONTINUE TO PROVIDE SUPPORT AND OPPORTUNITIES TO THOSE WHO ARE FACING EXTREMELY LIFE THREATENING CHALLENGES. MACMILLAN CANCER SUPPORT, BEADS OF COURAGE UK & STARLIGHT CHILDREN'S FOUNDATION HAVE ALL SUPPORTED ME THROUGH THE MOST DIFFICULT LIFE EXPERIENCES; AND NOW I WANT TO GIVE BACK AND SUPPORT THEM THROUGH RAISING MONEY AT MY GALA NIGHT TO HELP MORE PEOPLE LIKE ME.



## MEET THE CHARITIES



FIND KIMBERLEY ON FACEBOOK AND INSTAGRAM

@KIMBERLEYS\_LIFE.WITHTHERIBBON



### MACMILLAN CANCER SUPPORT

My Macmillan nurse is the reason I wanted to fundraise for Macmillan; this was the first encounter I had with the charity, they have been there whenever I've needed something chasing up or a key contact to discuss details of my care with.

### beads of COURAGE®

The Beads of Courage programme is designed to provide a physical-visual treatment diary while supporting children and teenagers through serious illness and medical procedures.

### STARLIGHT

Starlight provide play therapy and resources for children's hospitals/wards to help optimise the wellbeing of patients through treatment both as in-patients and out-patients. I have had first hand experience with them and found them to be hugely beneficial

STANDARD - £20

PREMIUM - £25

## THE ROUND UP



My chosen charities have supported me in many ways during and after treatment. They are key in supporting patients' wellbeing, decrease illness related distress and increase positive coping strategies to support individuals and their families. They all also provide a sense of relief during and post diagnosis in each of their own unique ways.

Personally, these charities enabled me to cope, process and move forwards after my own diagnosis's; something that was essential with what I have experienced. Come and support my event, help me raise money for incredible charities and celebrate with a night of live performances!

<https://www.ticketsource.co.uk/whats-on/wakefield/unity-hall-and-business-space/life-with-the-ribbon-charity-gala/e-pgzmjn>



# LIFE WITH THE RIBBON *Charity Gala*

13th April 2024, 5pm Onwards

## An Evening Of Live Performances

FEATURING **WEST END** & PERFORMING  
INDUSTRY PROFESSIONALS

*Cinderella*, *Les Misérables*, **PRETTY THE MUSICAL WOMAN**, **WAITRESS** & MORE

**MARIA PENROSE DANCE STUDIOS**

IN AID OF

MACMILLAN.  
CANCER SUPPORT

beads  
of COURAGE  
UNITED KINGDOM

STARLIGHT

**STANDARD TICKETS - £20\***

Unreserved seating

**PREMIUM TICKETS - £25\***

Unreserved seating in premium allocated rows in  
the front half of seating and 1 Gala Programme.

**Venue: Unity Hall Wakefield**

\*ADDITIONAL WEBSITE BOOKING FEES APPLY

(PLEASE NOTE, ALL SEATS ARE UNRESERVED AND ARE ON THE DAY FIRST COME FIRST SERVED BASIS)

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## Charity Gala

An Evening Of  
Live Performances

**13TH**  
APRIL 2024

VENUE  
**UNITY HALL, WAKEFIELD**

**6PM**  
DOORS OPEN 5PM



Tickets

STANDARD - £20

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Ticket Link

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