

MENU WEEK 1

SERVED W/C:

17th Nov | 8th Dec | 19th Jan | 9th Feb |
2nd Mar | 23rd Mar | 13th Apr

THE
FOOD
EXPLORERS

Hutchison

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	OPTION 1 Rainbow Vegetable Stir Fry Noodles	Cheese & Bean Lasagne	Vegan Puff Pastry Roll	Vegetable Bolognaise with Penne Pasta	Vegan Vegetable Nuggets & Chips
	OPTION 2 Ham & Cheese Pasta <i>Tom Pasta.</i>	Traditional Creamy Beef Lasagne	Roast Gammon with Roast Potatoes & Gravy	Chicken in a Katsu Curry Sauce & Rice	Fish Fingers & Chips
VEGGIES 	Carrots & Peas	Broccoli	Roasted Carrots & Parsnips	Peas	Beans
FILLED ROLLS 	Ham Cheese	Chicken Egg	Ham Cheese	Tuna Mayo Cheese	Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 	Blueberry Cookie Bar	Chocolate & Banana Brownie	Peach & Pineapple Crumble	Apple & Cocoa Sponge	Lemon Shortbread
-------------------------	----------------------	----------------------------	---------------------------	----------------------	------------------

Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

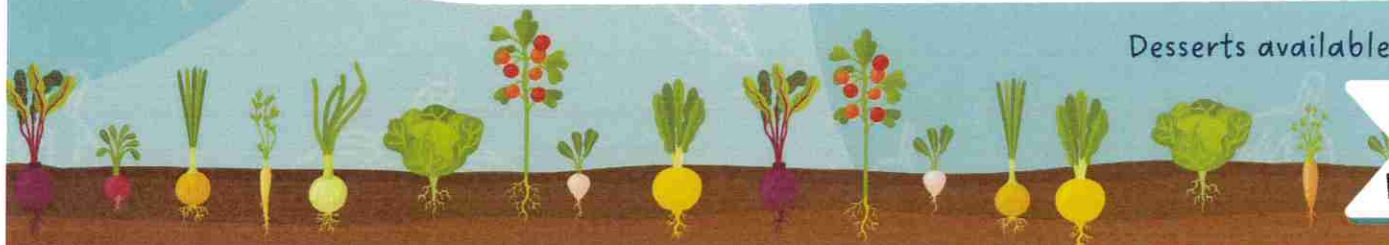
Vegetarian



Vegan



Added Wholewheat



MENU WEEK 2

SERVED W/C: 3rd Nov | 24th Nov | 15th Dec | 5th Jan | 26th Jan
| 16th Feb | 9th Mar | 30th Mar | 20th Apr

THE
FOOD
EXPLORERS

Hutchison

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	OPTION 1 Margherita Pizza & Wedges 	Vegan Sausage with Mashed Potatoes & Gravy 	Vegan Cottage Pie & Gravy 	Baked Cheesy Macaroni Pasta 	Tex-Mex Vegetable Fajita Wrap
	OPTION 2 Salmon Pasta Bake 	Pork & Beef Sausage, Mashed Potatoes & Gravy 	Roast Turkey with Roast Potatoes & Gravy 	Creamy Chicken Curry, Carrot Rice 	Fish & Chips
VEGGIES 	Peas 	Carrot & Peas 	Broccoli & Cauliflower 	Carrot & Mixed Salad 	Baked Beans
FILLED ROLLS 	Tuna Mayo Cheese 	Chicken Egg 	Ham Cheese 	Tuna Mayo Cheese 	Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 	Garden Brownie 	Oaty Apple Crumble & Custard 	Original Flapjack 	Chocolate & Carrot Muffin 	Lemon Sponge & Custard
-------------------------	--------------------	----------------------------------	-----------------------	-------------------------------	----------------------------

Desserts available every day - a choice of jelly, fruit or yoghurt

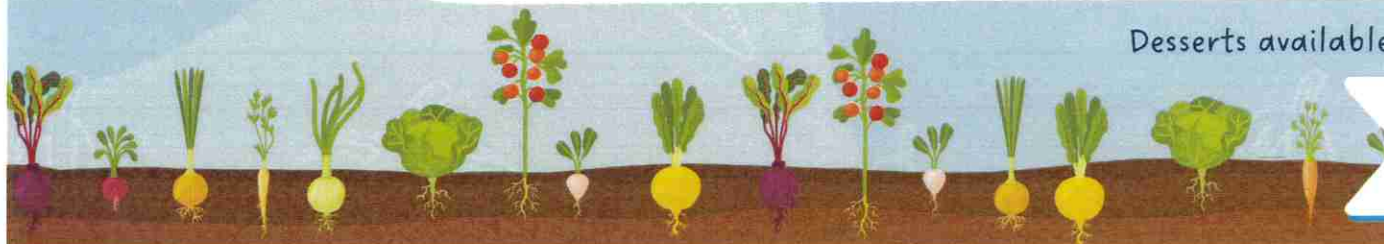
KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat



MENU WEEK 3

SERVED W/C: 10th Nov | 1st Dec | 22nd Dec | 12th Jan |
2nd Feb | 23rd Feb | 16th Mar | 6th Apr

THE
FOOD
EXPLORERS

Hutchison

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	OPTION 1 Quorn Dippers with Oven Baked Wedges & Tomato Ketchup 	Vegan Bolognaise Penne Pasta 	Roast Quorn Fillet with Roast Potatoes & Gravy 	Baked Cheesy Macaroni Pasta 	Vegan Sausage Roll & Chips 
OPTION 2	Margherita Pizza & Wedges 	Beef Bolognaise Penne Pasta	Roast Chicken with Roast Potatoes & Gravy	Chicken Pie with Mashed Potatoes & Gravy	Fish Fingers & Chips
VEGGIES 	Peas 	Sweetcorn 	Broccoli 	Carrots 	Beans 
FILLED ROLLS 	Ham Cheese	Chicken Egg	Ham Cheese	Tuna Mayo Cheese	Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 	Vanilla Shortbread 	Mixed Berry & Apple Crumble with Custard 	Apple Strudel & Custard 	Gingerbread Squares with Custard 	Garden Brownie 
--	--	--	---	--	--

Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice 

Vegetarian 

Vegan 

Added Wholewheat 

