

# health & social care

BTEC Preparation Pack



STEP UP TO  
SIXTH FORM

## Overview

The Health and Social Care department is made up of eight specialist teachers. We offer the BTEC National Extended Certificate (single option) and BTEC National Diploma (double option). The assessment is a mixture of exam, coursework and controlled assessment. Both courses are modular and you will gain credit towards your final qualification in both years of study

## Online Courses

<https://www.open.edu/openlearn/health-sports-psychology/lottery-birth/content-section-overview?active-tab=description-tab>

In this FREE online learning course you will examine the inequalities of birth, particularly being born rich or poor and being born female or male. You'll use a variety of disciplines in the course such as demography, health studies, sociology, social policy, history, political science and economics.

## Interactive Resources

During your course you will look at theories which influence development during the different life stages. One of these theories is called Attachment Theory.

**Read about attachment theory here:** <https://www.simplypsychology.org/bowlby.html>

Using the information **can you**.....

**Explain** the main idea of John Bowlby's attachment theory?

**Identify** three types of behaviour a baby would display (social releaser) to seek closeness (proximity) to their main caregiver and to receive care and comfort?

**Give** three conditions that seem to threaten the achievement of proximity (closeness) between the infant and the main caregiver?

**Explain** why a strong bond of attachment is important to the development of the infant?

One of the main factors in developing a bond of attachment is not food but care and responsiveness from the main caregiver.

**Can you** identify three activities during the infant's daily routine which may promote bonding between the infant and the caregiver (other than feeding)?

## Reading



\* **Fighting for Your Life: A Paramedic's Story** – Lisa Wylder: <https://www.amazon.co.uk/Rapid-Response-True-Stories-Paramedic-ebook/dp/B0078XGXF8>

## Films & TV



- **The Pursuit of Happiness.** This film goes through the 'life changes' that happen to a father and son and the effects, positive and negative, that they have on their lives. This is a topic in the Unit 1 exam.

In Unit 5 of the course you will learn about the values and skills that you will need for a career in social care or health care. The 6 C's are a set of core values that all health and social care professionals should embody and were developed following on from serious failings in care in settings such as Winterbourne View.

**Nurses explaining the importance of the 6 C's in their practice: Care, commitment, compassion, competence, communication and courage.**

<https://www.youtube.com/watch?v=qELLtVOyy6c&fbclid=IwAR1mvpdZHrTbQ93Rsz1mib2TBdoYZpgPKOvYdwU-6rMKvpPeYafeiZtbnd4&app=desktop>

In the programmes below, you can see many examples of health and social care professionals using the 6 C's. Think about what each 'C' means and write down the professional using the skill and how they show it to the service user.

- **24 Hours in A&E** - <https://www.channel4.com/programmes/24-hours-in-ae>

- **999. What's Your Emergency?** - <https://www.channel4.com/programmes/999-whats-your-emergency>

- **One Born Every Minute** - <https://www.channel4.com/programmes/one-born-every-minute>

## Course Specifications



[https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446937976\\_BTEC\\_Nat\\_Cert\\_HSC\\_AG\\_Spec\\_Iss3C.pdf](https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446937976_BTEC_Nat_Cert_HSC_AG_Spec_Iss3C.pdf)