

# health & social care.

BTEC Preparation Pack



STEP UP TO  
SIXTH FORM

## Overview

The Health and Social Care department is made up of 8 specialist teachers and one placement officer. We offer the BTEC National Extended Certificate (single option) and BTEC National Diploma (double option). The Diploma has a one day per week work placement built into the course. The assessment is a mixture of exam, coursework and controlled assessment. Both courses are modular and you will gain credit towards your final qualification in both years of study

## Online Courses

<https://www.open.edu/openlearn/health-sports-psychology/lottery-birth/content-section-overview?active-tab=description-tab>

In this FREE online learning course you will examine the inequalities of birth, particularly being born rich or poor and being born female or male. You'll use a variety of disciplines in the course such as demography, health studies, sociology, social policy, history, political science and economics.

## Interactive Resources

During your course you will look at theories which influence development during the different life stages. One of these theories is called Attachment Theory.

**Read about attachment theory here:** <https://www.simplypsychology.org/bowlby.html>

Using the information **can you**.....

**Explain** the main idea of John Bowlby's attachment theory?

**Identify** three types of behaviour a baby would display (social releaser) to seek closeness (proximity) to their main caregiver and to receive care and comfort?

**Give** three conditions that seem to threaten the achievement of proximity (closeness) between the infant and the main caregiver?

**Explain** why a strong bond of attachment is important to the development of the infant?

One of the main factors in developing a bond of attachment is not food but care and responsiveness from the main caregiver.

This short video clip shows how the bonding process can develop: <https://www.youtube.com/watch?v=VXLtrMla9dA>

**Can you** identify three activities during the infant's daily routine which may promote bonding between the infant and the caregiver (other than feeding)?

## Reading



\* This is a sample copy of the **Unit 1 exam textbook pages**, it's a really good way to introduce yourself to the unit and the wide range of topics covered: [download here](#)

\* The **Pearson textbook** provides a good overview of unit 5 and shows the broad range of topics you will cover: <https://bit.ly/2Xcta2v>

\* **Fighting for Your Life: A Paramedic's Story** – Lisa Wylder: <https://www.amazon.co.uk/Rapid-Response-True-Stories-Paramedic-ebook/dp/B0078XGXF8>

## Films & TV



- **The Pursuit of Happiness.** This film goes through the 'life changes' that happen to a father and son and the effects, positive and negative, that they have on their lives. This is a topic in the Unit 1 exam.

- **Old People's Home for 4-Year-Olds - Series 1 Episodes 1 and 2**

For the Unit 1 exam you learn about HOLISTIC development through the lifespan. Old People's Home for 4 Year Olds is a perfect resource to compare the development of young children to that of older adults.

<https://www.channel4.com/programmes/old-peoples-home-for-4-year-olds>

In Unit 5 of the course you will learn about the values and skills that you will need for a career in social care or health care. The 6 C's are a set of core values that all health and social care professionals should embody and were developed following on from serious failings in care in settings such as Winterbourne View.

**Nurses explaining the importance of the 6 C's in their practice: Care, commitment, compassion, competence, communication and courage.**

<https://www.youtube.com/watch?v=gELLtVOyy6c&fbclid=IwAR1mvpdZHrTbQ93Rsz1mib2TBdoYZpgPKOvYdwU-6rMKvpPeYafeiZtbnd4&app=desktop>

In the programmes below, you can see many examples of health and social care professionals using the 6 C's. Think about what each 'C' means and write down the professional using the skill and how they show it to the service user.

- **24 Hours in A&E** - <https://www.channel4.com/programmes/24-hours-in-ae>

- **999. What's Your Emergency?** - <https://www.channel4.com/programmes/999-whats-your-emergency>

- **One Born Every Minute** - <https://www.channel4.com/programmes/one-born-every-minute>

## Course Specifications



[https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446937976\\_BTEC\\_Nat\\_Cert\\_HSC\\_AG\\_Spec\\_Iss3C.pdf](https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446937976_BTEC_Nat_Cert_HSC_AG_Spec_Iss3C.pdf)

