



## Overview

The Health and Social Care department is made up of 8 specialist teachers and one placement officer. We offer the BTEC National Extended Certificate (single option) and BTEC National Diploma (double option). The Diploma has a one day per week work placement built into the course. The assessment is a mixture of exam, coursework and controlled assessment. Both courses are modular and you will gain credit towards your final qualification in both years of study

## Online Courses

<https://www.open.edu/openlearn/health-sports-psychology/lottery-birth/content-section-overview?active-tab=description-tab>

In this FREE online learning course you will examine the inequalities of birth, particularly being born rich or poor and being born female or male. You'll use a variety of disciplines in the course such as demography, health studies, sociology, social policy, history, political science and economics.

## Interactive Resources

<https://www.bbc.co.uk/science/humanbody/body/interactives/lifecycle/teenagers/>

You will learn about the physical (body) changes that occur in humans during their lifespan. One of these areas of learning is puberty. This interactive site is one of several on the human body produced by BBC Science & Nature. This resource needs your device to have 'Flashplayer' to work effectively which you can download for free on the BBC link above.

During your course you will look at theories which influence development during the different life stages. One of these theories is called Attachment Theory.

**Read about attachment theory here:** <https://www.simplypsychology.org/bowlby.html>

Using the information **can you**.....

**Explain** the main idea of John Bowlby's attachment theory?

**Identify** three types of behaviour a baby would display (social releaser) to seek closeness (proximity) to their main caregiver and to receive care and comfort?

**Give** three conditions that seem to threaten the achievement of proximity (closeness) between the infant and the main caregiver?

**Explain** why a strong bond of attachment is important to the development of the infant?

One of the main factors in developing a bond of attachment is not food but care and responsiveness from the main caregiver.

This short video clip shows how the bonding process can develop: <https://www.youtube.com/watch?v=VXLtrMla9dA>

**Can you** identify three activities during the infant's daily routine which may promote bonding between the infant and the caregiver (other than feeding)?

## Reading



\* This is a sample copy of the **Unit 1 exam textbook pages**, it's a really good way to introduce yourself to the unit and the wide range of topics covered: [download here](#)

\* The **Pearson textbook** provides a good overview of unit 5 and shows the broad range of topics you will cover: <https://bit.ly/2Xcta2v>

\* **Fighting for Your Life: A Paramedic's Story** – Lisa Wylder: <https://www.amazon.co.uk/Rapid-Response-True-Stories-Paramedic-ebook/dp/B0078XGXF8>

## Films & TV



- **The Pursuit of Happiness.** This film goes through the 'life changes' that happen to a father and son and the effects, positive and negative, that they have on their lives. This is a topic in the Unit 1 exam.

- **Old People's Home for 4-Year-Olds - Series 1 Episodes 1 and 2**

For the Unit 1 exam you learn about HOLISTIC development through the lifespan. Old People's Home for 4 Year Olds is a perfect resource to compare the development of young children to that of older adults.

<https://www.channel4.com/programmes/old-peoples-home-for-4-year-olds>

In Unit 5 of the course you will learn about the values and skills that you will need for a career in social care or health care. The 6 C's are a set of core values that all health and social care professionals should embody and were developed following on from serious failings in care in settings such as Winterbourne View.

**Nurses explaining the importance of the 6 C's in their practice: Care, commitment, compassion, competence, communication and courage.**

<https://www.youtube.com/watch?v=gELltVOyy6c&fbclid=IwAR1mvpdZHrTbQ93Rsz1mib2TBdoYZpgPKOvYdwU-6rMKvpPeYafeiZtbnd4&app=desktop>

In the programmes below, you can see many examples of health and social care professionals using the 6 C's. Think about what each 'C' means and write down the professional using the skill and how they show it to the service user.

- **24 Hours in A&E** - <https://www.channel4.com/programmes/24-hours-in-ae>

- **999. What's Your Emergency?** - <https://www.channel4.com/programmes/999-whats-your-emergency>

- **One Born Every Minute** - <https://www.channel4.com/programmes/one-born-every-minute>

## Course Specifications



[https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446937976\\_BTEC\\_Nat\\_Cert\\_HSC\\_AG\\_Spec\\_Iss3C.pdf](https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446937976_BTEC_Nat_Cert_HSC_AG_Spec_Iss3C.pdf)

