



# Relationships & Behaviour Policy

## Our Policy Statement:

We believe that we promote exemplary behaviour by **creating a positive, predictable and safe school environment** where **everyone feels valued, respected and free** from all forms of anti-social behaviour.

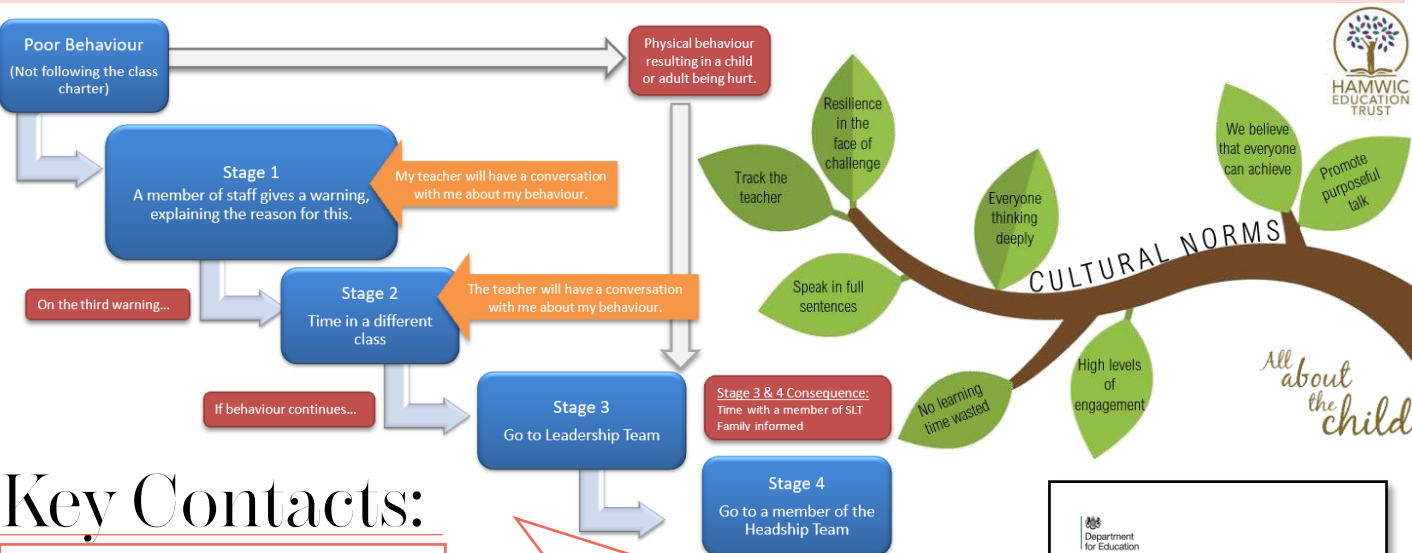
### Trauma-informed Practice:

At Bishop Aldhelm's, we adopt a trauma-informed approach when building relationships with all children to ensure that we never place pupils in situations that they are unable to manage. Behaviour for learning focuses on establishing positive relationships, on being self-reflective and self-managing and on engaging with the curriculum. It applies as much to teachers and their relationship with children as it applies to the children themselves.

## The ZONES of Regulation

				Blue Zone	Green Zone	Yellow Zone	Red Zone
				sad low upset miserable poorly sick down tired exhausted unhappy tearful hurt	happy calm okay focused good thankful ready to learn positive relaxed proud content	worried scared nervous anxious excited frustrated annoyed confused uncomfortable unsure embarrassed silly scared wiggly	angry mad furious terrified aggressive unkind out of control elated panicked mean enraged overwhelmed

Children behave well at Bishop Aldhelm's; **united** together, **inspiring** each other to make the right choices, **loving** each other whilst having the **courage** to stand up when the wrong choice has been made.



## Key Contacts:

### Designated Behaviour Lead:

Sarah Dawson

### Pastoral Support:

Kelly Hawkins

### Inclusion Team:

Lucy Strickland & Lizzie Sharpe

### Headship Team:

Scott Tait, Lizzie Sharpe,  
Sarah Dawson, Victoria Loughman  
and Lucy Strickland.

"I notice that you are [poor behaviour]  
It was the rule about [rule] that you broke  
You have chosen to [natural consequence]  
Do you remember last week when you did  
[something good]?  
THAT is who I need to see today. Thank  
you for listening." (provide take up time)

