

Our School Values- PSHE	
Love	We show love by valuing ourselves and others so that we can become healthy and fulfilled individuals with a sense of purpose.
Courage	We show courage by responding to challenges with confidence so that we are building resilience through hope and aspirations.
Unity	We show unity by having an understanding of what it is to live in a democratic society (through British Values) and how to maintain healthy relationships with one another.
Inspiration	We show inspiration by being active citizens within our community through making informed decisions and going above and beyond in the way we contribute to others.



Year 3

PSHE

Being Me in My World



Aims:

- I know why rules are needed and how they relate to rights and responsibilities.
- I understand my actions affect others and try to see things from their points of view.
- I can face new challenges positively, make responsible choices and ask for help when I need it.

Knowledge I already know
I know the rights and responsibilities as a member of my class and school.
I understand how following the class charter will help me and others learn.
I know how I can help to make my class a safe and fair place.
Knowledge I will learn
I understand why rules are needed and how they relate to rights and responsibilities.
I know some key rules I should follow.
I know what it means to see something from someone else's point of view.
I understand my actions affect others and try to see things from their points of view.
I know what a personal goal is and can consider the value in these.
I recognise my worth and can identify positive things about myself and my achievements.
I can set personal goals
I can face new challenges positively, make responsible choices and ask for help when I

Key Vocabulary	
Word	Definition
personal	When something belongs to someone or is affecting a particular person.
point of view	A way of expressing your personal emotions, thoughts and feelings. What



LI: I know why rules are needed and how they relate to rights and responsibilities.	LI: I know that my behaviour brings rewards/consequences.	LI: I can work cooperatively in a group.	LI: I can recognise my worth and identify positive things about myself and my achievements	LI: I can set personal goals	LI: I can face new challenges positively, make responsible choices and ask for help when I need it.	LI: Self-image, online relationships and bullying	LI: Stranger Danger Body Safety
Create a class charter.	Discuss and understand the schools rewards and behaviour chart	Group project	Write a personal achievement	Set a personal goal for Year 3	Discuss different worries, emotions and feelings. Identify people who can help.	Online Safety	Safety Curriculum