

Our School Values- PSHE	
Love	We show love by valuing ourselves and others so that we can become healthy and fulfilled individuals with a sense of purpose.
Courage	We show courage by responding to challenges with confidence so that we are building resilience through hope and aspirations.
Unity	We show unity by having an understanding of what it is to live in a democratic society (through British Values) and how to maintain healthy relationships with one another.
Inspiration	We show inspiration by being active citizens within our community through making informed decisions and going above and beyond in the way we contribute to others.



Personal, Social, Health and Economic Education (PSHE)

Year 4

Being Me



I know how good it feels to be included in a group and understand how it feels to be excluded.
I understand how democracy and having a voice benefits the school community.
I understand that my actions affect myself and others; I can think about other people's feelings and try to empathise with them.

Knowledge I already know

I understand why rules are needed and how they relate to rights and responsibilities. I know some key rules I should follow.

I know what it means to see something from someone else's point of view. I understand my actions affect others and try to see things from their points of view.

I know what a personal goal is and can consider the value in these.

Knowledge I will learn

I know my attitudes and actions make a difference to the class team.

I know how good it feels to be included in a group and understand how it feels to be excluded.

I understand who is in my school community, the roles they play and how I fit.

I know what democracy is and understand how democracy and having a voice benefits the school community.

I understand that my actions affect myself and others; I can think about other people's feelings and try to empathise with them.

Key Vocabulary

Word	Definition
Included	Contained as part of a whole being considered.
Excluded	Deny (someone) access to a place, group, or privilege.
Community	A group of people living in the same place or having a particular characteristic in common.
Roles	The function assumed or part played by a person or thing in a particular situation.
Democracy	A system of government by the whole population or all the eligible members of a state, typically through elected representatives.
Empathise	Understand and share the feelings of another.
Benefits	An advantage or profit gained from something.



L.I.: Responsibilities in following the class charter and how this keeps us safe. To know how good it feels to be included in a group and understand how it feels to be excluded. (L1)	L.I.: To understand who is in my school community, the roles that they play and how I fit in. (L2)	L.I.: To understand how democracy works through the school council/in this school recognise my contribution to making a Learning Charter for the whole school (L3)	L.I.: To understand that my actions can affect myself and others. To understand how groups come together to make decisions take on a role in a group and contribute to the overall outcome (L4)	L.I.: To describe positive ways for someone to interact with others online and understand how this will positively impact on how others perceive them. To explain that others online can pretend to be someone else, including friends, and can suggest reasons why they might do this.	L.I.: Safety in school— behaviour and consequences.
Explanation of feelings	Taking responsibility in our school community	Answering questions about democracy	Discussion about consequences and rewards	Online safety	Safety curriculum