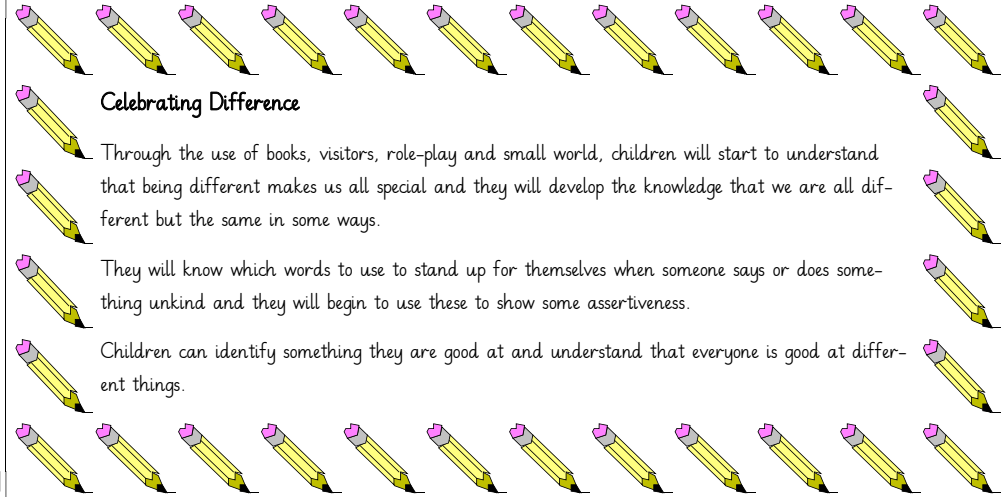


Being me in my World

Children understand how it feels to belong and accept that we are similar and different. They understand why we have a class charter and how this creates a happy, safe environment. Children understand why it is good to be kind and use gentle hands. They start to understand children's rights and that this means we should all be allowed to learn and play. Children begin to understand what being responsible means and how their behaviour affects others.

Children will begin to name and manage their feelings— name it to tame it. They will enjoy working with others to make school a good, happy and safe place to be.



Celebrating Difference

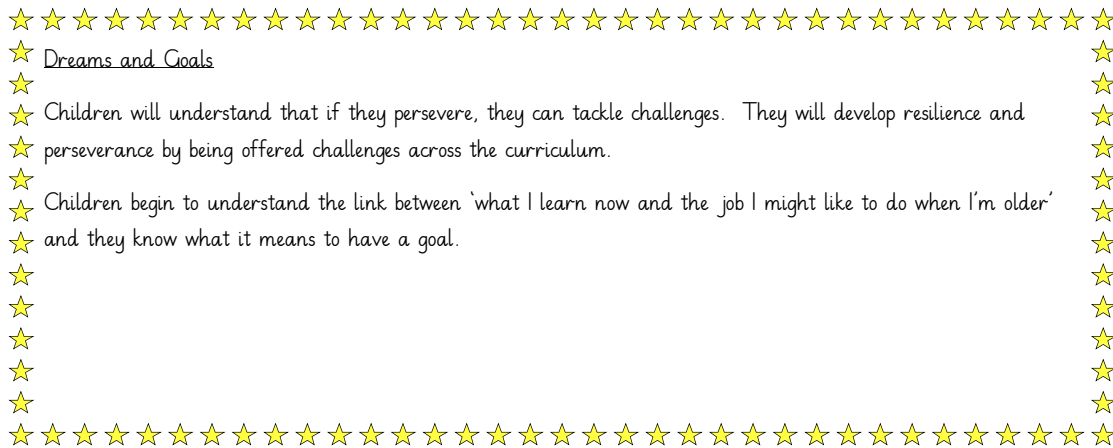
Through the use of books, visitors, role-play and small world, children will start to understand that being different makes us all special and they will develop the knowledge that we are all different but the same in some ways.

They will know which words to use to stand up for themselves when someone says or does something unkind and they will begin to use these to show some assertiveness.

Children can identify something they are good at and understand that everyone is good at different things.

PSHE

Children's Personal, Social and Emotional Development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.



Dreams and Goals

Children will understand that if they persevere, they can tackle challenges. They will develop resilience and perseverance by being offered challenges across the curriculum.

Children begin to understand the link between 'what I learn now and the job I might like to do when I'm older' and they know what it means to have a goal.

Healthy Me

Children understand that they need to exercise to keep their body healthy and that moving and resting are good for their body.

Children understand what is meant by a healthy balanced diet and begin to learn why it is important to make healthy choices. They understand how to look after their teeth and gums and why this is important.

Children know how to help themselves go to sleep and understand why sleep is good for them.

Relationships

Children are starting to understand the impact of being unkind and how this makes other people feel. They also start to learn how they can make others feel positive about themselves by saying kind words to them.

Children know some things that will help them be a good friend.

Changing Me

Children know and can name parts of the body and they understand that we all grow from babies to adults