

Being me in my World

Children begin to understand how it feels to belong accept that we are similar and different. They begin to why it is good to be kind and use gentle hands.

Children are introduced to and understand why it is important to try to follow the class charter and school values. They are beginning to understand how their behaviour affects others.

Children will begin to name and manage basic feelings— name it to tame it.

They will begin to enjoy working with others to make school a good, happy and safe place to be.

Celebrating Difference

Through the use of books, visitors, role-play and small world, children will be introduced to the fact that being different makes us all special and they will develop the knowledge that we are all different but the same in some ways. They can talk about why their home is special to them.

Children are introduced to words to use to stand up for themselves when someone says or does something unkind.

Children can talk about something they are good at and listen to others when they talk about things they are good at.

PSHE

Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, cooperate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.

Dreams and Goals

Children begin to appreciate that if they persevere, they can tackle simple challenges such as putting on their coats etc. Children begin know what it means to have a goal and feel proud when they achieve their goal.

They talk about jobs that they might like to do in the future.

Healthy Me

Children begin to understand that I need to exercise to keep my body healthy and begin to understand how moving and resting are good for their body.

Children begin to understand what is meant by a healthy balanced diet. They begin know why sleep is good for them and can talk about what helps them get to sleep.

Children become more confident in managing their own toileting and physical comfort needs.

Relationships

Children are starting to understand the impact of unkind words and know some things that will help them be a good friend.

Changing Me

Children know and can name parts of the body and understand that we all grow from babies to adults.