

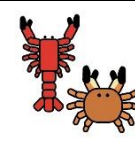
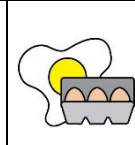
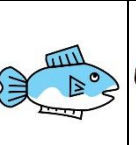
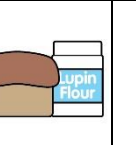
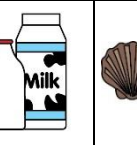
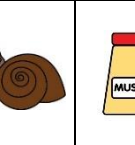
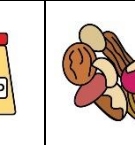
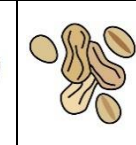

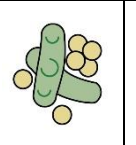



Dishes and their allergen content – Early Bird – Breakfast Club

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)[†])

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Toast		✓ Wheat											✓	
Dairy Free Spread														
Jam														
Marmalade														
Honey														
Marmite	✓	✓ Barley, wheat, oats, rye												
Lemon Curd				✓										
Pancake		✓ Wheat (may contain Rye)		✓			✓						✓ may contain	
Asda Waffles		✓ wheat		✓		✓	✓			✓ may contain			✓	
Warburtons Plain Bagel		✓ wheat					✓ may contain					✓ may contain	✓	

Asda Free From Cornflakes										✓ may contain				
Nestle Gluten Free Rice Pops														

Review date:
17/07/2024

Reviewed by: C. Giles



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www.food.gov.uk/allergy-guidance