

09.11.2020

## DON'T MISS OUT!!



Deadlines are fast approaching for many of the events and webinars in this weeks bulletin.

If you're interested in any of them please make sure you register so you don't miss out.



As always just pop in and see us if you have any questions.. (We're next door to PA3)

The Sixth Form Team



#### NEW THIS WEEK...NEW THIS WEEK...NEW THIS WEEK...NEW THIS WEEK...NEW

Apply now for the Sutton Trust US Programme



#### What is it?

The **Sutton Trust US Programme** is designed to support students from state schools across the UK to explore US study and access leading universities. It includes two virtual residentials before all students spend a week in the US staying on campus at a leading US university and visiting a variety of other American universities. Please note that the health and safety of our young people and our staff takes top priority. This may mean we need to adjust our plans, and possibly deliver US weeks in a virtual format. If you are accepted onto the programme we will provide further details regarding US weeks.

An optional second year of the programme supports students to apply to US universities alongside their UCAS options.

For interested applicants, parents, and teachers we are holding an informational webinar on **Wednesday, 19 November** at 4:00pm. If you would like to attend you can register here: https://bit.ly/3mZs700 In the past nine years, we have helped more than 400 British students get places and funding at top US universities.

#### How much does it cost for students?

The programme is free for students. All costs are covered by the programme – including travel, food, accommodation, admissions test preparation and more.

#### Who are we looking for?

To be eligible to apply, students must:

- Currently be in Year 12 in England and Wales, S5 in Scotland or Year 13 in Northern Ireland
- · Attend, and have always attended, a state-funded school or college i.e. non-fee paying
- · Not hold US citizenship
- Be from a low or middle income family (generally, this will mean a household earning £45,000 or less)
- Be interested in US culture and higher education

In addition, we are looking for students who:

- Would be the first generation of their family to attend university
- Have been eligible for Free School Meals
- Attend a school or college with a below-average A Level or Higher point score and/or a low rate of progression into higher education
- Have attended schools with a lower than average progression to higher education, or a higher than average proportion of students who qualify for Free School Meals
- Live in a neighbourhood with a low rate of progression into higher education and/or a high level of socio-economic deprivation
- Have excellent GCSEs or S4 qualifications. This means you have achieved at or close to the following: In England and Northern Ireland: at least eight GCSEs at grade A or 7 or above, or near this level. In Wales: at least eight GCSEs at grade A or above, or near this level. In

Scotland: at least six B passes at National 5 or above, or near this level.

The more of these you meet, the more likely you are to get a place on the programme.

#### When is the deadline for students to apply?

Students must submit their application by **17 January 2021**. However, we strongly advise they get started earlier, as the application form requires some thinking!

#### When is the deadline for school references?

Students must nominate someone at their school to fill out a reference alongside their application. School references are due by **21 January 2021**.

#### Where can I find out more and apply?

There's lots more information on our website: https://us.suttontrust.com and the application form can also be found there.



#### NEW THIS WEEK...NEW THIS WEEK...NEW THIS WEEK...NEW THIS WEEK...NEW

#### 2021 ASPIRING PROFESSIONALS PROGRAMME

Run by the Social Mobility Foundation, the Aspiring Professionals Programme supports ambitious, high achieving young people from low-income backgrounds to access top universities and professional careers. The programme is **free of charge** and features **university application support** including free visits (when possible), **mentoring and internships** with leading companies, and professional development and **skills workshops**.

Providing support in **11 professional sectors**, including Accountancy, Architecture, Banking and Finance, Biology and Chemistry, Business, Digital, Engineering and Physics, Law, Media and Communications, Medicine and Politics, students can apply to join the programmes in Year 12 (England and Wales).

The deadline for applications is 16th December 2020. For more information and to apply: https://bit.ly/2U8Z0fp

Parents and carers can register for the event here:

https://www.surveymonkey.co.uk/r/unifest-parents-carers



Aspiring Professionals Programme







APP City

APP Residential

APP Reach



#### NEW THIS WEEK...NEW THIS WEEK...NEW THIS WEEK...NEW THIS WEEK...NEW



#### **UNIFEST FOR PARENTS & CARERS**

Following on from the success of UniFest Online last summer, we are delighted to announce that we will be hosting some additional virtual UniFest events this term.

The virtual event will include evening webinar and live Q&A on **Tuesday 17th November 18:00 – 19:00**. This will provide a great opportunity for the parents and carers of young people across the West Midlands to find out more about higher education and ask those burning questions to our team of representatives from our region's universities. There will be short presentations covering choosing options, student finance and student support followed by an interactive Q&A session.

#### Parents and carers can register for the event here:

#### https://www.surveymonkey.co.uk/r/unifest-parents-carers





#### CLOSING DATE COMING SOON...CLOSING DATE COMING SOON...CLOSING DATE



#### Experience student life from the comfort of your own home

Our webinars, virtual taster sessions and online courses give you the chance to explore studying your chosen subject at university-level from the comfort of your own home.

To find out more information or to sign up visit: https://bit.ly/2TdoDLP





#### CLOSING DATE COMING SOON...CLOSING DATE COMING SOON...CLOSING DATE



### THURSDAY 12TH NOVEMBER

#### 18:00-19:30 20:00-21:30

Explore the roles of the RAF within an immersive, never-before seen virtual hangar with an opportunity to discover information on key roles, as well as chat live with a specialist RAF recruiter. All from the comfort of your own home.

- Find out more about life in the RAF
- An immersive, interactive 360° experience
- Find your force discover a role for you
- Download role specific information
- Chat live with an RAF recruiter have your questions answered

BOOK YOUR FREE TICKET NOW!







#### CLOSING DATE COMING SOON...CLOSING DATE COMING SOON...CLOSING DATE



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BOOK YOUR FREE TICKET NOW!







#### CLOSING DATE COMING SOON...CLOSING DATE COMING SOON...CLOSING DATE HSBC OPPORTUNITIES



### You want a career with opportunities?

### We have a world of them

#### **Investing in Futures:**

The COVID-19 pandemic has created a real sense of confusion and uncertainty for students, with question marks raised over the state of the employment market and future career prospects.

To counter this, the Early Careers team at HSBC have created a series of bite-sized virtual events and material all with the aim of developing your soft skills. This is designed to give confidence on employment prospects, mythbust common recruitment misconceptions and target key employability skills to give you an advantage when looking for a career.

#### Find Out More

The webinars will all be free to attend, and will be hosted via Zoom. Please register in advance through the following links. Spaces are limited, and will be allocated on a first come, first serve basis.

#### 12th November - HSBC and You

Uncovering the culture, benefits, mission and breadth of opportunities available at HSBC.

Register for this webinar: https://hsbc.zoom.us/webinar/register/WN\_ZcvTHyc3SJKKJ0M1TZ39-g



#### CLOSING DATE COMING SOON...CLOSING DATE COMING SOON...CLOSING DATE HSBC OPPORTUNITIES CONTINUED....

December - 12 Days of Winter Work Skills

Distribution of soft skills material to follow in November

14th January – Who am I?

An exploration of Personal Branding including: what is a Personal Brand, how to discover and build your own and why changing your mentality is key for success.

Register for this webinar: https://hsbc.zoom.us/webinar/register/WN\_uLUtO6NQc2VYaD17yoP9Q

<u>4th February – Do I need a degree to enhance my career?</u>

An exploration of various career routes that are available to students, with an emphasis on what you need to consider when trying to choose the correct one for you.

Register for this webinar: https://hsbc.zoom.us/webinar/register/WN\_D3x-B7VPSLyECYocbLL5Og

#### 11th March – How to stand out?

A session dedicated to applications. This will include a breakdown of CVs in general and also aim to demystify online applications. We will also include application hints & tips from an employer's perspective to give you an insight into what is looked for.

Register for this webinar:

https://hsbc.zoom.us/webinar/register/WN\_g5LQIWAyS\_-O78W4DoSv1A

#### 22nd April – How to be the best you?

An exploration of the different type of interviews alongside their purposes. This will cover what signs to look for, and also how you can maximise your chances at success. We will also include different tips and tricks from an employer's perspective to give you an insight into what is looked for.

Register for this webinar:

https://hsbc.zoom.us/webinar/register/WN\_cbg82vsMSkWt2ztQtAKLUQ

More details to follow:

<u>May – Wellbeing</u>

June - Classroom to boardroom, A day in a life?

July – Progression stories....

August - Resilience 'so what now & moving forward'

TO FIND OUT MORE:: https://www.hsbc.com/earlycareers



#### **CLOSING DATE COMING SOON...CLOSING DATE COMING SOON...CLOSING DATE**



Here at Aston we have an exciting Employer Engagement online event on the 12<sup>th</sup> November, 5 – 6pm, which your year 12 & 13 students may be interested in.

Working with a colleague from ARUP, our Insight into Highways Engineering event will give students a fascinating opportunity to learn more about this Civil Engineering pathway. As part of this 1 hour webinar, your students will get the opportunity to learn more about Aston's Engineering courses, hear from a Highways Engineer from ARUP and have time to ask any questions they may have.

For more information and to book on, please visit: <u>https://www.aston.ac.uk/sro</u>.

If you would like to know more or have any questions, please feel free to get in touch.



Check out a range of other online activities for post 16 students here: <u>https://www.aston.ac.uk/sro/post16</u>



#### **CLOSING DATE COMING SOON...CLOSING DATE COMING SOON...CLOSING DATE**



### **Spotlight on... Taster Events**

Our Spotlight on... events give students a taster of a subject and help them to understand what studying at university is like. Our virtual events will give students a taster of what it is like to study at university in the current times. Students will explore the blended learning approach that the University is using through a mix of real recorded lectures, live workshops, and Q+A sessions.

Spotlight events are designed to complement the curriculum and widen your students' understanding of the subject area. Depending on subject, virtual events can include a mixture of:

- lectures
- seminars
- workshops
- campus tour
- careers and employability
- an opportunity to meet and talk to current students.

#### Spotlight events are available for the following subject...follow the

#### link to book your place:

Electrical Engineering - <u>11 November 20</u> - https://bit.ly/376JWqy Languages - date to be advised Sport and Health - date to be advised

### **BE READY WEBINAR PROGRAMME**

A wide-ranging series of interactive online talks and workshops offering support and information for students, teachers and parents/carers.





#### **CLOSING DATE COMING SOON...CLOSING DATE COMING SOON...CLOSING DATE**



### UNIVERSITY<sup>of</sup> BIRMINGHAM

#### PATHWAYS TO BIRMINGHAM



Our **Inspired@Birmingham** programme supports Year 12 students who are interested in applying to Russell Group universities. It aims to encourage and motivate students to achieve their full potential, and enable them to make a successful transition from KS4 to KS5.

Applications for the 2020/2021 programme will open in October 2020.

For more details: https://bit.ly/3c8ukTJ

Inspired@Birmingnam

Routes to the Professions



The **Routes to Professions** programme offers a unique opportunity for Year 12 students to gain a real insight into university study. It focuses on specific vocational courses and provides students with tailored support through the university application process.

Applications for the 2020/21 programme will open in October 2020 (date to be announced nearer the time).

#### For more details: https://bit.ly/2Ft6INZ



Access to Birmingham (A2B)

The **Access to Birmingham (A2B)** programme supports applicants to the University of Birmingham, who have little or no experience of higher education, discover what studying at university involves.

The University of Birmingham has a long history of welcoming students from a wide variety of social and cultural backgrounds. We were one of the first universities to set up a fair access scheme for local students in 2,000 and are proud to be able to offer prospective applicants the support of our A2B scheme if they are studying at one of our partner institutions.

Applications for A2B 2020/21 are now open.

#### For more details: https://bit.ly/302p1Rd

#### PATHWAYS TO BIRMINGHAM FAQs

Find the answers to some of the most commonly asked questions about Pathways to Birmingham (PTB), including how the benefits work, successful completion, applications and IT support. If you cannot find the answer to your question please email the team at <u>a2b@contacts.bham.ac.uk</u> who will be happy to assist you with your query. Students should include their home postcode and their current school/college in the subject line of their email enquiry.

#### For more details: https://bit.ly/33CT0Ql





#### ATTEND LECTURES



#### **ONLINE LECTURES**

#### REGISTER ONLINE FOR EACH EVENT YOU WANT TO WATCH OR ATTEND: https://www.gresham.ac.uk/attend/#

The College's 130 annual lectures and events are free and open to all. The College has been recording its lectures since the 1980s and we live stream all lectures for those unable to attend in person. There are now over 2,000 lectures freely available online on this website and on <u>YouTube</u> - https://www.youtube.com/user/GreshamCollege

Gresham College is an independent institution funded from the estate of our founder, Sir Thomas Gresham. After his death in 1579, Sir Thomas' estate and control of his benefaction were left to the City of London Corporation and the Worshipful Company of Mercers, which operate through the Joint Grand Gresham Committee to support the College.



#### STILL OPEN...STILL OPEN...STILL OPEN...STILL OPEN...STILL OPEN

#### **Columban Competition**

Don't miss this chance to make your mark! Two separate competitions will be held, one for students in Ireland and one in Britain (England, Scotland, Wales); each has two categories: Writing and Image.. Winners will be announced in Columban media on 15 March 2021.. The winning entries will be published in the Far East magazine and online on Columban websites in Ireland and Britain and shared ...



#### www.columbancompetition.com

For more details and how to enter: https://www.columbancompetition.com/



#### SOMETHING DIFFERENT...SOMETHING DIFFERENT...SOMETHING DIFFERENT...



#### ARMY OFFICER SCHOLARSHIP SCHEME WHAT ARE SCHOLARSHIPS?

If you have your heart set on becoming an officer, but are still at school the good news is that the Army has a scheme to help support you through school and university. The Army Officer Scholarship Scheme (AOSS) which is offered to high quality students who have the potential to make excellent Army officers.

#### For more details: https://bit.ly/36jn7zf



#### **OPTIONS: SCHOLARSHIPS**

The Army Officer Scholarship Scheme offers financial support to future Army Officers studying for A-Levels, Scottish Highers or equivalent qualifications.

You should be between 16 and 18 years of age

WHAT ARE SCHOLARSHIPS? WHO CAN APPLY? ARMY RECRUITING PROCESS ARMY SCHOLARSHIPS HOW TO APPLY? WHAT'S ARMY TRAINING LIK



#### SOMETHING DIFFERENT...SOMETHING DIFFERENT...SOMETHING DIFFERENT...



### WHAT IS SPRINGPOD?

Springpod is an early careers network for students to explore career paths like apprenticeships & connect with leading employers. Once you have signed up you will have access to a wide range of virtual work experience opportunities, live and interactive careers talk as well as the option to join an employers **Talent Pool.** 

#### To find out more and to register for free : https://app.springpod.co.uk/sign-up-simple



Explore our extensive career library packed with

Find the course that's right for you at top

Discover your dream employer from our stellar list of companies across every industry



Unlock a treasure chest of opportunities with

Get a head start in your career by finding

**Find apprenticeships** 

Discover great alternatives to kickstart your career include leading degree apprenticeship opportunities



#### SOMETHING DIFFERENT...SOMETHING DIFFERENT...SOMETHING DIFFERENT...



#### AIM HIGHER WEST MIDLANDS

Aimhigher West Midlands is a partnership of Higher Education Institutions (HEIs), schools, academies and colleges. Check out their 16plus page for information on University Choices & Applications, Student Finance and the Aim Higher Help Hub.

For more details: https://bit.ly/33oEHA9

#### **RESOURCE BANK**

Check out the Resource Bank for a wide range of links to free and informative materials including...

Careers, Higher Education Help Hub, BTEC's, subject resources, Virtual Open Days and events.

For more details: https://bit.ly/312dP7t

#### **ACTIVITIES DIRECTORY**

Use the Search for Activities directory to find events due to take place such as open days, webinars, and taster sessions.

There are currently 168 events listed that students at Bishop Challoner can access.

For more information: https://bit.ly/3im56mf



#### THINKING OF UNI?..THINKING OF UNI?..THINKING OF UNI?..THINKING OF UNI?

# opendays.com

#### university + college open days

Opendays.com is a web site providing students with university and college open day information. The most comprehensive open days web site in the UK. Easily accessible listings of all university and college open days throughout the UK.



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#### DETAILS PROVIDED

Open day dates, booking information, travel details, monthly calendars and mini prospectuses for over 300 universities and colleges in England, Scotland, Wales and Northern Ireland.

#### EASY TO USE

It is easy to find the information you seek either through a comprehensive search facility or browsing the open day calendar.

#### ONLINE BOOKING

You can also save details of open days/ institutions that interest you and use our 'Online Booking System' to book your place at an open day!

#### ADVICE SECTION

Higher Education opportunities, What To Do At Open Days, UCAS Forms and Gap Years.

Remember our website opendays.com and tell your friends about the service.





#### THINKING OF UNI?..THINKING OF UNI?..THINKING OF UNI?..THINKING OF UNI?



# Thinking about your uni choices?

Discover Uni is here to help you search and find the right courses for you. There's lots to choose from, so it's important you do your research. Use our course search to find and compare information and



data for individual undergraduate courses across the UK.

To begin your search.... https://discoveruni.gov.uk/whatwould-you-do/

Discover Uni Is an official source of information about higher education.

It is owned and operated by the UK higher education funding and regulatory bodies. These are:

The Department for the Economy in Northern Ireland

The Higher Education Funding Council for Wales

The Office for Students in England

The Scottish Funding Council.

It includes official statistics about higher education courses taken from national surveys and data collected from universities and colleges about all their students.



#### LOOKING FOR AN APPRENTICESHIP?

Register with **NATIONAL APPRENTICESHIP SERVICE** to receive regular updates on current opportunities: <u>www.gov.uk/apply-apprenticeship</u> Create an account and you can specify the types of apprenticeships you are interested in.



<u>Unifrog</u> is the complete destinations platform and it is the only place where students can compare every university course, apprenticeship and FE course in the UK as well as university in 30 other countries across the world.



You can also search <u>www.notgoingtouni.co.uk</u> and have access to over 2000 new opportunities including apprenticeships, employment, training and much more.



www.wmjobs.co.uk/ updates regularly with apprenticeships and training opportunities with the Midlands area.

Apprenticeships

www.apprenticeships.gov.uk/apprentice/find-an-apprenticeship



www.amazingapprenticeships.com/ Apprenticeships explained.



Careerpilot

www.apprenticeshipguide.co.uk/ Links to blogs, vacancies and how to guides

<u>www.careerpilot.org.uk</u> - Careers information and tools for 11 - 19 year olds, all in one place.

Many employers also have a dedicated section on their websites related to recruitment where they post apprenticeships information. These are sometimes posted before they are on the National Apprenticeships site so it's worth looking around.

For more information or general careers advice please email Ms Darby or Ms McGowan.

e.darby@bishopchalloner.bham.sch.uk

e.mcgowan@bishopchalloner.bham.sch.uk



## **A MENTAL HEALTH GUIDE TO COPING WITH LOCKDOWN** IN THE WINTER © @BELIEVEPHQ

STAY CONNECTED

Even though it might be

you stay connected to

COPING STRATEGIES

strategies you can

to deal with stress,

worry or anxiety

them on a regular basis

Identify some positive

engage in that help you

difficult to see friends and family it is important that



#### LIGHTING

On dark mornings wake up gradually with increasing light. Try out a SAD light or lumie bodyclock



#### LIMIT NEWS

Limit the amount of time you spend on social media and checking news



#### TAKE TIME FOR YOURSELF

Plan time into your week where you can engage in activities that are relaxing. It is important to have time for yourself where you engage in some self care





#### PLAN YOUR WEEK Organise your week and plan in activities that provide you with a sense of

# **POSITIVE HABITS**

fitness

#### Write down a list of 5 -10 positive mental health habits you can engage with on a regular basis to maintain your mental



#### **HELP OTHERS**

Whether it is helping around the house or supporting your brother or sister, helping others can help provide you with positive emotions

#### **CONNECT TO YOUR VALUES**

Re connect with things that are important to you and try to engage with them on a regular basis

#### STAY ACTIVE

Throughout the day try and be active. Take a break from your work and walk around. Regular exercise can also be great for reducing stress and boosting mood

#### ASK FOR HELP

If you notice yourself struggling reach out to family, friends, your doctor or a local mental health charity for help

