



AQA A Level Psychology Year 12 Learning from home pack

As a Year 12 student it's important to continue learning and keep on consolidating while you're at home. We hope this pack will help you.

If you've already begun to learn about approaches in psychology, it is a good time to use the Student Book to look at them again now you know more about psychology. You will, hopefully, find it easier to think about AO3 evaluation and discussion now you've explored how the approaches are applied to particular topics; for example, thinking about the validity and reliability of research methods used in each approach. You can also look ahead to next year and begin to learn about the psychodynamic approach and the humanistic approach, and think about how to compare the different approaches.

If you've yet to look at approaches in psychology, you'll find you already know quite a bit from your study of specific topics, and now is a great opportunity to look ahead and begin to draw your knowledge together and deepen your understanding of the foundations of psychology.

The Workbook provides you with an opportunity to practise answering questions on approaches in psychology. The scaffolding will help you develop your exam technique. Or, if you are already confident answering exam questions, try them without the scaffolding or try answering the 16 mark questions.

We hope this pack is helpful and enjoyable to work through.

Get started now!

[Chapter 5: Approaches in Psychology from *The Complete Companions for AQA Year 1 & AS Student Book*](#)

[Chapter 1: Approaches in Psychology from *The Complete Companions for AQA Paper 2 Exam Workbook*](#)



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