

A LEVEL PE

TIMED ASSESSMENTS

SUMMER 2021

STUDY SKILLS AND SUPPORT

You will sit timed assessments for PE in **Modules covered:**

Paper 1 (30%): 2 Hours – Physiological Factors Affecting Performance
Tuesday 18th May Period 1 and 2

Paper 2 (20%): 1 Hour – Psychological Factors Affecting Performance
Wednesday 19th May Period 4

Paper 3 (20%): 1 Hour – Socio-cultural Issues in Physical Activity & Sport
Friday 21st May Period 3

Resource	Useful for...	Tasks
Revision Book	Ensure that you have solid knowledge base for all topics	Answer the questions in the book and check your answers
Topics on a page	Summaries of the key knowledge for each topic	Compile your own mind maps of key knowledge
Topic Tests	Test your skills of transferring that knowledge effectively to exam answers	Complete after revising a topic. Mark yourself or ask for feedback. Repeat many times
Full Exam Papers	Test your time keeping and exam skills to answer a full paper	Complete in full and under time constraints. Mark yourself or ask for feedback. Repeat many times
Everlearner	Recapping key knowledge and answering AO1 questions	Revision videos, questions and checkpoint summaries