

BC14

Prayer to St Joseph
Hail, Guardian of the Redeemer,
spouse of the blessed Virgin Mary.
To you God entrusted his only Son;
In you Mary placed her trust;
With you Christ became man.
Blessed Joseph. To us too.
Show yourself a Father
and guide us in the path of life.
Obtain for us Grace. Mercy. And Courage.
And defend us from every evil. Amen

Message from Mr O'Connor, Assistant Principal

Friday 19th March 2021

It is told that St Patrick used a shamrock as an educational symbol to explain the Holy Trinity to the people of Ireland: each of the three leaves representing the Father, the Son, and the Holy Spirit. Worldwide Saint Patrick is known for his missionary work and for being the patron saint of Ireland. He was a humble man who devoted his entire life to God and in serving others. Our school mission statement reminds us that we also,

**'give glory to God by developing
our full potential
and in our service to others'.**

Our school community will celebrate Saint Patrick's Day on the 17th March, staff and students will come to school wearing items of green clothing over their uniform. A small donation will be made by all to support our school charity - CAFOD. Green is also the colour used by CAFOD to raise awareness about climate change (green heart) and the disastrous effects our ever changing climate is having on communities worldwide. As part of our charitable work many of our staff and students have signed up to 'walk for water'. Instead of giving something up for lent they will challenge themselves to walk 10,000 steps a day for 40 days to raise money for our school charity.

'Abdella is 23 and he has big dreams. He dreams of starting a small business. He dreams of starting a family. He dreams of having his own home. He dreams of the day he won't have to walk ten hours to get water. Abdella lives in Afar, Ethiopia - one of the hottest places on earth. Like hundreds of people in the area, he spends most of the day walking to get water for his family to drink. He knows that if there was water near his home, his family wouldn't have to worry any more about getting enough to stay alive. And he could start on the dreams he has for the rest of his life.'

We wish everyone well with their challenge and we thank both staff and students for their ongoing commitment and motivation towards our charitable work to provide for those in greater need in our local community and further afield.

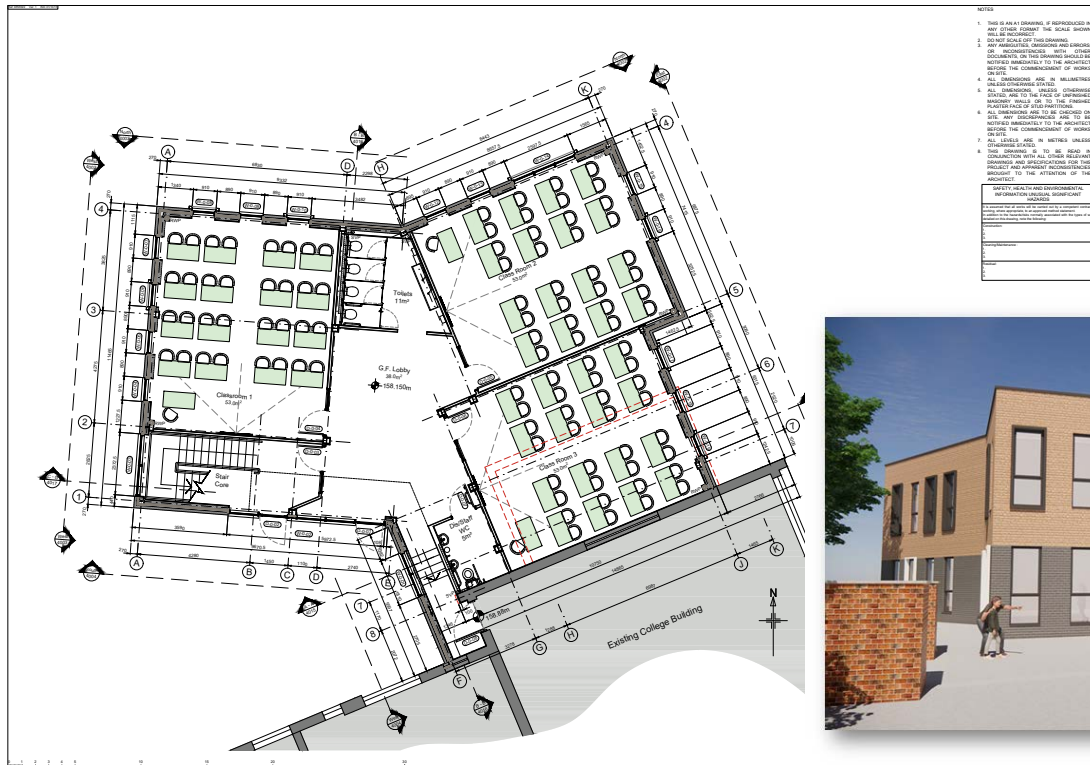
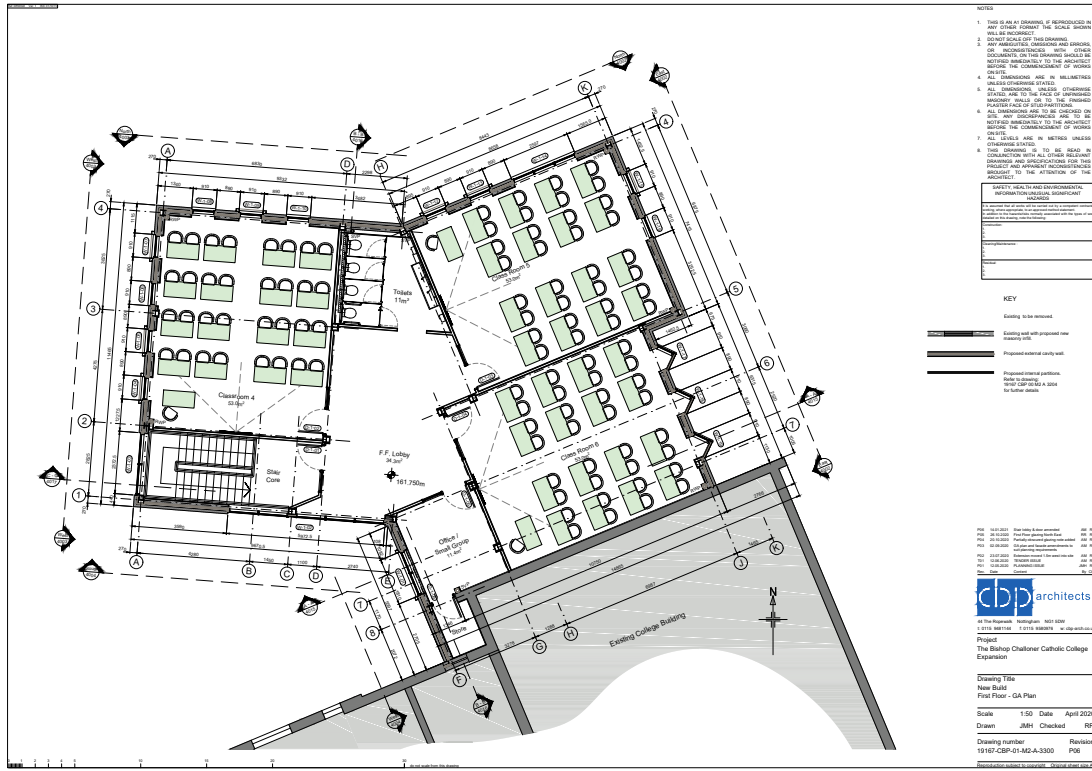
We welcomed back our students to Bishop Challoner last week albeit with 'socially distanced' open arms. It is fantastic to see our young people back in the classrooms with their teachers and it must be said that the school is a much better place for it. We also welcomed CAFOS, a local Birmingham construction company, to our school. CAFOS will be responsible for building our new six classroom build on the front of our school next to the auditorium. As part of the new build they will also be carrying out some internal works that will increase the circulation of the school, upgrade and increase our toilet provision on the ground and first floor, connect our maths block with humanities with an upstairs bridge link, and will increase the size of our canteen to give our students a better experience during break and lunch times. This is a very exciting project for the school and one that will benefit the students and staff. Please follow the school website for fortnightly updates on the building developments.

"And now, excuse me while I interrupt myself". Only this week the world of sport lost an iconic voice of formula one racing and a true gentleman. Murray Walker, a former resident of Hall Green, died at the age of 97. He will be best remembered for his enthusiasm and charm, and of course, his many 'Murrayisms' that have made him world famous. "There's nothing wrong with the car except that it's on fire" and: "The lead car is unique, except for the one behind it which is identical." We remember to take a moment to pray for all those who have gone before us. We keep them and their families firmly in our thoughts and prayers during these difficult and challenging times.
'Beannachtaí na Féile Pádraig dhuit!'

Saint Patrick depicted in a stained glass window at Saint Benin's Church, Wicklow, Ireland



Building Developments





The table below includes a list of resources that we have used and continue to do so, as part of our teaching and practice.

All these resources are free to use and provide appropriate content for a range of age groups.

Resource	Link
NSPCC Online Safety – huge repository of guidance and advice around many topics related to online safety and talking to children about it.	https://www.nspcc.org.uk/keeping-children-safe/online-safety/
UK Safer Internet Centre – source of information for children, parents, carers and teachers. Activities and resources can be downloaded for free.	https://www.saferinternet.org.uk
Think U Know – Online safety learning resources which cover ages 4-14+. Also, resources for parents and carers are available.	https://www.thinkuknow.co.uk
Internet Matters – Resources for ages 0-14+ in relation to online safety and the use of devices.	https://www.internetmatters.org/advice/
Common Sense Media – provides insight into media (tv, film, games and apps) allowing for a understanding of appropriateness for age.	https://www.commonsensemedia.org

Sports Updates

It has been wonderful welcoming all students back to their PE lessons over the last two weeks and we have been pleased with students' attitude and engagement in their Physical Education lessons. Students have worked hard to develop their skills in a range of sports and activities such as Rounder's, Cricket, Adapted Striking and Fielding and Health Related Fitness.

Extra-curricular Clubs

We are delighted to confirm that morning and after school PE clubs commenced from Monday 14th March for Year 7 - Year 10 students. All students will still be kept in year group bubbles, but we are pleased to be offering a range of sports and activities for the remainder of this term. The morning PE clubs encourage participation in physical activities as well as encouraging students to participate in non-competitive games. As a department, we are planning to place more of an emphasis on friendly competition during after school clubs from the 26th April. We are strongly encouraging students to attend and get involved in the extra-curricular clubs that are on offer and we are looking forward to seeing you there.

	AM- 7.45-8.25		PM- 3.20-4.15
Monday	9X/7RC Miss Hunter / Miss Shirley		7RC Mr Wilson & Miss Hunter
Tuesday	8Y/ 10Y Miss Beall / Mr Moreira	KS3Lunch Yr7-8 Boxing Mr Noone (Invite only) Starting 20 th April	8Y Miss Beall & Mr McDermott
Wednesday	8X Mr Wilson / Miss Smyllie		8X Miss Ellis, Miss Smyllie Mr Noone- Yr7-8 Boxing (Invite only) Off site-Starting 21 st April
Thursday	7B/ 10X Mr Moreira / Mr Malley		7B Miss Hampson, Mr Moreira & Mr Malley Mr Moon & Miss Shirley (ball crew training off-site)
Friday	9Y Mr Noone		None



Ball Crew 2021

Bishop Challoner have provided the Ball Crew for many years for the Birmingham Classic Tennis Competition. Due to the lockdown period last year, we were unable to take a ball crew squad, was which was extremely disappointing. However, we are thrilled to have been given confirmation that we can take a Ball Crew Squad of 36 Year 8 and Year 9 students this year for the Birmingham Classic 2021. The Year 8 and Year 9 trials/training for this event will commence on Thursday 18th March after school and these trials are open to all students in both of these year groups. We are very much looking forward to selecting an enthusiastic and dedicated squad of students for such a fantastic and enjoyable event.

Important First Aid Notice

It is extremely important you make sure you send all students with Asthma into school with their own inhalers.

Any expired medications kept at school will need replacing, you will be notified by email in the first instance, please check regularly (and junk mail). We will contact those with no email address by other means.

Goodrest Croft Surgery is due to close, if you have re-registered elsewhere please notify the school as soon as possible to update our records

Ten:Ten Resources – Relationships Education

Our Year 8 students are currently completing a relationships education topic in their Religious Studies lessons. The resources have been provided to us by an organization called Ten:Ten, these resources have been promoted by Birmingham Diocese and the Catholic Education Service. For more information regarding our Relationships and Sex Education policy and example resources please see this link <https://bishopchalloner.org.uk/catholic-college/curriculum/relationships-and-sex-education>

All lessons use videos to introduce information to the students, these videos ensure all students are receiving the same information and enable us to meet the statutory expectations of relationships and sex education that came into force in September 2020.

Lesson Overviews

Session 1

Who am I? - The vision for this lesson is to consider our core identity that each of us is completely and uniquely created by God. We discuss the unity of body and soul, created lovingly by God.

Session 2

Changing bodies -This session focuses on puberty and the development of one's physical, emotional and sexual self. Daunting though it can be, we discuss it as part of God's plan for us.

Session 3

Healthy Inside and Out - During this lesson we discuss self-esteem and how we can nurture it and look after the way it impacts us.

Session 4

Where We Come From – This lesson considers how sexual intercourse is revealed as more than just a physical act but a gift from God for married couples. It is an expression of love and His plan for how babies are made.

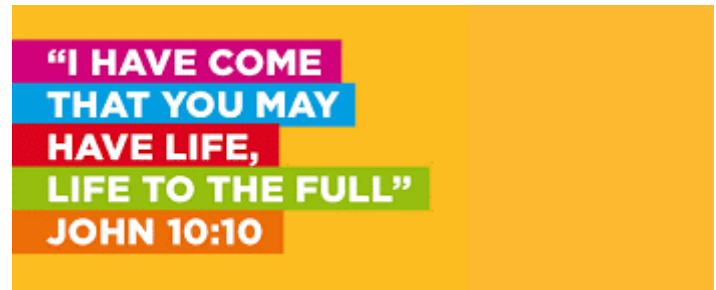
Session 5

Family and Friends – The vision for this lesson is to reflect on different types of friendship and family structures. We delve into strategies for managing behavior through consideration for thoughts, feelings and actions.

Session 6

My Life on Screen – This lesson considers the online lives each student may lead and ensures safeguarding is paramount in their everyday online activities.

Session 7 Living Responsibly – Becoming aware of the effects of actions on others helps us understand the concept of social responsibility, through this lesson we want to develop socially responsible citizens.



Session 8

Created and Chosen – Our students are becoming more aware of their uniqueness and we open them up to this idea by challenging them to consider who is the ground of their being- the One who loves us.

Session 9

Appreciating Differences – Understanding our identity means appreciating male/female differences and learning to accept the invitation from God to root our identity in who he created us to be.

Session 10

Feelings – Managing sexual feelings requires self-control, self-respect and patience, in this lesson our videos introduce these important messages to our students

Session 11

Before I was Born – contemplating life in the womb we contemplate how life is both beautiful and fragile

Session 12

Tough Relationships – In the real world of relationships, we can always be better at living with tolerance, kindness and forgiveness – an important message from this lesson.

Session 13

Think Before You Share – Image sharing and anything in word, speech or action that reduces people to objects dishonors their God-given dignity.

Session 14

Wider World - By recognizing the sin of unjust discrimination in our world our students are challenged to consider their behavior in school and in their everyday lives.

At Bishop Challoner Catholic College we are committed to 'Laus Deo' through grounding our learning as Children of God. May we grow in our faith as we dedicate to being the best person we can be each day.

SEND BRIEFING PARENT WEBINAR

March 2021




Parent/Carer Webinars take place regularly throughout the year and cover a number of different topics. Please see the local offer website for further details. Each webinar should last approximately one hour and take the format of a presentation followed by an opportunity to ask questions.

Occupational Therapy - Gross Motor Matters

Helping your child to do the BIG things – Junior school and Secondary school age children

Speakers: Ellie Steer & Janet Tighe- Occupational Therapists

Tuesday 16th March- 10.00am – 11.00am

Ticket Link
<https://www.eventbrite.co.uk/e/gross-motor-matters-helping-your-child-do-the-big-things-tickets-144428560713>

Helping your child to do the BIG things – Early Years and Infant school age children

Speakers: Katie Green & Sarah Gallagher- Occupational Therapists

Wednesday 17th March – 1.00pm – 2.00pm

Ticket Link
<https://www.eventbrite.co.uk/e/gross-motor-matters-helping-your-child-do-the-big-things-tickets-144620837819>

All people who book a ticket will be sent a copy of the presentation and a copy of the recording of the Webinar.

Headspace Guide to Meditation

There is a useful series currently available to Netflix subscribers, 'Headspace Guide to Meditation,' that is great to watch together as a family. Over the course of eight animated episodes, Andy Puddicombe—former Buddhist monk and co-founder of the globally beloved Headspace meditation app—takes viewers through the benefits and science behind meditation. You find out all the different ways meditation can help us in day-to-day life, from coping with pain to dealing with stress. The animations are really charming.

The Netflix app is also currently free to 'educators'.

Birmingham School Health Support Service



SCHOOL NURSE VIRTUAL DROP-IN CLINIC

Every Tuesday and Thursday from 4:30-5:30pm

Your School Nurse is here to help you feel healthy, happy and safe during your school years and to get the best from your education.

Join the link and talk to a School Nurse. We provide a confidential and friendly service.



<https://nhs.vc/BCHC/C-F/Schl-Nurse/Drop-In>







ChatHealth



Do you know where I can get some health advice?

The School Health Support Service can help students with all kind of things like...

Relationships, mental health, alcohol, bullying, self-harm, smoking, drugs and healthy eating

Text the School Nurse for confidential advice and support on **07480635485**

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). Prevent the school nurse from sending messages to you by texting **STOP** to our number. Please respect your schools mobile phone policy. Messages are charged at your usual rate.



Designed by Creative Health Clinical Innovation, Birmingham Dental District Email: BCHC.Support@birminghamcommunity.nhs.uk • Tel: 0121 414 2100 • 21.03.2019

Train to Teach with Bishop Challoner Teaching School

As one of the leading school-based providers for teacher training in the Birmingham area, we are pleased to share that we have training places available within our Primary and Secondary schools for a September 2021 start. Did you know that some of our Primary Trainees can also take a specialism? Maths, PE and SEND specialisms can be included in our general primary training route - giving Newly Qualified Teachers that edge when looking for their first teaching job.

If you, or someone you know would make a great teacher, why not contact us for an informal chat? Just email: teachingschool@bishopchalloner.bham.sch.uk to arrange a time with one of our Team. Further details are also on our website - www.bctsa.org

Sixth Form

Return to school

It is wonderful to have our sixth formers back to face-to-face education. We are delighted with the positive attitudes they continue to display in these challenging times. A reminder, that apart from on Tuesdays and Thursdays when there is a form period in the afternoon, students are permitted to arrive in time for their first lesson and leave as soon as their last lesson is over.

A reminder about face coverings

For the safety of all of our community, and in line with government guidelines, students will be expected to wear face covering at all times on site, unless a distance of 2m can be maintained and unless they are exempt from wearing a face covering. The exception to that will be when eating or drinking at break and lunch, in designated areas.

Dress Code

We are extremely proud of the vast majority of our students who arrive every single day, dressed very appropriately for the learning environment.

So far into the year, there should be no need for this reminder:

- Ripped Jeans, ripped tights, fishnet tights
- Jogging/tracksuit bottoms or PE shorts unless engaging in a practical PE/Sport lesson that day
- Leggings, unless worn with a thigh length dress/tunic

All items listed above are **NOT** appropriate and should not be worn to college.

Awarding of Grades

A reminder of the letter issued earlier this month.

<http://bishopchalloner.bham.sch.uk/news/2021-03-01-y13-grades-updated-letter>

Instrumental lessons

Instrumental lessons have started back in school this week. Revised payments are now available on Schoolcomms. Many thanks, Mrs Choudhury.

Opportunities Bulletins

Click on the links below to keep up to date with opportunities in further education, apprenticeships and much more.

Yr11 Opportunities Bulletin page

<https://bishopchalloner.org.uk/about/careers/year-11>

Sixth Form Opportunities Bulletin page

<https://bishopchalloner.org.uk/sixth-form/enrichment/sixth-form-opportunities>

Library page

<https://bishopchalloner.org.uk/library>

Absence Reporting and Covid-19

Even if your child is not attending school please ensure you contact school if your son/daughter is not well. Calls should be made each day they are absent.

If your son/daughter is required to self isolate in line with government guidance. Please keep school informed of any progress regarding testing.

If your son/daughter is confirmed positive please inform the school immediately. (results@bishopchalloner.bham.sch.uk)

Upcoming Events

Year 7 Rewards

Tuesday 23rd March

Year 11 Video Parent Consultation Evening

Thursday 25th March, 5.30pm-8pm

Year 8 Rewards

Thursday 25th March

Year 9 Rewards

Friday 26th March

School closed

Friday 2nd April

CORONAVIRUS: PUBLIC INFORMATION

There are three simple actions we must all do to keep on protecting each other



HANDS



FACE



SPACE

Wash hands - keep washing your hands regularly

Cover face wear a face covering in enclosed spaces

Make space stay at least 2 metres apart - or 1 metre with a face covering or other precautions

For further guidance please follow the link below:

<https://www.gov.uk/coronavirus>

If you have symptoms (high temperature, a new, continuous cough, loss of, or change to your sense of smell or taste) - get a test. Do not leave home for at least 10 days if your test result is positive.

If someone in your house has symptoms, stay at home until they have their test results. If they are positive you must stay at home for 10 days from the first day of symptoms.