

# BC14

Almighty God,  
you call the disciples to follow you and share  
in your mission. May nothing stop me from  
generously responding to your daily call to follow  
you. Amen

Friday 29th January 2021

## Message from Mrs Breen, Vice Principal

I truly hope this newsletter finds you and your families well.

Sunday is the feast day of St John Bosco, the patron saint of young people and the name of one of our form groups. Saint John Bosco dedicated his life to the betterment and education of children, especially disadvantaged children. He developed teaching methods based on love rather than punishment.

I feel now, more than ever that the intercession of Saint John Bosco is needed to support our young people during this incredibly difficult time. I can see that so many of our students are engaged with their learning and producing some really outstanding pieces of work. We also ask that if you are encountering any problems with remote learning that you contact school, as we are very aware that personal circumstances can change very quickly.

I hope many of the students were able to enjoy the health and well-being afternoon last Friday, we had some wonderful photos sent in from them.

The snow brought an unexpected alternative snow day and again I hope that some of you managed to get out and enjoy it. We can slowly see Spring arriving and I am delighted to see the shoots of some of my spring flowers slowly emerging from their pots. I find this time of year very special and I am hopeful too, that as more people receive their vaccines, society will also slowly begin to open up in a safe way and we will be able to welcome all of our young people back into school, but until then may our school community remain safe.



## The merits of re-reading a book

Do you prefer to read a book you have never read before? It is interesting that some people always choose new reading material believing it a missed opportunity to discover something new. However, there may be many reasons for re-reading a book and there are several benefits.

1. Choosing a familiar book may eliminate the pressure of finding a new book in a short space of time.
2. Struggling to find a book between reads.
3. Not wanting to read a whole book but just dip into it.
4. Revisiting the characters before the next book/sequel is published as a reminder.
5. It may be enjoyable to spend time with favourite characters and visit places that are familiar.
6. Characters might be comforting.
7. Discovering insights and details of the characters or plot not seen during the first read.

So it makes sense that sometimes it is good to re-read a book!





Alongside the teaching resources that they rolled out, the BBC also launched Own It, a repository of resources that can assist a child with everything from 'structuring a day' to 'healthy at home tips'. The site is particularly focused on dealing with remote learning and the unique challenges and opportunities that it presents.

The platform is completely free to use and even provides an app for smartphones.

More information can be found here: [www.bbc.com/ownit](http://www.bbc.com/ownit)

A screenshot of the Own It website interface. The top navigation bar includes the 'OWN IT' logo and five menu items: 'The Basics', 'Take Control', 'It's Personal', 'Don't Panic', and 'About Us'. Below the navigation bar, there are three main content areas. The first is a large banner featuring a young boy with glasses thinking, with the text 'Getting used to a new situation' and a 'Top tips!' button. The second is a smaller banner titled 'Beat bullying with the Own It app' with a 'Find Out More' button. The third is another banner titled 'Nikki Lilly's top online safety tips for you' with a 'Check it out!' button.

## Teaching School Update - TRAIN TO TEACH WITH US!

Our Bishop Challoner Teaching School continues to be busy recruiting people to become trainee teachers starting in September 2021. We have Primary and Secondary places available in a range of subjects - maybe you or someone you know would make a great teacher? You need a degree and strong GCSEs in Maths and English (+ a science if you want to teach Primary). We have informal online information sessions coming up in February and March, so take a look at our website - [www.bctsa.org](http://www.bctsa.org) or drop us an email at [teachingschool@bishopchalloner.bham.sch.uk](mailto:teachingschool@bishopchalloner.bham.sch.uk) to fix a time for a chat. We welcome a range of people into teaching - recent graduates as well as career changers. We hope to meet with you soon to discuss the start of your journey into this valued career.

## History are Tweeting!

The history department have launched their twitter page this week! It will be used to communicate news, showcase student work and share all things history!

Give us a follow over on @bchistory\_ to see what is there - you might find a picture of your Snow Castle!

## Opportunities Bulletins

Click on the links below to keep up to date with opportunities in further education, apprenticeships and much more.

### Yr11 Opportunities Bulletin page

<https://bishopchalloner.org.uk/about/careers/year-11>

### Sixth Form Opportunities Bulletin page

<https://bishopchalloner.org.uk/sixth-form/enrichment/sixth-form-opportunities>

**Library page** - <https://bishopchalloner.org.uk/library>

## Chaplaincy

### Notable Dates

We will be marking notable days with prayer, reflection and resources sent out via class charts, chaplaincy twitter, sway page and the school website  
January 31st - St John Bosco Feast Day

### Virtual Youth Group

We have been meeting each week with our Virtual Youth Group! This occurs virtually and will be every Wednesday from 6:30 pm-7:10 pm. It will be an interactive session with games and times of reflection and pause for prayer. Last week, our session on the 6th January, was about the Epiphany of Our Lord. We have times of icebreaker games, reflection, small group time and discussion. Students can register interest by emailing the Lay Chaplains at [staff-chaplains@bishopchalloner.bham.sch.uk](mailto:staff-chaplains@bishopchalloner.bham.sch.uk)

### Virtual Sixth Form Drop in

This is a new initiative for sixth formers to meet with the chaplaincy team each Wednesday P5. The Lay Chaplains will be guiding sessions of personal, spiritual and leadership development. This session will be weekly and start on the 20th January with an introduction session. The sessions will allow you to attain in-house certificates in leadership and development for each completed sections. If you would like more information, email the lay chaplains

### Keep in touch

**Twitter:** @BC\_Chaplaincy **Sway Page:** <https://sway.office.com/Ofd7UAEWiHkHrxA2?ref=Link&loc=play>

**Daily Prayers:** <https://www.bishopchalloner.org.uk/daily-prayer-and-reflections>

**Powerful Prayers:** <https://www.bishopchalloner.org>

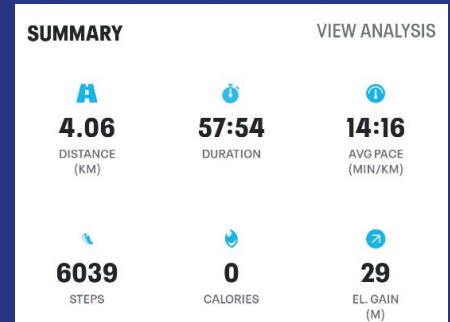
# Sports Updates

A big well done to all of the students who have been keeping healthy and active whilst being at home. It has been great to see the different types of exercises and activities you have been doing to keep yourselves engaged in physical activity. It has been fantastic to see a lot of students challenging themselves to walk/run a particular distance, here are a few examples of some of our Year 7 and 8 students running and walking a big distance!

We are really encouraging all students to continue to walk/run a distance and challenge themselves to go even further next time. Additionally, a lot of students have been keeping score of their step count in a day. If you feel particularly happy with your step count for a day, please upload your scores as well as any runs/walks you have completed onto ClassCharts or Tweet us @BCPEDepartment. A brilliant effort so far and we hope to see some more of your efforts!

We have also been incredibly impressed with students' engagement in the PE theory challenges that have been set each week. Every week, there is a different theory focus with week 1 being 'Exercise and Health', week 2 'Sport and Fitness Analysis', week 3 'Healthy Diet' and week 4 'Mental Well-Being'. We have absolutely loved seeing the healthy meals that students have cooked so a big thank you to those of you who have uploaded your meals! A brilliant effort. Below are some images of the meals that students in KS3 have cooked.

Please look out for next week's theory challenge, as well as some more practical challenges for you to have a go at!



## Live Lesson Attendance/ Behaviour

Live lesson attendance and any concerns regarding behaviour/conduct during live lessons is being monitored. Behaviour logs will be recorded and contact is being made by staff where required. Engagement on the whole has been exceptional and we would like to congratulate students on their diligence and hard work.

## Absence Reporting and Covid-19

Even if your child is not attending school please ensure you contact school if your son/daughter is not well. Calls should be made each day they are absent.

If your son/daughter is required to self isolate in line with government guidance. Please keep school informed of any progress regarding testing.

If your son/daughter is confirmed positive please inform the school immediately. (results@bishopchalloner.bham.sch.uk)

## Pause.

ForwardThinking Birmingham

Need someone to talk to?  
Struggling to cope with feelings?  
We're here for you.

We are operating a telephone-based service while Pause in Digbeth is closed.  
Register for support via our website:  
[www.forwardthinkingbirmingham.org.uk/services/13-pause](http://www.forwardthinkingbirmingham.org.uk/services/13-pause)

Or call **0207 841 4470** and we will arrange for one of our friendly staff to call you back.

### Who can use us?

You can use us if you have a Birmingham GP and are:

- Under 25 years old (If you are under 14 you will need to have a parent / caregiver with you when we call to give consent).
- Or if you are a parent / caregiver looking for support for their child who is under 25 years old.

### How can we help?

We can offer:

- Self-help strategies, skills for managing difficult situations and feelings.
- A non-judgemental listening ear.
- Details for other organisations that might also be able to help you.
- Each call lasts around 20-30 minutes which focuses on ways forward.

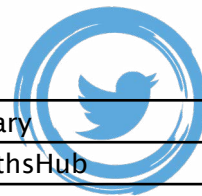
### Our Opening Hours:

Monday to Friday: 10am-6pm, Saturdays: 10am-5pm.  
We are closed on Sundays and Bank Holidays.



The Children's Society

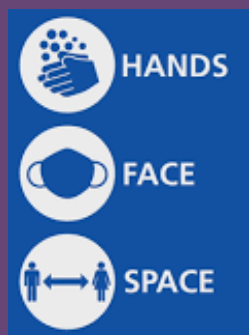
# Follow us on Twitter



Official School Twitter:	@BishopChalloner	Library:	@Mrs F Library
Biology:	@BCCbio	Maths Hub:	@CentralMathsHub
Chaplaincy:	@BC_Chaplaincy	Maths:	@BCMathsDept
Computing Hub:	@BCCComputingHub	PE:	@BCPEDepartment
Computing:	@BishopChalComp	Performing Arts:	@BCPAMusic/@BCPAPA4
Design:	@BCCDesign	School Games:	@BCSGO
English:	@BC_EnglishDept	Science Learning Partnership:	@CentralMidSLP
FOBC:	@bc_friends	Science:	@BCSciDept
French:	@BC_MFL	Sixth Form:	@BCCSix
Geography:	@BCGeogDept	Social Science:	@BCSocSciDept
History:	@bchistory	Teaching School:	@teaching_school

## CORONAVIRUS: PUBLIC INFORMATION

There are three simple actions we must all do to keep on protecting each other



- Wash hands - keep washing your hands regularly
- Cover face wear a face covering in enclosed spaces
- Make space stay at least 2 metres apart - or 1 metre with a face covering or other precautions

For guidance on the new National Lockdown from 5th January 2021 please follow the link below:

<https://www.gov.uk/guidance/national-lockdown-stay-at-home>

If you have symptoms (high temperature, a new, continuous cough, loss of, or change to your sense of smell or taste) - get a test. Do not leave home for at least 10 days if your test result is positive.

If someone in your house has symptoms, stay at home until they have their test results. If they are positive you must stay at home for 10 days from the first day of symptoms.

**ebikebrum**  
Cycle Centre

**Get fit in 2021**  
with an Ebikebrum bike or e-bike

Cycle to Work Scheme  
Green Commute Initiative

Zero emissions ready for the Clean Air Zone June 2021

**Great deals**

Tel: 0121 5170576  
Visit: [www.ebikebrum.com](http://www.ebikebrum.com)

## Kings Heath Warriors Football Club



**Are Looking for BOYS and GIRLS**  
to join our existing teams from U7s - U11s

We are also looking for Managers & Coaches to help run Existing & New Teams.

We would welcome existing junior teams to join our umbrella.

For more information or anyone interested in managing or coaching a new team please contact the club using the details below

Club Mobile: 07966079653  
E-mail: [warriorsfc@hotmail.co.uk](mailto:warriorsfc@hotmail.co.uk)  
Visit: [www.warriorsfootballclub.co.uk](http://www.warriorsfootballclub.co.uk)

