

# BC14

Lord God,  
Help me to be more like Corinthians; show me that if I have  
all faith, so as to remove mountains, but do not have love,  
I am nothing. And if I give all my possessions to feed the  
poor, and if I surrender my body to be burned, but do not  
have love, it profits me nothing. Remain with me this Lent as  
I strive to embody an endless love.  
One that is patient, kind and is not jealous; one that does  
not brag and is not arrogant, does not act unbecomingly.  
With you, I know this is possible. Amen

## Message from Mr Hetherton, Senior Vice Principal

Friday 5th March 2021

Next week we welcome all of our young people back to school for the first time since before Christmas. The opening of our school gates again coincides with the beginning of the season of Spring – a time of new beginnings and awakenings and a symbol of rejuvenation, energy and enthusiasm for what comes next. How apt this is after the last two months of restricted activity!

As teachers we are in the privileged position of being able to work with young people every day to help them all realise their potential and their personal ambitions. Over the coming weeks we also have a responsibility to ensure that all of the students we serve return from this unsettling lockdown period feeling happy to be returning to a familiar environment, confident and not overly anxious, and very importantly, motivated in their belief that each and every one of them have much they can still achieve. This is a challenge we are eager to embrace and we look forward to next week and beyond with great optimism.

We are now two weeks into the liturgical season of Lent - a period of great significance for Christians throughout the world and a time that provides us all with opportunities for spiritual growth, prayer, penance and renewal. Nonetheless, quite often some of us, myself included, see this six week period as a time to fret over, where the significance of Lent can become somewhat distorted by focusing on the 'what am I going to give up' or 'how long can I live without whatever it is I am going to give up'. By observing the 40 days of Lent, Christians attempt to

replicate Christ's sacrifice and withdrawal into the desert for 40 days and his ultimate sacrifice for us all on the Cross at Calvary. However this is an impossible act to follow - who is capable of such sacrifice?

Instead of becoming consumed by the fretful feelings that the season of Lent can sometimes place upon us, could we perhaps think of Lent not so much about giving something up but by giving something back?

Sister Joan Chittister, an American Benedictine nun, theologian and author, describes Lent as:

*A call to renew a commitment grown dull, perhaps, by a life consumed more by routine than by reflection.*

Reflecting on how we can serve others and how we can give something back to our community, rather than dwelling on what we have given up, or should have given up but didn't manage to, would seem to me to be a very focused and a more positive way of viewing this important period of preparation before the Easter season.

Adopting a more reflective approach to the way we live our lives, and thinking about the way Sister Chittister describes the season of Lent, has the potential for all of us to put to one side the routines of life and to develop a deeper meaning and understanding of Lent. This is a considerable challenge for us all but one that over the next four weeks of new beginnings and rejuvenation is worthy of careful consideration.

## Intermediate Maths Challenge

In January, our top sets in Year 10 and 11 participated in a virtual maths challenge: the "Intermediate Maths Challenge". This is a series of increasingly difficult multiple choice questions aimed to promote a love of problem solving. We were delighted with the uptake from students at home, and results came through this week. In Year 10, 7 students achieved bronze certificates, and 1 student achieved a silver certificate. Huge congratulations to Josephine P. In Year 11, 8 students achieved bronze certificates, 6 got silver certificates, and 1 student performed outstandingly and got a gold certificate. Well done Matthew U! He is through to the next competition.



## Train to Teach with Bishop Challoner Teaching School

Although things will be gradually getting back to normal, we are still holding online sessions for those thinking about going into Teaching as a career. Our next free event is Wednesday 10th March at 10 am, so why not drop us an email and book a place? [teachingschool@bishopchalloner.bham.sch.uk](mailto:teachingschool@bishopchalloner.bham.sch.uk). We work with many partner schools across Birmingham and the Midlands, in Secondary and Primary and have several specialist PGCEs on offer - including Primary with PE, Maths or SEND. More information is available at [www.bctsa.org](http://www.bctsa.org). We hope to meet you soon!

## Instrumental lessons

Instrumental lessons will restart for all students in school in the week beginning 15th March. Students who haven't been having lessons online will be included on the rota, just as in the Autumn term. If you have any queries regarding this, please let me know. Many thanks, Mrs Choudhury.

## Turn on the Subtitles

Please [click here](#) to see an interesting article on the benefits of Subtitles



As we return to school it feels like a great opportunity to remind students about the importance of updating devices. Not only do updates commonly bring new features and aesthetics, but they also provide crucial security patches and fixes that help protect the students and the device from potential malicious software. Therefore, we encourage all students to have automatic updates set up for their netbooks. We also recommend with the return to school; students use this weekend ahead of March 8th to perform any updates that they have put off.

This advice on updates applies to all devices in the home, one of the best ways of staying secure is to ensure that all devices are running the latest software and firmware.

More information on turning on automatic updates for a Windows computer can be found here: <https://support.microsoft.com/en-us/windows/update-windows-10-3c5ae7fc-9fb6-9af1-1984-b5e0412c556a>

## Sports Updates

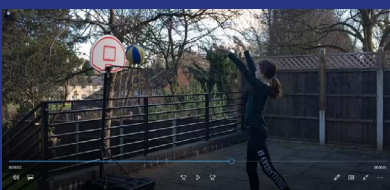
We are really looking forward to having students back in school next week and we are especially excited to welcome all students back to their PE lessons. During this half term, students will have the opportunity to develop their skills in a range of sports and activities such as Rounder's, Cricket, Striking and Fielding and Health Related Fitness.

A big well done to all students who have completed both theory and practical Physical Education remote learning work; the work students have produced has been outstanding.

KS3 students were required to carry out one task linking to their assessment criteria. Some pupils chose a skill from netball, basketball or football and filmed their efforts completing their skill. It was excellent to see how creative students were with the equipment that they used and which skills they chose to perform. Other pupils watched a video of a match and recorded themselves commenting and they were absolutely fantastic!

KS4 students were given the opportunity to complete a range of different fun and practical challenge such as 'Strava Art', 'Pilates Challenge', 'Tea Cup Challenge' and 'HIIT Fitness'. Well done to all students who have given these challenges a go; it has been great watching your efforts.

This week, students were challenged to either make a rules booklet about their favourite sport or to create a coaching video to share with the Year 7 students joining us next year. It is brilliant to see so many students engaging with these practical and theoretical tasks and students have developed their understanding of rules and regulations in specific sports. Well done!



## Year 10 Photography Competition

The photograph which wins the Year 10 competition is this beautiful photo of frosty blades of grass.

It was voted the favourite from the panel of judges from Year 10 pastoral team because it is technically and aesthetically successful; showing good depth and a creative angle. Congratulations to Niamh O'S.

Runners up with these photo entries were: Erin I and Joel R

Thank you to everyone who took the time to participate and enter the competition, it was wonderful to have so many entries and see such beautiful photos. All the photos taken will be submitted to the Birmingham Trees regional photo competition and on our school eco Twitter page.





# Chaplaincy

## Chaplaincy Champion Meetings

Weekly – Each Thursday 2:50pm-3:10pm

We have launched our virtual chaplaincy champion team meetings this term. These are interactive sessions for our chaplaincy champions to have a time of formation and collaborative discussion virtually instead of our usual meetings in the chapel. Topics we are discussing this week is charities and how they can make an impact to others through charity work. and the presentation of our Lord. Thank you to the chaplaincy team for virtually coming together for this time of prayer and discussion.

## Live Simply

BCCC has been supporting Solidarity, Simple and Sustainably with St. Dunstan's parish and primary, St Albans and St. Judes. As a part of this our Eco-Warriors have been considering more sustainable options for our community. BCCC is supporting Fair Trade and sharing in a variety of options that can be done in school and at home.

## CAFOD- Water for Lent

During Lent we are encouraging our community to live in solidarity with others around the world who continue to face hardship. We are supporting CAFOD's Walk-For-Water in conjunction with Well-Being. Implying the importance of both together.

## KS3 Drop-In Sessions- Monday Break Time

Each week, Chaplaincy host a drop—in session on Microsoft Teams during break time on a Monday. A time for discussions and icebreakers in the middle of the school day. If you would like to join, let us know by emailing to express interest or if you have any questions.

## Virtual Sixth Form “Here I Am” Programme

Wednesday Period 5

This is an initiative for sixth formers to meet with the chaplaincy team each Wednesday P5. The Lay Chaplains will be guiding sessions of personal, spiritual and leadership development. The sessions will allow you to attain in house certificates in leadership and development for each completed sections. If you would like more information, email the lay chaplains.

## Jackanory Book Club

Daily Recordings and a virtual meet each Thursday 1:20pm-1:45pm

The Chaplaincy and Library Team come together each week for book club. Each day (Mon, Tues, Weds, & Fri) we will send a chapter of the book we are reading for you to listen along at your leisure. On Thursday, we will have a live virtual book club meeting where we get to discuss the book of the week and our thoughts. Let the chaplaincy team know if you would like to join or would like more information.

## Shrove Tuesday and Ash Wednesday Approach – the beginnings of Lent 2021

As this important time in our Liturgical year approaches we take time for reflection on our choices and behaviours. Time for prayer and confession begins. Parishes everywhere prepare by turning the previous years' Palm Sunday branches. On Shrove Tuesday we use up all of the flour in our homes, making pancakes traditionally as a sign of the last indulgence before we partake in our Lenten promises-aiming to begin this new time in solidarity and perseverance as Jesus did in the desert.

## Reading and other Hobbies

Hobbies are good for children and adults for the following reasons: -

### 1. Boosting self-esteem.

If a child enjoys their hobby, they will want to do it more often and will become good at it. They will be proud of their achievements.

### 2. Mental Wellbeing.

Hobbies provide an outlet for creativity and expression. Hobbies can also relieve stress and gives a sense of purpose.

### 3. Improving Mood.

Endorphins, particularly if doing a physical hobby, Serotonin, and Dopamine can be produced to enhance mood and the feeling of wellbeing when enjoying a hobby.

### 4. Life Skills.

Without realising it, hobbies teach valuable life skills such as learning patience, self-discipline, problem solving and creative thinking.

### 5. Finding Friends.

Less easy during lockdown of course, but hobbies can bring people together.

### 6. Broadens Education.

Learning about new thing will extend knowledge. For example, a child who likes to make cakes will be reading a recipe, measuring and learning about science. A child who likes writing will be learning about grammar and sentence structure.

### 7. Banishes Boredom.

Some hobbies will be easy to do in the home or garden; some hobbies can only be undertaken occasionally, seasonally or during organised events, but it is possible to have more than one hobby or indeed to have several hobbies. It is even possible to combine two hobbies together, such as listening to an audio book and making something!

Just a little reminder that reading for pleasure is of course a fantastic hobby to have.

Wheelers e Platform is a free e library, with a selection of e books and audiobooks, and is available to all our students. Check out school library web page for more details..

Other hobbies, might include, photography, chess or playing other board games, archery, dancing, calligraphy, yoga, ballet, football, netball, tennis, swimming, making scrap books, making jewellery, golf, archery, skateboarding, wood working, remote control vehicles, kiting, knitting, sewing, crafting, scouts/guides/cadets, listening to music or playing an instrument, writing songs, poems or stories, baking, nature watching, walking, running, Lego and there are many more. Books and magazines can be obtained to compliment and aid progression with many hobbies.

Birmingham and Solihull  
**YOUTH PROMISE PLUS**

**Youth Opportunities Group**  
**Virtual Event**  
**Tuesday 9<sup>th</sup> March 2021**  
**12noon to 13:00**

Youth Promise Plus helps young people aged 16-29 find employment, training or education.

Log on to this live session to hear about the latest opportunities for training, job in tech, construction, admin and more.

Please register your interest in joining this on-line event by copying and paste the link into your web search bar

[www.eventbrite.co.uk/e/youth-opportunities-group-virtual-event-march-2021-tickets-142865317009](https://www.eventbrite.co.uk/e/youth-opportunities-group-virtual-event-march-2021-tickets-142865317009)  
(Please copy and paste above link to browser)








Youth Promise Plus is a Birmingham and Solihull Employment Pathway Project supported by the European Social Fund and Youth Employment Initiative.

**SEND BRIEFING PARENT WEBINAR**  
March 2021



Parent/Carer Webinars take place regularly throughout the year and cover a number of different topics. Please see the local offer website for further details. Each webinar should last approximately one hour and take the format of a presentation followed by an opportunity to ask questions.

**Communication Autism Team**  
**Managing Behaviours in Autistic Children**  
Opportunities to ask questions and receive useful tips

**Speaker: Aaron Yorke, Communication Autism Team and parent of 2 autistic children.**

**Monday 8<sup>th</sup> March - 1.30pm – 2.30pm**  
Ticket Link  
<https://www.eventbrite.co.uk/e/managing-behaviours-in-autistic-children-tickets-140982106275>

**Wednesday 10<sup>th</sup> March – 10.00am – 11.00am**  
Ticket Link  
<https://www.eventbrite.co.uk/e/managing-behaviours-in-autistic-children-tickets-140999496289>

All people who book a ticket will be sent a copy of the presentation and a copy of the recording of the Webinar.




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**Birmingham City Council**

**BIRMINGHAM CHILDREN'S TRUST**



**NEW MARCH DATES!**

**Jump Start 2021**

**FREE 4-week programme of virtual online activities for young people aged 14-30 with disabilities, autism or extra support needs in Birmingham. NEW DATES ADDED from 8th March 2021 - book now !!**



## From Birmingham with love – winter 2020

We've all been through a tough time with Covid-19 and repeated lockdowns. For many families it can get harder over Winter, which is why we're here to help. Here are some of our partners' most used services and support, which might make life a little bit easier...



1. **Online parenting course.** We've pre-paid for every parent in Birmingham to access a [parenting course](#). Just enter the access code "COMMUNITY" at the top of the page to claim. There are courses for parents, carers and grandparents of children from bump to 19. Learn about how your child develops and get tips to manage their behaviour.



2. **Mental health support.** In these difficult times we have to look after our mental health. For young people aged 11-25 there are forums, guides and counselling available completely free at [Kooth](#). If your child 0-25 needs support, get in touch with [Pause](#) by calling 0207 841 4470 or [email](#). Adults can get support from [MIND](#) by calling 0121 262 3555. Or for urgent help call [Forward Thinking Birmingham](#) on 0300 300 0099. And remember to stay [active](#).



3. **Financial help.** If you've lost your job or are struggling for food or rent, there are services that can help. [Local welfare provision](#) can make a big difference if you are in a crisis and need food, fuel or basic white goods. [Discretionary Housing Payments](#) may be able to help with rent. And there are [food banks](#) across Birmingham that are here to help.



4. **Domestic abuse.** For women and children affected by domestic abuse please see [guidance](#) or confidentially contact [Birmingham and Solihull Women's Aid](#). For Men, please contact [Respect](#). Also [Ask for ANI](#) and the [Safe Spaces](#) scheme where victims can access help through pharmacies.



5. **Problems with drugs or alcohol.** A new, discrete app called Staying Free is available on Android or Apple. Use the code "birmingham11" for pre-paid access. To speak to someone call [Change Grow Live](#).



6. **Bereavement support.** It's a terrible time to lose a loved one — you can get help by calling 0121 687 8010 or from [Cruse](#).



7. **Early help for families.** If anyone in your family needs more help, from public services or community groups, then please contact our [voluntary sector local leads](#). We have ten areas which can connect you to support across the city.

If you are worried about a child, please call Birmingham's Children's Advice and Support Service on 0121 303 1888. In an emergency, including child abuse, contact the Police on 999. You can also [chat](#) to the Police.

For any other help, from public services or community groups, then please contact our [voluntary sector local team](#). There are ten area hubs across the city which can connect you to support.



# Sixth Form

## Covid testing in School

It was very good to see our Year 12 and 13 students back in school today, albeit very briefly for their first testing session. As always, we were very impressed with the maturity and responsibility shown.

## Return to school

We very much look forward to welcoming you all back next week. We know that you will be as keen to resume face-to-face learning as we are. As before, apart from on Tuesdays and Thursdays when there is form in the afternoon, students are permitted to arrive in time for their first lesson and leave as soon as their last lesson is over.

## Face coverings

For the safety of all of our community, and in line with government guidelines, students will be expected to wear face covering at all times on site, unless a distance of 2m can be maintained and unless they are exempt from wearing a face covering. The exception to that will be when eating or drinking at break and lunch, in designated areas.

## Dress Code

A reminder that we have a Dress Code and from Monday 8th March onwards all Sixth Form students will, once again, be expected to adhere to it. We would hope that conversations about inappropriate dress will not be necessary, so far into the year, but as a reminder:

- Clothes that reveal bare backs, bare midriff or plunging necklines
- Strapless, off the shoulder, or skimpy vest tops
- Any clothes that reveal upper thighs (unless worn with very thick leggings)
- Clothes with offensive slogans
- Shorts above the knee
- Ripped Jeans, ripped tights, fishnet tights
- Jogging/tracksuit bottoms or PE shorts unless engaging in a practical PE/Sport lesson that day
- Leggings, unless worn with a thigh length dress/tunic
- Headwear, except that worn for religious reasons

All items listed above are NOT appropriate and should not be worn to college.

## Awarding of Grades

A reminder of the letter issued earlier this week.

<http://bishopchalloner.bham.sch.uk/news/2021-03-01-y13-grades-updated-letter>

## CORONAVIRUS: PUBLIC INFORMATION

There are three simple actions we must all do to keep on protecting each other

- Wash hands** - keep washing your hands regularly
- Cover face** wear a face covering in enclosed spaces
- Make space** stay at least 2 metres apart - or 1 metre with a face covering or other precautions



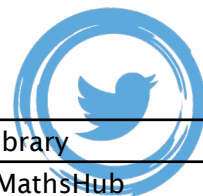
For further guidance please follow the link below:

<https://www.gov.uk/coronavirus>

If you have symptoms (high temperature, a new, continuous cough, loss of, or change to your sense of smell or taste) - get a test. Do not leave home for at least 10 days if your test result is positive.

If someone in your house has symptoms, stay at home until they have their test results. If they are positive you must stay at home for 10 days from the first day of symptoms.

## Follow us on Twitter



Official School Twitter:	@BishopChalloner	Library:	@Mrs F Library
Biology:	@BCCbio	Maths Hub:	@CentralMathsHub
Chaplaincy:	@BC_Chaplaincy	Maths:	@BCMathsDept
Computing Hub:	@BCCComputingHub	PE:	@BCPEDepartment
Computing:	@BishopChalComp	Performing Arts:	@BCPAmusic/@BCPAPA4
Design:	@BCCCDesign	School Games:	@BCSGO
English:	@BC_EnglishDept	Science Learning Partnership:	@CentralMidSLP
FOBC:	@bc_friends	Science:	@BCSciDept
French:	@BC_MFL	Sixth Form:	@BCCSix
Geography:	@BCGeogDept	Social Science:	@BCSocSciDept
History:	@bchistory	Teaching School:	@teaching_school